

COURSE OBJECTIVES

- Medical Bacteriology introduces basic principles and then applies clinical relevance of many etiological agents responsible for global infectious diseases.
- The infectious disease cycle of the pathogens enables to solve the epidemics. The territory covered by infections and the immune response expands each year;
- We focus on pathogenic mechanisms in order to foster a student's ability to solve problems in their future clinical career.

COURSE OUTCOME

- Demonstrate an understanding at an advanced level of microbial virulence mechanisms and host response to infection.
- Application of molecular techniques to medical microbiology; biochemical and genetic mechanisms of antimicrobial agent activity, microbial susceptibility and resistance to antimicrobial agents.
- Demonstrate an understanding of skin and respiratory tract infections (microbial causes, pathogenesis, transmission of infection, diagnosis, prevention and treatment) by being able to identify a unknown organisms in clinical samples, and describe the pathogenesis of important pathogens.

UNIT I- Isolation and identification of pathogens

Laboratory precaution and guidelines – Aseptic collection – transportation – handling and examination of pathological specimens – methods of isolation, identification and interpretation of pathogenic organisms – Antibiotic susceptibility testing

UNIT II - Infections

Infections – types – methods – infectious disease cycle. Definitions of Epidemics, Endemics Pandemics and investigation of epidemics and control. Definition of pathogens, Saprophytes and Commensals. Quality control in microbiology lab

UNIT III - Gram positive organisms

Morphology, cultural characteristics, antigenic property, pathogenecity, laboratory diagnosis and treatment. *Staphylococcus* sp., *Streptococcus* sp., *Bacillus* sp., *Corynebacterium* sp., *Clostridium* sp. *Mycobacterium* sp.

UNIT IV - Gram negative organisms

Morphology, cultural characteristics, antigenic property, pathogenecity, laboratory diagnosis and treatment. *E.coli*, *Klebsiella* sp., *Proteus* sp., *Pseudomonas* sp., *Vibrio* sp., *Salmonella* sp., *Shigella* sp., *Treponema* sp., *Leptospira* sp.; *Neisseria* sp. and *Haemophilus* sp.

UNIT – V – Infection and Therapy

Nosocomial infection – Urinary tract infection, Respiratory tract infection, Sexually transmitted disease – Immunoprophylaxis – Antimicrobial chemotherapy, Antibiotics, second line drugs. Vaccines.

SUGGESTED READINGS

1. Ananthanarayanan, R., and Panicker, C.K.J., (2005). Text Book of Microbiology (7th ed.). Orient Longman, New Delhi.
2. Salle, A.J. (2008). Fundamentals principles of bacteriology. T.M.H. Ed.). McGrawHill.
3. Carl Fraenkel. (2012). Text book of bacteriology. Printing company publishers, New York.
4. Brook, G.F., J., Butel, S., Stephen, A., and Morse, A., (2003). Medical Microbiology, (22nd ed.). McGrawHill.
5. Chakraborty, P. (2003). A Text book of Microbiology. (2nd ed.). New Central Book Agency (P) Ltd., Calcutta.
6. Dismukes, W.E., Pappas, P.G., and Sobel, D., (2003). Clinical Mycology. Oxford University Press, UK.
7. Jawetz, E., Melnic, J.L., and Adelberg, E.A., (2001). Review of Medical Microbiology. (22nd ed.). Lange Medical Publishers. NY

**KARPAGAM ACADEMY OF HIGHER EDUCATION**

(Deemed to be University)

(Established Under Section 3 of UGC Act 1956)

Coimbatore – 641 021.**(For the candidates admitted from 2017 onwards)****DEPARTMENT OF MICROBIOLOGY****SUBJECT NAME: MEDICAL BACTERIOLOGY****SEMESTER: II****SUB.CODE:19MBP202****CLASS: I M.Sc MB**

LECTURE PLAN
DEPARTMENT OF MICROBIOLOGY

S.No	Lecture DurationPeriod	Topics to be Covered	Support Material/Page Nos
		UNIT-I	
1	1	Laboratory precautions and guidelines	W1
2	1	Aseptic collection	W2
3	1	Aseptic collection	W2
4	1	Transportation	T2:208 - 210
5	1	Handling of pathological specimens	W3
6	1	Methods of isolation	W3
7	1	Identification and interpretation of pathogenic organism	W3
8	1	Antibiotic susceptibility testing	T1:579-580,R1:884
9	1	Antibiotic susceptibility testing	T1:579-580,R1:884
10	1	Recapitulation and discussion of question	
	Total No of Hours Planned For Unit 1=10		
		UNIT-II	
1	1	Infections	T1: 59 - 64
2	1	Types of infections	T1: 59 - 64
3	1	Methods of infections –	R1: 852-856
4	1	Infectious disease cycle	R1: 856-859
5	1	Definitions of Epidemics, Endemics Pandemics	T1:64 - 69
6	1	Investigation of epidemics and control	T1:64 - 69
7	1	Definitions of pathogens, saprophytes and commensals	T1: 59 - 64
8	1	Quality control in microbiology lab	T1: 33-42
9	1	Recapitulation and discussion of question	
	Total No of Hours Planned For Unit II=09		

		UNIT-III	
1	1	Morphology, cultural characteristics, pathogenecity and laboratory diagnosis. <i>Staphylococcus Sp.</i> ,	T1:177 – 182, R2: 199-205
2	1	<i>Staphylococcus Sp.</i> ,	T1:177 – 182, R2: 199-205
3	1	<i>Streptococcus Sp.</i> ,	T1: 187 – 192, R2:209 - 221
4	1	<i>Bacillus Sp.</i> ,	T1: 222 – 224, R2: 175-178
5	1	<i>Corynebacterium Sp.</i> ,	T1: 212-215, R2: 188-191
6	1	<i>Clostridium Sp.</i> ,	T1: 228-232,R2:178-183
7	1	<i>Clostridium Sp.</i> ,	T1: 228-232,R2:178-183
8	1	<i>Mycobacterium Sp.</i> ,	T1: 228-232,R2:178-182
9	1	<i>Mycobacterium Sp.</i> ,	T1: 228-232,R2:178-182
10	1	Recapitulation and discussion of question	
	Total No of Hours Planned For Unit III= 10		
		UNIT-IV	
1	1	Morphology, cultural characteristics, antigenic property, pathogenecity, laboratory diagnosis and treatment. <i>E.coli</i>	T1: 251-257, R2:233-235
2	1	<i>Klebsiella Sp.</i> , <i>Proteus Sp.</i> ,	T1: 258-261,R2:235
3	1	<i>Pseudomonas Sp.</i> ,	T1:294-297,R2:245-243
4	1	<i>Vibrio Sp.</i> ,	T1:281- 293,R2255-258
5	1	<i>Salmonella Sp.</i> ,	T1:267-280,R2: 238-240
6	1	<i>Shigella Sp.</i> ,	T1:262-266,R2: 236-237
7	1	<i>Treponema Sp.</i> ,	T1:350-358
8	1	<i>Leptospira Sp.</i> ,	T1: 212-214, R2: 296
9	1	<i>Neiseiria Sp.</i> ,	T1: 204-211, R2: 285-293
10	1	<i>Haemophilus Sp.</i> ,	T1: 306-311, R2: 265-268
11	1	Recapitulation and discussion of question	
	Total No of Hours Planned For Unit IV=11		

		UNIT-V	
1	1	Nosocomial infection	T1: 552, 555, 583
2	1	Urinary tract infection	T1: 552, 554, 582-583
3	1	Respiratory tract infection	T1: 552, 582-583, 585
4	1	Sexually transmitted diseases	T1: 552, 582-583, 585
5	1	Immuno prophylaxis – Antimicrobial chemotherapy	T1: 581-582
6	1	Antibiotics	T1: 583-585
7	1	Second line drugs, Vaccines	T1: 432-435, T1: 586-589
8	1	Recapitulation and discussion of question	
9	1	Old question paper discussion (Last Five years)	
10	1	Old question paper discussion (Last Five years)	
Total No of Hours Planned for unit V=10			

SUGGESTED READINGS:

1. Ananthanarayanan, R. and C.K.J. Panicker, 2005. Text book of Microbiology. 7th Edition. Orient Longman. New Delhi.
2. Fritz, H.Kayser, Kurl-A Bienz, Johaanereckert, Rolf,M. Zinker nagel, MedicalMicrobiology, 2005, Thieme, New York.
3. Prescott, L.M., J.P. Harley and C.A. Klein, 2003. Microbiology, 5th Edition McGraw Hill Publishing Company Limited. New York.
4. Jawetz, E., J.L. Melnic and E.A. Adelberg, 2001. Review of Medical Microbiology. 22nd Edition. Lange Medical Publishers. NY.

WEBSITES

W1: www.chem.mtu.edu
W2: www.gosh.nhs.uk
W3: www.bounless.com

UNIT-I
SYLLABUS

Laboratory precaution and guidelines – Aseptic collection – transportation – handling and examination of pathological specimens – methods of isolation, identification and interpretation of pathogenic organisms – Antibiotic susceptibility testing.

Laboratory safety precautions

Personal and General laboratory safety

1. Never eat, drink, or smoke while working in the laboratory.
2. Read labels carefully.
3. Do not use any equipment unless you are trained and approved as a user by your supervisor.
4. Wear safety glasses or face shields when working with hazardous materials and/or equipment.
5. Wear gloves when using any hazardous or toxic agent.
6. Clothing: When handling dangerous substances, wear gloves, laboratory coats, and safety shield or glasses. Shorts and sandals should not be worn in the lab at any time. Shoes are required when working in the machine shops.
7. If you have long hair or loose clothes, make sure it is tied back or confined.
8. Keep the work area clear of all materials except those needed for your work. Coats should be hung in the hall or placed in a locker. Extra books, purses, etc. should be kept away from equipment that requires air flow or ventilation to prevent overheating.
9. Disposal - Students are responsible for the proper disposal of used material if any in appropriate containers.
10. Equipment Failure - If a piece of equipment fails while being used, report it immediately to your lab assistant or tutor. Never try to fix the problem yourself because you could harm yourself and others.
11. If leaving a lab unattended, turn off all ignition sources and lock the doors.
12. Never pipette anything by mouth.
13. Clean up your work area before leaving.
14. Wash hands before leaving the lab and before eating.

Electrical safety

1. Obtain permission before operating any high voltage equipment.
2. Maintain an unobstructed access to all electrical panels.
3. Wiring or other electrical modifications must be referred to the Electronics Shop or the Building Coordinator.
4. Avoid using extension cords whenever possible. If you must use one, obtain a heavy-duty one that is electrically grounded, with its own fuse, and install it safely. Extension cords should not go under doors, across aisles, be hung from the ceiling, or plugged into other extension cords.
5. Never, ever modify, attach or otherwise change any high voltage equipment.
6. Always make sure all capacitors are discharged (using a grounded cable with an insulating handle) before touching high voltage leads or the "inside" of any equipment even after it has been turned off. Capacitors can hold charge for many hours after the equipment has been turned off.
7. When you are adjusting any high voltage equipment or a laser which is powered with a high voltage supply, USE ONLY ONE HAND. Your other hand is best placed in a pocket or behind

your back. This procedure eliminates the possibility of an accident where high voltage current flows up one arm, through your chest, and down the other arm.

Mechanical safety

1. When using compressed air, uses only approved nozzles and never direct the air towards any person.
2. Guards on machinery must be in place during operation.
3. Exercise care when working with or near hydraulically- or pneumatically-driven equipment. Sudden or unexpected motion can inflict serious injury.

Chemical safety

1. Treat every chemical as if it were hazardous.
2. Make sure all chemicals are clearly and currently labeled with the substance name, concentration, date, and name of the individual responsible.
3. Never return chemicals to reagent bottles. (Try for the correct amount and share any excess.)
4. Comply with fire regulations concerning storage quantities, types of approved containers and cabinets, proper labeling, etc. If uncertain about regulations, contact the building coordinator.
5. Use volatile and flammable compounds only in a fume hood. Procedures that produce aerosols should be performed in a hood to prevent inhalation of hazardous material.
6. Never allow a solvent to come in contact with your skin. Always use gloves.
7. Never "smell" a solvent!! Read the label on the solvent bottle to identify its contents.
8. Dispose of waste and broken glassware in proper containers.
9. Clean up spills immediately.
10. Do not store food in laboratories.

Lasers safety

1. NEVER, EVER LOOK INTO ANY LASER BEAM, no matter how low power or "eye safe" you may think it is.
2. Always wear safety goggles if instructed by your Instructor or Teaching Assistant.
3. The most common injury using lasers is an eye injury resulting from scattered laser light reflected off of mountings, sides of mirrors or from the "shiny" surface of an optical table. The best way to avoid these injuries is to always wear your goggles and NEVER LOWER YOUR HEAD TO THE LEVEL OF THE LASER BEAM! The laser beam should always be at or below chest level.
4. Always use "beam stops" to intercept laser beams. Never allow them to propagate into the laboratory. Never walk through a laser beam. Some laser beams of only a few watts can burn a hole through a shirt in only a few seconds.
5. If you suspect that you have suffered an eye injury, notify your instructor or teaching assistant IMMEDIATELY! Your ability to recover from an eye injury decreases the longer you wait for treatment.

Additional Safety Guidelines

- Never do unauthorized experiments.
- Never work alone in laboratory.
- Keep your lab space clean and organized.
- Do not leave an on-going experiment unattended.
- Always inform your instructor if you break a thermometer. Do not clean mercury yourself!!
- Never taste anything. Never pipette by mouth; use a bulb.
- Never use open flames in laboratory unless instructed by TA.

- Check your glassware for cracks and chips each time you use it. Cracks could cause the glassware to fail during use and cause serious injury to you or lab mates.
- Maintain unobstructed access to all exits, fire extinguishers, electrical panels, emergency showers, and eye washes.
- Do not use corridors for storage or work areas.
- Do not store heavy items above table height. Any overhead storage of supplies on top of cabinets should be limited to lightweight items only. Also, remember that a 36" diameter area around all fire sprinkler heads must be kept clear at all times.
- Areas containing lasers, biohazards, radioisotopes, and carcinogens should be posted accordingly. However, do not post areas unnecessarily and be sure that the labels are removed when the hazards are no longer present.
- Be careful when lifting heavy objects. Only shop staff may operate forklifts or cranes.
- Clean your lab bench and equipment, and lock the door before you leave the laboratory.

Specimen collection – microbiology

Introduction

Microbiological and virological laboratory testing has a key role in the management of children with infection. Accurate and rapid identification of significant micro-organisms is vital for guiding optimal anti-microbial therapy, and improving outcome from infectious disease.

Laboratory diagnosis is also essential for effective infection control in both the hospital and community settings, as well as providing invaluable epidemiological data. Clinicians (including nurses, doctors and professionals allied to medicine) have responsibility for the collection and safe transportation of samples to the laboratory. The validity of test results largely depends on good practice in the “pre-test” stage and it is essential that documentation is accurate and comprehensive. Microbiological tests are not as standardised as some other lab tests; the way in which a sample is processed and the results are interpreted depend heavily on the information provided with the specimen.

Contamination of samples, especially those from normally sterile sites such as blood or cerebrospinal fluid, leads to misleading results, inappropriate antibiotic usage and unnecessary laboratory work. Prolonged periods of storage at ambient temperature and delay in transport of specimens to the laboratory may increase the number of contaminants present. It is therefore essential that every effort should be made to avoid these problems.

Note: While this guideline refers to the ‘child’ throughout, all activities are applicable to young people.

Rationale for specimen collection

Specimen collection is undertaken when laboratory investigation is required for the examination of material, eg tissue, body fluid or faeces to aid diagnosis.

Preparation

- Laboratory request forms are printed from the Patient Information Management System (PiMS). Use the labels on the form to label the specimen accompanying the form. These are bar coded to aid the audit trail.
- All specimens must be clearly labelled to identify their source.
- **DO NOT** pre-label specimen containers as this increases the risk of errors. The specimen must be labelled next to the child/patient when the sample is taken.
- A laboratory request form with the following information must accompany the specimen. This aids interpretation of results and reduces the risk of errors.
 1. Patient's name, DOB, ward/department and hospital number.
 2. Type of specimen and the site from which it was obtained.
 3. Date and time collected.

4. Diagnosis with history and reasons for request such as returning from abroad (specify country) with diarrhoea and vomiting, rash, pyrexia, catheters in situ or invasive devices used, or surgical details regarding post-operative wound infection.
 5. The question that needs an answer by having the sample tested.
 6. Any antimicrobial drug(s) given.
 7. Consultant's name.
 8. Name/bleep number of the clinician who ordered the investigation, as it maybe necessary to telephone preliminary results and discusses treatment before the final result is authorised.
- Always explain the procedure to the child and parent and the reasons for taking the specimen. Separate permission must be obtained from the child and parent if specimens are sought for research purposes. They have a right to refuse without any obligation (Ethics Advisory Committee 1992).
 - Hands should be washed before and after specimen collection (see our hand hygiene clinical guideline). In line with standard precautions, appropriate personal protective equipment should be worn when collecting or handling specimens.
 - If an infection is suspected, eg when a patient has respiratory symptoms or loose stools, the appropriate isolation precautions should be applied even before the results of the specimen are available. The isolation precautions should be based on the symptoms the child is presenting with. Once the result of the specimen is available, the need and type of the isolation precautions can be re-assessed according to the GOSH Standard and Isolation Precautions Policy (available to GOSH staff internally on the GOSHweb intranet site).
 - When collecting certain specimens, eg catheter urines and cerebro-spinal fluid, every effort should be made to avoid infecting the child. An appropriate aseptic or aseptic non-touch technique should be used.
 - All pathological specimens must be treated as potentially infectious and local written laboratory protocols should be followed for the safe handling and transportation of specimens (Health Services Advisory Committee 1986). Specimens should be collected in sterile containers with close fitting lids to avoid contamination and spillage. All specimen containers must be transported in a double-sided, self-sealing polythene bag with one compartment containing the laboratory request form and the other the specimen.
 - Ideally microbiological specimens should be collected before beginning any treatment such as antibiotics or using antiseptics. However, treatment must not be delayed in serious sepsis.
 - When collecting pus specimens obtain as much material as possible as this increases the chance of isolating micro-organisms which maybe difficult to grow or are minimal in number eg tuberculosis. Pus should be sent in a sterile specimen container, not on a swab.
 - Transport medium may be used to preserve micro-organisms during transportation. Charcoal medium improves the isolation of bacteria by neutralising toxic substances such as naturally occurring fatty acids found on the skin.
 - As many viruses do not survive well outside the body special viral transport medium is used. This is obtained from the Virology Department, Level 4 Camila Botnar Laboratory (CBL). It may be stored at room temperature on ward, but should only be used for viral investigation. The viral transport medium must not be used after the expiry date.
 - At GOSH specimens are delivered to the laboratories by porters, and more urgent specimens via the pneumatic tube delivery system.

- Specimens sent by post outside GOSH must be packed and sent by microbiology as they need to be sent according to UN3373 regulations (United Nations Economic Commission for Europe, 2012). The specimen must be wrapped in a plastic bag, encased in an absorbent material within another plastic bag, placed in an approved plastic container within an approved cardboard box with the appropriate addressed infectious diseases stickers. A warning 'Pathological Sample' along with the sender's name and address must be visible on the outside. Specimens should not be sent to a laboratory outside the Trust direct from a ward, but sent through the microbiology laboratory to ensure correct packing and audit trail.
- In children suspected of suffering from viral haemorrhagic fevers such as Lassa fever, Marburg or Ebola virus, the Infection Control Team must be consulted before any specimens are taken (Advisory Committee on Dangerous Pathogens 2004; Advisory Committee on Dangerous Pathogens 1998; Advisory Committee on Dangerous Pathogens 1996). GOSH has no containment Level 4 facilities in the laboratory.
- Spillage kits (eg Clinell®) must be available for decontamination of any spillages of blood or body fluids. The manufacturer's instructions for use must be followed (Health and Safety Executive, 2014).

Equipment

This will vary according to the specimen required but must include:

- disposable gloves
- additional personal protective equipment (apron/gown, mask/respirator, visor - where applicable)
- a protective tray
- a sterile container for the specimen
- appropriate transport medium, if required
- laboratory specimen form
- a polythene transportation bag
- biohazard label, if required

Specimen collection

Blood samples

Blood sampling should be performed by a healthcare worker trained and competent in the procedure. As there are many haematological, biochemical, immunological and microbiological blood tests the person should seek information as to the appropriate laboratory containers required for specific tests and the amount of blood required.

This information is available on PiMS or in the individual departmental user manuals. Protective clothing such as gloves and aprons (and facial protection when appropriate) must be used along with the aseptic non-touch technique.

The 'Broken Needle Technique' (breaking the hub of the needle to obtain blood from small infants) poses an additional risk of injury to the child and user and must NOT be used.

Blood culture

Detection of microorganisms by culture of blood is essential in the diagnosis of bloodstream infections, including infective endocarditis, infections presenting as pyrexia of unknown origin, prosthetic material infections and intravenous catheter infections. Blood culture may also detect bacteraemia associated with primary infections such as pneumonia and septic arthritis. Accurate positive results provide valuable information to guide optimal antibiotic therapy early on which can improve outcome from these conditions.

On the other hand, contaminated blood cultures can cause considerable diagnostic confusion and lead to unnecessary or sub-optimal antimicrobial therapy.

Contamination may be prevented by careful collection of the blood using the aseptic non-touch-technique. The specimen should also preferably be taken during pyrexial episodes as more bacteria may be present at that time.

Blood cultures should be taken when there is a clinical need to do so in response to any of the following clinical signs suggestive of sepsis and a deteriorating clinical picture including:

- abnormalities in
 1. heart rate
 2. core temperature
 3. leucocyte count
- presence of rigors or chills
- Other focal signs of infection, such as pneumonia, septic arthritis, meningism, urinary tract infection including pyelonephritis and acute abdominal pathology.

Procedure (Department of Health (DH) 2007):

- Use both blood culture bottles (aerobic and anaerobic) and scrub the bung with a 2% chlorhexidine/70% alcohol wipe (eg Clinell®) for 15 seconds and allow to dry prior to inoculation.
- Prior to venepuncture soap and water should be used to clean any visibly soiled skin. The skin must then be decontaminated with a 2% chlorhexidine/70% alcohol applicator (eg Chloraprep® Sepp 0.67 ml) and allowed to dry. Do not re-palpate vein (even with gloved hand) after decontamination.
- After withdrawing the blood, insert the blood into the container with a new sterile needle. There is a risk of contamination of skin organisms on the needle used to withdraw the blood.
- When inoculating the blood culture bottles, the **anaerobic culture bottle should be inoculated first** and then the aerobic culture bottle, so that oxygen trapped in the syringe will not be transferred to the anaerobic bottle.
- Volume of blood is the most critical factor in the detection of blood stream infections. Place up to 4ml in the aerobic bottle (priority) and up to 10 ml in the anaerobic bottle, but ensure that when using both bottles, the anaerobic bottle is inoculated first. For neonates 1-2 mls of blood is recommended. However the sensitivity of neonatal blood cultures is increased if more blood is cultured.
- Inoculation of the blood into the blood culture bottles should be performed first before inserting blood into other bottles as many of these bottles are not sterile and accidental contamination may occur.
- Children with suspected central venous line sepsis, blood for culture may be taken from a peripheral vein stab and also from the appropriate intravascular lines to enable identification of colonisation of the line. In cases of suspected bacterial endocarditis three blood cultures should be taken from separate venepunctures to optimise recovery of bacteria which may be present low in numbers.
- Blood sampling for culture from a peripheral cannula: cultures from should only be taken from newly inserted peripheral cannulae if there is no alternative to obtain a blood sample for culture through a separate venepuncture. Strict asepsis must be maintained. The specimen must be clearly labelled indicating that the blood sample was taken from a peripheral cannula, as the risk of contamination is high.
- A poster with detailed illustration of the blood culture technique is available to GOSH staff internally on the GOSHweb intranet site.

Analysis of antibiotic levels

The relationship between drug dose, drug concentration in biological fluid and the individual child's metabolic process must be understood for interpreting results. The results may be affected by the route of administration, age of the child and disease process such as liver and renal disease. The analysis involves testing levels in blood serum or plasma in direct relationship to drug administration.

Routine in house drug level assay is available for amikacin, gentamicin, tobramycin and vancomycin. Other levels are referred and should be discussed.

- Individual antibiotic policies are on the Medicine and Pharmacy intranet web page (available to GOSH staff internally on the GOSHweb intranet site) and available upon request.
- Record on the laboratory form/sample the drug, dose and mode of administration, the time the drug is given and whether the sample is a 'peak' or 'trough' level.
- Trough levels are taken immediately prior to the time a drug is due; peak levels are taken one hour after bolus or infusion finished.
- Blood for antibiotic assay must not be taken through the same catheter which has been used to give the antibiotic at any time. Antibiotics bind to plastic and the drug may release intermittently giving false results.
- Spurious low or high level results may occur if blood is drawn from any central venous catheter and ideally levels should not be drawn from a central venous catheter.

Biopsy material

Specimens such as skin, muscle, kidney, liver, jejunal, tissue or brain biopsies are generally obtained by medical staff either under general or local anaesthetic according to the site. A sterile technique is required for all these procedures. All biopsy specimens must be discussed with the relevant laboratory personnel in order that:

- The most appropriate specimen and laboratory tests are undertaken. If the specimen is small it may be necessary to limit the range of tests.
- Check if the specimen is to be fixed in formalin. DO NOT use formalin if the specimen is for microbiological investigation. In many cases both histopathological and microbiological/virological analysis will be required and it is critical that separate specimens be sent for these purposes so they are processed and transported appropriately.

Cerebrospinal fluid

Sampling of cerebrospinal fluid is essential for the accurate diagnosis of infective meningitis and may aid in the diagnosis of encephalitis.

Cerebro-spinal fluid (CSF) is most commonly obtained via a lumbar puncture performed by medical staff. A sterile technique is required as there is a risk of introducing infection itself causing meningitis. Specimens of CSF should be dispatched to the laboratory immediately.

Outside normal working hours it is essential that the on-call laboratory staff are contacted when the sample is being transported. It is important not to store the specimen in a refrigerator as this may cause the cells to deteriorate or lyse giving rise to misleading results.

It is common practice to send three separate collection tubes of CSF when investigating for evidence of sub-arachnoid haemorrhage, as the initial part of the sample may be contaminated with blood from outside the sub-arachnoid space.

If this is performed, it is important to label the tubes as such and specifically request counts on the first and third samples. It is also important to remember that a CSF glucose level (sent separately to chemical pathology) can only be accurately interpreted in conjunction with a simultaneous plasma glucose level.

Ear swabs

No antibiotics or other therapeutic agents should have been in the aural region for about three hours prior to sampling the area as this may inhibit the growth of organisms.

- If there is purulent discharge this should be sampled.
- Place a sterile swab into the outer ear and gently rotate to collect the secretions.
- Place swab in transport medium.
- For deeper ear swabbing a speculum may be used. Experienced medical staff only should undertake this procedure as damage to the eardrum may occur.

Eye swabs

- Where possible ask the child to look upwards and gently pull the lower lid down or gently part the eyelids.
- Use a sterile cotton wool swab and gently role the swab over the conjunctival sac inside the lower lid. Hold the swab parallel to the cornea to avoid injury if the child moves.
- Place the swab in the transport medium.
- For suspected *Chlamydia trachomatis* infection obtain a Chlamydia sampling swab from the virology department. These tests are referred to an external laboratory and are infrequently performed, therefore swabs may not be immediately available and testing may be delayed pending request for swabs.
- Clean the eye first with sterile normal saline to obtain a clear view of the conjunctiva.
- Using the swab, part the eyelids and gently rub the conjunctival sac of the lower lid to obtain epithelial cells.
- Place the swab in the transport medium provided.
- Identification will be by the current molecular test employed at the referral laboratory.

Stool samples

- Please specify whether the sample is a routine (admission) screening sample or an investigation for suspected intestinal infection.
- If viral gastroenteritis (eg norovirus, rotavirus) is suspected, the stool specimen should be sent to the virology laboratory. To exclude a bacterial cause a second stool specimen can be sent to the microbiology laboratory.
- A faecal specimen is more suitable than a rectal swab.
- A specimen can be obtained from a nappy or clean potty/bedpan.
- Use the scoop attached to the inside of the lid of the specimen container to place faecal material into the container.
- Where diarrhoea is present, a small piece of non-absorbent material lining the nappy can be used to prevent material soaking into the nappy.
- Examine the sample for consistency, odour or blood and record observations to monitor changes.
- If segments of tapeworm are seen, send to the laboratory. Tapeworm segments can vary from the size of rice grains to a ribbon shape, one inch long.
- For the identification of *Enterobius vermicularis* (threadworm/pin worm) material should be obtained first thing in the morning on awakening by using a clear adhesive tape (eg Sellotape®) slide. Place the sticky side of a strip of tape over the anal region to obtain the material and stick the tape smoothly onto a glass slide. The worm can then be identified under the microscope. Thread worm lay their ova on the perianal skin at night and therefore will not be seen in a faecal specimen.
- Where acute amoebic dysentery is suspected, the specimen of stool must be freshly dispatched to the laboratory. The parasite causing amoebic dysentery exists in a free-living motile form and in

the form of non-motile cysts. Both forms are characteristic in their fresh state but the motile form cannot be identified when dead. 'Hot faeces' should be discussed with the laboratory prior to collection.

Fungal samples of hair, nail and skin

Special containers (Dermapak[®]) may be obtained from the microbiology department:

- Samples of infected hair should be removed by plucking the hair with forceps or gloves. The root of the hair is infected not the shaft.
- Samples of the whole thickness of the nail or deep scrapings should be obtained.
- The skin should be cleaned with an alcohol swab. Epidermal scales scraped from the active edge of a lesion or the roof of any vesicle should be obtained.

Sputum

Good quality sputum samples are essential for accurate microbiological diagnosis of pneumonia but also acute tracheitis and bronchitis. Samples contaminated with oro-pharyngeal secretions and saliva are difficult to interpret and can be misleading.

- Encourage the child to cough especially after sleep and expectorate into a container. Alternatively, a poorer sample may be obtained as from naso-pharyngeal/tracheal suction using a sputum trap can be undertaken.
- Physiotherapy may help to facilitate expectoration.
- Ensure the material obtained is sputum and not saliva

Throat swabs

- Specify on the laboratory form if this is a routine admission screen for MRSA or a swab for the investigation of a suspected infection.
- For the collection of throat swabs as part of screening for MRSA refer to the policy for the control of Methicillin-resistant Staphylococcus aureus (MRSA).
- Place the child in a position with a good light source. This will ensure maximum visibility of the tonsillar bed.
- Either depress the tongue with a spatula or ask the child to say "aahh". The procedure is likely to cause gagging and the tongue will move to the roof of the mouth. This can prevent accurate sampling, therefore it is important to quickly but gently rub the swab over the tonsillar fossa (tonsillar bed) or area where there is exudate or a lesion.
- Care should be taken not to contaminate the swab by contact with the tongue or the oral mucosa on removal.
- Return swab to the container with transport medium.

Procedure for throat swab

- Place the child in a position with a good light source. This will ensure maximum visibility of the tonsillar bed.
- Either depress the tongue with a spatula or ask the child to say "aahh". The procedure is likely to cause gagging and the tongue will move to the roof of the mouth. This can prevent accurate sampling, therefore it is important to quickly but gently rub the swab over the tonsillar fossa (tonsillar bed).
- Care should be taken not to contaminate the swab by contact with the tongue or the oral mucosa on removal.
- Return swab to the container with transport medium.

Patients that have previously been screened positive for MRSA should in addition to the nose and throat swabs also have swabs taken from the following sites:

- hairline (swab along outline of scalp hair)

- axillae
- groin
- perineum
- any wounds or skin lesions
- umbilicus (only in neonates)
- insertion sites of devices (eg tracheostomy, gastrostomy, central venous catheter)

When taking samples from intact skin the swab should be moistened with sterile 0.9% saline solution before sampling as this assists in the transfer of bacteria from the sampling site to swab and can increase the number of micro-organisms collected.

Urine

Bedside urine testing for the presence of blood, protein and other analytes is usually undertaken with reagent strips the results of which indicate that further laboratory investigation is required.

Most urine samples sent to the microbiology laboratory are for bacteriological investigation. The same collection techniques also apply to samples sent for virological investigation.

Urine samples should be dispatched to the laboratory as soon as possible or no more than four hours if kept at room temperature or up to 24 hours if kept at four degrees centigrade to avoid overgrowth of organisms and misleading results.

All methods used to collect urine samples can result in contamination with bacteria from outside the bladder. This can lead to an inaccurate diagnosis, involve unnecessary treatment or require a sample to be repeated which has implications for patient care and cost effectiveness.

Normal social hygiene, such as washing the genitalia with soap and water and drying thoroughly is considered sufficient to minimise contamination from the skin prior to collection of the specimen. Assess the clinical and psychosocial needs of the child as to whether cleaning the genitalia is necessary. The nurse must be sensitive to the cultural issues surrounding touching intimate parts of the body.

It can be difficult to obtain a urine sample from incontinent or non-toilet trained children and the most popular non-invasive method is the midstream or 'clean catch' specimen.

Midstream or 'clean catch' specimen

The 'clean catch' method is the most popular non-invasive method.

- Ensure that the child's/young person's genitalia have been washed with soap and water and dried thoroughly. Ask the child/young person to wash hands with soap and water.
- In the female encourage separation of the labia whilst passing urine.
- In the male encourage retraction of the prepuce, if appropriate, whilst passing urine.
- Ask the child/young person to void a small amount of urine into the toilet first.
- Then ask the child/young person to urinate 10-20 ml directly into the specimen container.
- Instruct the child/young person that the remaining urine can be passed into the toilet.
- Place the lid securely on the specimen container. Wipe the outside of the container with a sanitising wipe and place container in polythene transport bag.

Pad or bag specimen

Urine collection pads or urine collection bags are often used for incontinent or non toilet trained children, but are more susceptible to contamination due to close contact with the anogenital area. Urine collection pads are the next best option to clean catch. When using urine collection pads, manufacturer's instructions should be followed. Cotton-wool balls, gauze- or sanitary pads should not be used.

Urine collection pads:

- Remove nappy and clean perineum or prepuce of the infant with soap and water. Do not apply any creams.
- Place the urine collection pad across vulva or penis in a lengthwise fashion.

- Remove the adhesive backing from the pad and secure to nappy.
- Change urine collection pad every 30-45 minutes and also when the child has passed stool, to reduce the risk of contamination with skin-or faecal flora.
- Once the child has passed urine remove the nappy with the urine collection pad in it.
- Lay the pad down wet side up on an appropriate clean surface.
- Take sterile 5 ml syringe and place the tip on the pad. Extract the urine by pulling up the plunger.
- Repeat until required amount of urine is obtained.
- Empty syringe into a sterile container.

Urine collection bags:

- Select the correct size sterile urine bag to avoid leakage or contamination with faeces.
- Remove nappy and clean the perineum or prepuce of the infant with soap and water.
- Dry area thoroughly and do not apply any creams.
- Remove the protective backing from the bag, then
 - For the female, place the bag over the vulva, starting from the perineum and working upwards, pressing the adhesive to perineum and symphysis.
 - For the male, insert penis and scrotum into the opening of the bag and press adhesive to perineum and symphysis.
- Cut a hole in the diaper and pull the urine bag through the opening.
- Once the child has passed urine, perform hand hygiene, put on gloves and remove the bag.
- Hold the bag over a sterile urine specimen container and cut off the tip of the bottom corner of the bag. Empty the urine into the container.
- Wash the genitalia after the procedure to prevent soreness of the skin.

Suprapubic aspirate

Collection of urine by a supra-pubic aspirate should be considered when a sterile sample is required. Ultrasound guidance should be used to indicate the presence of urine in the bladder before a suprapubic aspirate is attempted.

Catheter specimen

This is collected from the self-sealing bung of the urinary drainage tubing in a child who is already catheterised. Do not disconnect the closed drainage system as infection may be introduced nor take the sample from the urinary drainage bag as the specimen may be contaminated.

- Using an aseptic non-touch technique, clean the catheter sampling site with 2% chlorhexidine/70% alcohol wipe (eg Clinell®) and allow to dry.
- Collect the urine using appropriate sterile equipment appropriate to access port ie either using a sterile syringe and needle and inserting the needle into the bung at an angle of 45 degrees; this will minimise penetration of the wall of the tubing and subsequent needle stick injury, or a needle-less system.
- Gently withdraw the urine into the syringe.
- Remove the needle and syringe, wipe the area with the alcohol swab and allow to dry. The rubber bung will self-seal.
- Place the urine in a sterile container.
- Discard the needle and syringe into a sharps container.

Obtaining urine from a Mitroffanof stoma

The specimen should be obtained by a nurse who is familiar with the Mitroffanof operation and the specific anatomy of the area on the child.

- The specimen should ideally be taken in conjunction with normal bladder emptying.
- A new sterile catheter of the child's normal catheter size should be used.
- Clean the stoma with soap and water and dry.
- Gently insert the lubricated sterile catheter into the stoma and collect the urine into a sterile container. A water-soluble lubricant should be used.
- Ensure the bladder is completely empty before withdrawing the catheter.
- Wipe the area dry with a tissue.

Wound swabs

Interpretation of results must be in conjunction with clinical signs. In the absence of clinical signs of infection wound swabs will provide little if any useful information and simply reflects colonisation.

- Obtain the specimen prior to any dressing or cleaning procedure of the wound. This will maximise the material obtained and prevent killing of the organism by the use of antiseptics.
- Use a sterile swab and gently rotate on the area to collect exudate from the wound and place into transport medium. Where there is pus collect as much as possible in a sterile syringe or sterile container (do not use a swab) and send to the laboratory.
- For detection of *Mycobacterium tuberculosis*, pus collected neat in to a pot or tissue biopsy is preferred, however a calcium alginate swab can be used. The alginate swab gradually dissolves maximising the isolation of the organism as the numbers of organisms are usually small.

ANTIBIOTIC SUSCEPTIBILITY TESTING

Antibiotic sensitivity is the susceptibility of bacteria to antibiotics. Antibiotic susceptibility testing (AST) is usually carried out to determine which antibiotic will be most successful in treating a bacterial infection *in vivo*. Testing for antibiotic sensitivity is often done by the Kirby-Bauer method

.ANTIBIOTICSENSITIVITY

Small wafers containing antibiotics are placed onto a plate upon which bacteria are growing. If the bacteria are sensitive to the antibiotic, a clear ring, or zone of inhibition, is seen around the wafer indicating poor growth. Other methods to test antimicrobial susceptibility include the Stokes method, E-test (also based on antibiotic diffusion) agar and Broth dilution methods for Minimum Inhibitory Concentration determination.

Ideal antibiotic therapy is based on determination of the etiological agent and its relevant antibiotic sensitivity. Empiric treatment is often started before laboratory microbiological reports are available when treatment should not be delayed due to the seriousness of the disease. The effectiveness of individual antibiotics varies with the location of the infection, the ability of the antibiotic to reach the site of infection, and the ability of the bacteria to resist or inactivate the antibiotic. Some antibiotics actually kill the bacteria (bactericidal), whereas others merely prevent the bacteria from multiplying (bacteriostatic) so that the host's immune system can overcome them. Mueller-Hinton agar is most frequently used in this antibiotic susceptibility test.

Mueller-Hinton agar

MH agar is considered the best medium to use for routine susceptibility testing of nonfastidious bacteria for the following reasons:

- It shows acceptable batch-to-batch reproducibility for susceptibility testing
- It is low in sulfonamide, trimethoprim, and tetracycline inhibitors
- It supports satisfactory growth of most nonfastidious pathogens

A large body of data and experience has been collected concerning susceptibility tests performed with this medium. Please note that the use of media other than Mueller-Hinton agar may result in erroneous

results. Also note that only the aerobic or facultative bacteria that grow well on unsupplemented MH agar should be tested using this protocol. Fastidious organisms require MH agar supplemented with additional nutrients and require that modification to this protocol be made. Neither the supplements nor the procedural modification are discussed in this basic protocol.

Plates that are too shallow will produce false susceptible results as the antimicrobial compound will diffuse further than it should, creating larger zones of inhibition. Conversely, plates poured to a depth >4 mm will result in false resistant results.

pH of the MH agar should fall between 7.2 and 7.4 at room temperature after solidification and should be tested when the media is first prepared. If the pH is <7.2 certain drugs will appear to lose potency (aminoglycosides, quinolones, macrolides), while other agents may appear to have excessive activity (tetracycline). If the pH is >7.4, the opposite results may occur.

Excessive thymidine or thymine can reverse the inhibitory effects of sulfonamides and trimethoprim resulting in smaller and less distinct zones of inhibition, or no zones at all.

The incorrect concentration of divalent cations (calcium and magnesium) will affect the results of aminoglycoside and tetracycline tests against *Pseudomonas aeruginosa*. Excess cation concentration will result in reduced zone sizes and low concentration will increase zone sizes. Excess calcium will increase the zone size of *P. aeruginosa* against daptomycin. Excess zinc ions may reduce the zone size of carbapenems against *P. aeruginosa*.



McFarland Standard

McFarland standards are suspensions of either barium sulfate or latex particles that allow visual comparison of bacterial density commercially prepared standards are available for purchase from companies such as Remel or BD BBL. These often include a Wickerham card, which is a small card containing parallel black lines. A 0.5 McFarland standard is equivalent to a bacterial suspension containing between 1×10^8 and 2×10^8 CFU/ml of *E. coli*. A 0.5 McFarland standard may be prepared in-house as describe below.

- Add a 0.5-ml aliquot of a 0.048 mol/liter BaCl_2 (1.175% wt/vol $\text{BaCl}_2 \cdot 2\text{H}_2\text{O}$) to 99.5 ml of 0.18 mol/liter H_2SO_4 (1% vol/vol) with constant stirring to maintain a suspension.
- Verify the correct density of the turbidity standard by measuring absorbance using a spectrophotometer with a 1-cm light path and matched cuvette. The absorbance at 625 nm should be 0.08 to 0.13 for the 0.5 McFarland standard.
- Transfer the barium sulfate suspension in 4- to 6-ml aliquots into screw-cap tubes of the same size as those used in standardizing the bacterial inoculums.
- Tightly seal the tubes and store in the dark at room temperature.

Possible Questions

Part B (Two marks)

1. Define Medical Microbiology.
2. Define Medical Bacteriology.
3. What are specimens..
4. Explain the precaution to undergo in collection of specimens.
5. Define transport media.
6. Define antibiotics
7. Define disinfectant
8. Define midstream urine
9. Outline the lancet prick method of blood collection.
10. Name any two transport media.

Part C (Eight marks)

1. Give a detailed note on laboratory precaution.
2. Discuss about the personal safety in laboratory.
3. Write a detailed note on environmental safety to be observed in biological specimen disposal?
4. Explain about the antibiotic sensitivity testing.
5. Explain in detail about disc diffusion method.
6. Give the protocol and importance of well diffusion method.
7. Describe the role of antibiotics.
8. How will you examine the pathological specimen?
9. What are the methods of isolation of pathogenic organism?
10. Why it is necessary to collect specimen?
11. Give the outline of biochemical examination of specimen.
12. Explain processing of pathological specimen.
11. Discuss about collection of sputum.
12. Comment on urine collection.
13. Comment on stool specimen collection.
13. Write about the vein puncture method of blood collection?

S.No	Unit I Question	Opt 1	Opt 2	Opt 3	Opt 4	Answer
1	The sputum specimen must be stored at	10C	5C	4C	8C	4C
2	the blood samples should be collected at the _____ stage of the disease.	late	early	before diagnosis	after symptom	early
3	When a parasite is growing and multiplying within a host, it is said have	pathogen	infection	organism	diagnose	infection
4	For microbiological examination urine must be collected as a specimen	good	sterile	normal	clean catch mid-stream	clean catch mid-stream
5	Cary-Blair medium is used for the transportation of specimen.	blood	CSF	stool	urine	stool
6	a parasite organism or agent that produce such a disease is a	pathogen	parasite	bacteria	virus	pathogen
7	the ability of an organism to cause disease is called	diagnosis	symptoms	pathogenicity	disease	pathogenicity
8	The most important step in the diagnosis of an infection is the proper collection of _____.	Specimen	Organism	Symptoms	Prophylaxis	Specimen
9	In case of meningeal irritation or affected cerebrum specimen is collected.	blood	cerebrospinal fluid	urine	pus	cerebrospinal fluid
10	in blood specimens _____ is separated and used for serological techniques.	haemoglobin	serum	iron	protein	serum
11	The collected CSF should be stored at	room temperature	4C	2C	5C	room temperature
12	_____ is a good transport medium for stool sample.	agar medium	peptone water	Cary-Blair medium	alkaline medium	Cary-Blair medium
13	An alternate transport medium for stool sample is	alkaline-peptone water	peptone water	alkaline medium	water	alkaline-peptone water
14	A sterile _____ is used for transportation of specimens to labs.	container	plastic container	screw-cap container	metal container	screw-cap container
15	Specimens must be collected before administration of _____	Vaccines	Antimicrobial drugs	Symptoms	Culturing	Antimicrobial drugs
16	To eliminate normal flora skin surface is cleansed with _____.	Germicide	Soap	Vaseline	Cotton	Germicide
17	Pus swabs collected in transport medium should reach lab within _____ hours	2	4	6	8	6
18	During blood collection the skin should be vein punctured by	Isopropyl	Antiseptic	Soap	Antibiotic	Isopropyl

	cleansing with ____.	alcohol				alcohol
19	About _____ ml of blood should be collected.	10	20	30	40	20
20	the blood samples should be incubated at ____.	25C	37C	4C	10C	37C
21	_____ ml of urine sample should be collected.	10	40	30	20	20
22	In case of _____ only few millilitres of urine specimen can be collected.	Arthritis	Gas gangrene	Renal failure	Paralysis	Renal failure
23	If the urine sample is delayed for more than an hour _____ can be added.	Amino acid	Boric acid	Sodium chloride	Calcium chloride	Boric acid
24	In case of suspected renal tuberculosis the urine should be collected for _____ successive mornings	1	2	3	4	3
25	The CSF should be collected from _____	Cerebrum	Cerebellum	Ventricle	Arachnoid space	Arachnoid space
26	In case of infants the CSF should be collected by puncturing _____.	Ventricle	Arachnoid space	Cerebrum	Cerebellum	Ventricle
27	About _____ ml of CSF should be collected in sterile tubes.	10	30	40	20	20
28	For collecting nasopharyngeal aspirates _____ is passed gently through one nostril.	Sterile catheter	Syringe	Swab	Cotton	Sterile catheter
29	_____ is collected in case of eye specimens.	Pus	Mucous	Conjunctival scrapings	Conjunctival tissue	Conjunctival scrapings
30	Respiratory secretions should be transported to laboratory within _____ hours	1	2	3	4	2
31	The natural secretions of eye contains _____ enzymes	Antibiotic	Toxins	Antibacterial	Amylase	Antibacterial
32	If not possible to obtain faeces a specimen is collected by inserting _____	Cotton woll swab	Syringe	Catheter	Cotton	Cotton woll swab
33	Salmonella, Shigella and Vibrio survive in Cary Blair medium for _____ hrs.	24	48	32	76	48
34	Campylobacter can survive in C-B medium for _____ hes.	2	4	6	8	6
35	If cholera is suspected the stool sample should be sent to the lab within _____ -	1	3	5	8	8
36	_____ is the transportation medium used in case of cholera.	CB medium	Boric acid	Alkaline peptone water	Phosphate buffered saline	Alkaline peptone water
37	For suspected viral enteritis the stool sample is transferred to	Phosphate	Alkaline	CB medium	Boric acid	Phosphate

	9ml of _____	buffered saline	peptone water			buffered saline
38	About _____ ml of sterile phosphate buffered saline is needed for suspected viral enteritis	3	6	9	12	9
39	_____ is the transportation medium used for the collection of synovial, pleural or aseptic fluid samples	Trisodium citrate	Sodium chloride	Boric acid	Calcium chloride	Trisodium citrate
40	About _____ ml of synovial, pleural and ascitic samples were collected.	2 to 3	5 to 6	3 to 5	4 to 6	2 to 3
41	Synovial, pleural and ascitic fluids should be mixed with _____.	Antibiotic	Antiseptic	Anticoagulant	Antibacterial	Anticoagulant
42	In case of sputum sample the sample should be collected best in _____.	morning	Evening	Mid night	Noon	morning
43	_____ bacilli requires entirely different method of identification	Rod shaped	Spindle shaped	Club shaped	Acid-fast	Acid-fast
44	In suspected anthrax the pus sample should be collected from _____.	Lesions	Scrapings	Edema	Necrosis	Lesions
45	For darkfield examination pus from syphilitic ulcers are suspected in 0.2ml of _____.	Salt solution	Saline solution	Anticoagulant	Antiseptic	Saline solution
46	In case of tuberculosis _____ specimen is collected	Stool	Urine	Blood	Sputum	Sputum
47	The sputum sample collected in paper towel should be soaked in _____.	Saline solution	Anticoagulant	Formalin solution	Salt solution	Formalin solution
48	_____ technique is used to stain acid fast bacilli	Ziehl Neelsen	Gram staining	Endospore staining	Quellung	Ziehl Neelsen
49	In bacillary dysentery _____ yields more positive cultures than stools.	Smears	Swabs	Rectal swabs	Renal smears	Rectal swabs
50	In case of salmonellosis _____ sample is collected.	Urine	Stool	Sputum	Blood	Blood
51	In case of typhoid _____ sample should be collected.	Sputum	Blood	Faeces	CSF	Blood
52	In order to avoid drying of stool sample the swabs should be placed in _____.	Thioglycollate semisolid medium	Sodium citrate	Buffered glycerol water	Para amino benzoic acid	Thioglycollate semisolid medium
53	An alternative for Thioglycollate semisolid medium is _____.	Sodium citrate	Buffered glycerol water	Para amino benzoic acid	Thioglycollate semisolid medium	Buffered glycerol water

54	_____ should be incorporated in all blood culture media	Trisodium citrate	Formalin solution	Sodium citrate	Para amino benzoic acid	Para amino benzoic acid
55	_____ is added to the blood sample to prevent coagulation	Sodium citrate	Thioglycollate semisolid medium	Antiseptic	Antibacterial	Sodium citrate
56	Once the specimen is collected the container should be _____.	Labelled	Opened	Diluted	Defined	Labelled
57	Samples of blood and CSF for culture should not be _____	Labelled	Refrigerated	Processed	Incubated	Refrigerated
58	The sputum sample should be free from _____	Blood	Pus	Saliva	Tissue	Saliva
59	when the patient has symptoms of cystitis _____ should be collected.	blood	Pus	Sputum	urine	urine
60	In case of suspected septicemia _____ sample should be collected	blood	Pus	Sputum	urine	blood

UNIT-II

SYLLABUS

Infections – types – methods – infectious disease cycle. Definitions of Epidemics, Endemics, Pandemics and investigation of epidemics and control. Definition of pathogens, Saprophytes and Commensals. Quality control in microbiology lab.

Infection

Infection is the invasion of an organism's body tissues by disease-causing agents, their multiplication, and the reaction of host tissues to these organisms and the toxins they produce. **Infectious** disease, also known as transmissible disease or communicable disease, is illness resulting from an **infection**.

A primary infection is the first time you are exposed to and infected by a pathogen. During a primary infection, your body has no innate defenses against the organism, such as antibodies.

A secondary infection can occur when a different infection, known as the primary infection, makes a person more susceptible to disease. It is called a secondary infection because it occurs either after or because of another infection.

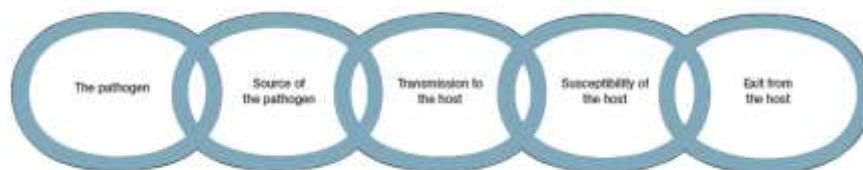
A second infection that follows recovery from a previous infection by the same causative agent.

Iatrogenic infections are those infections transmitted during medical treatment and care.

A hospital-acquired infection (HAI), also known as a nosocomial infection, is an infection that is acquired in a hospital or other health care facility.

The Infectious Disease Cycle

The **infectious disease cycle** or **chain of infection** represents these events in the form of an intriguing epidemiological mystery story



What Pathogen Caused the Disease?

The first link in the infectious disease cycle is the pathogen. After an infectious disease has been recognized in a population, epidemiologists must correlate the disease outbreak with a specific pathogen. The disease's exact cause must be discovered. This is where Koch's postulates, and modifications of them, are used to determine the etiology or cause of an infectious disease. At this point the clinical or diagnostic microbiology laboratory enters the investigation. Its purpose is to isolate and identify the pathogen that caused the disease and to determine the pathogen's susceptibility to antimicrobial agents or methods that may assist in its eradication.

Many pathogens can cause infectious diseases in humans and will be discussed in detail in chapters 38 to 40. Often these pathogens are transmissible from one individual to another. A **communicable disease** is an illness caused by a pathogen or its products that has been transmitted from an infected person or a reservoir, either directly or indirectly. Pathogens have the potential to produce disease (pathogenicity); this potential is a function of such factors as the number of pathogens, their virulence, and the nature and magnitude of host defenses.

What Was the Source and/or Reservoir of the Pathogen?

The source and/or reservoir of a pathogen is the second link in the infectious disease cycle. Identifying the source and/or reservoir is an important aspect of epidemiology. If the source or

reservoir of the infection can be eliminated or controlled, the infectious disease cycle itself will be interrupted and transmission of the pathogen will be prevented.

A **source** is the location from which the pathogen is immediately transmitted to the host, either directly through the environment or indirectly through an intermediate agent. The source can be either animate (e.g., humans or animals) or inanimate (e.g., water, soil, or food). The **period of infectivity** is the time during which the source is infectious or is disseminating the pathogen.

The **reservoir** is the site or natural environmental location in which the pathogen is normally found living and from which infection of the host can occur. Thus a reservoir sometimes functions as a source. Reservoirs also can be animate or inanimate.

Much of the time, human hosts are the most important animate sources of the pathogen and are called carriers. A **carrier** is an infected individual who is a potential source of infection for others. Carriers play an important role in the epidemiology of disease.

Four types of carriers are recognized:

1. An **active carrier** is an individual who has an overt clinical case of the disease.
2. A **convalescent carrier** is an individual who has recovered from the infectious disease but continues to harbor large numbers of the pathogen.
3. A **healthy carrier** is an individual who harbors the pathogen but is not ill.
4. An **incubatory carrier** is an individual who is incubating the pathogen in large numbers but is not yet ill.

Convalescent, healthy, and incubatory carriers may harbor the pathogen for only a brief period (hours, days, or weeks) and then are called **casual, acute, or transient carriers**. If they harbor the pathogen for long periods (months, years, or life), they are called **chronic carriers**.

As noted earlier, infectious diseases called zoonoses occur in animals and are occasionally transmitted to humans; thus these animals also can serve as reservoirs. Humans contract the pathogen by several mechanisms: coming into direct contact with diseased animal flesh (tularemia); drinking contaminated cow's milk (tuberculosis and brucellosis); inhaling dust particles contaminated by animal excreta or products (Q fever, anthrax); or eating insufficiently cooked infected flesh (anthrax, trichinosis). In addition, being bitten by arthropod **vectors** (organisms that spread disease from one host to another) such as mosquitoes, ticks, fleas, mites, or biting flies (equine encephalomyelitis and malaria, Lyme disease, Rocky Mountain spotted fever, plague, scrub typhus, and tularemia); or being bitten by a diseased animal (rabies) can lead to infection.

How Was the Pathogen Transmitted?

To maintain an active infectious disease in a human population, the pathogen must be transmitted from one host or source to another. Transmission is the third link in the infectious disease cycle and occurs by four main routes: airborne, contact, vehicle, and vector-borne.

Airborne Transmission

Because air is not a suitable medium for the growth of a pathogen, any pathogen that is airborne must have originated from a source such as humans, other animals, plants, soil, food, or water. In **airborne transmission** the pathogen is truly suspended in the air and travels over a meter or more from the source to the host. The

pathogen can be contained within droplet nuclei or dust.

Droplet nuclei are small particles, 1 to 4 μ m in diameter, that result from the evaporation of larger particles (10 μ m or more in diameter) called droplets. Droplet nuclei can remain airborne for hours or days and travel long distances. When animals or humans are the source of the

airborne pathogen, it usually is propelled from the respiratory tract into the air by an individual's coughing, sneezing, or vocalization. For example, enormous numbers of moisture droplets are aerosoled during a typical sneeze. Each droplet is about 10 μ m in diameter and initially moves about 100 m/second or more than 200 mi/hour!

Dust also is an important route of airborne transmission. At times a pathogen adheres to dust particles and contributes to the number of airborne pathogens when the dust is resuspended by some disturbance. A pathogen that can survive for relatively long periods in or on dust creates an epidemiological problem, particularly in hospitals, where dust can be the source of hospital acquired infections.

Contact Transmission

Contact transmission implies the coming together or touching of the source or reservoir of the pathogen and the host. Contact can be direct, indirect, or by droplet spread. Direct contact implies an actual physical interaction with the infectious source. This route is frequently called person-to-person contact. Person-to-person transmission occurs primarily by touching, kissing, or sexual contact (sexually transmitted diseases); by contact with oral secretions or body lesions (herpes and boils); by nursing mothers (staphylococcal infections); and through the placenta (AIDS, syphilis). Some infectious pathogens also can be transmitted by direct contact with animals or animal products (*Salmonella* and *Campylobacter*). Indirect contact refers to the transmission of the pathogen from the source to the host through an intermediary—most often an inanimate object. The intermediary is usually contaminated by an animate source. Common examples of intermediary inanimate objects include thermometers, eating utensils, drinking cups, and bedding. *Pseudomonas* bacteria are easily transmitted by this route. This mode of transmission is often also considered a form of vehicle transmission (see next section).

In droplet spread the pathogen is carried on particles larger than 5 μ m. The route is through the air but only for a very short distance—usually less than a meter. Because these particles are large, they quickly settle out of the air. As a result droplet transmission of a pathogen depends on the proximity of the source and the host. Measles is an example of a droplet-spread disease.

Vehicle Transmission

Inanimate materials or objects involved in pathogen transmission are called **vehicles**. In **common vehicle transmission** a single inanimate vehicle or source serves to spread the pathogen to multiple hosts but does not support its reproduction. Examples include surgical instruments, bedding, and eating utensils. In epidemiology these common vehicles are called **fomites** [s., fomes or fomite]. A single source containing pathogens (blood, drugs, IV fluids) can contaminate a common vehicle that causes multiple infections. Food and water are important common vehicles for many human diseases.

Vector-Borne Transmission

As noted earlier, living transmitters of a pathogen are called vectors. Most vectors are arthropods (insects, ticks, mites, fleas) or vertebrates (dogs, cats, skunks, bats). **Vector-borne transmission** can be either external or internal. In external (mechanical) transmission the pathogen is carried on the body surface of a vector. Carriage is passive, with no growth of the pathogen during transmission. An example would be flies carrying *Shigella* organisms on their feet from a fecal source to a plate of food that a person is eating. In internal transmission the pathogen is carried within the vector. Here it can go into either a harborage or biologic transmission phase.

In **harborage transmission** the pathogen does not undergo morphological or physiological changes within the vector. An example would be the transmission of *Yersinia pestis* (the

etiologic agent of plague) by the rat flea from rat to human. **Biologic transmission** implies that the pathogen does go through a morphological or physiological change within the vector. An example would be the developmental sequence of the malarial parasite inside its mosquito vector.

Why Was the Host Susceptible to the Pathogen?

The fourth link in the infectious disease cycle is the host. The susceptibility of the host to a pathogen depends on both the pathogenicity of the organism and the nonspecific and specific defense mechanisms of the host.

How Did the Pathogen Leave the Host?

The fifth and last link in the infectious disease cycle is release or exit of the pathogen from the host. It is equally important that the pathogen escapes from its host as it is that the pathogen originally contacts and enters the host. Unless a successful escape occurs, the disease cycle will be interrupted and the pathogenic species will not be perpetuated. Escape can be active or passive, although often a combination of the two occurs. Active escape takes place when a pathogen actively moves to a portal of exit and leaves the host. Examples include the many parasitic helminths that migrate through the body of their host, eventually reaching the surface and exiting. Passive escape occurs when a pathogen or its progeny leaves the host in feces, urine, droplets, saliva, or desquamated cells. Microorganisms usually employ passive escape mechanisms.

Endemic: a disease that exists permanently in a particular region or population. Malaria is a constant worry in parts of Africa

Epidemic: An outbreak of disease that attacks many peoples at about the same time and may spread through one or several communities

Pandemic: When an epidemic spreads throughout the world

An **epidemic** is the slow spread of infectious disease to a large number of people in a given population within a short period of time, usually two weeks or less. For example, in meningococcal infections, an attack rate in excess of 15 cases per 100,000 people for two consecutive weeks is considered an epidemic.

Epidemics of infectious disease are generally caused by several factors including a change in the ecology of the host population (e.g. increased stress or increase in the density of a vector species), a genetic change in the pathogen reservoir or the introduction of an emerging pathogen to a host population (by movement of pathogen or host). Generally, an epidemic occurs when host immunity to either an established pathogen or newly emerging novel pathogen is suddenly reduced below that found in the endemic equilibrium and the transmission threshold is exceeded. An epidemic may be restricted to one location; however, if it spreads to other countries or continents and affects a substantial number of people, it may be termed a pandemic.^[1] The declaration of an epidemic usually requires a good understanding of a baseline rate of incidence; epidemics for certain diseases, such as influenza, are defined as reaching some defined increase in incidence above this baseline. A few cases of a very rare disease may be classified as an epidemic, while many cases of a common disease (such as the common cold) would not.

In epidemiology, an infection is said to be **endemic** (from Greek ἐν *en* "in, within" and δῆμος *demos* "people") in a population when that infection is maintained in the population without the need for external inputs. For example, chickenpox is endemic (steady state) in the UK, but malaria is not. Every year, there are a few cases of malaria reported in the UK, but these do not lead to sustained transmission in the population due to the lack of a suitable vector (mosquitoes of the genus *Anopheles*).

A **pandemic** (from Greek *πᾶν* *pan* "all" and *δῆμος* *demos* "people") is an epidemic of infectious disease that has spread through human populations across a large region; for instance multiple continents, or even worldwide. A widespread endemic disease that is stable in terms of how many people are getting sick from it is not a pandemic. Further, flu pandemics generally exclude recurrences of seasonal flu. Throughout history there have been a number of pandemics, such as smallpox and tuberculosis. One of the most devastating pandemics was the Black Death, killing over 75 million people in 1350. The most recent pandemics include the HIV pandemic as well as the 1918 and 2009 H1N1 pandemics.

For an infection that relies on person-to-person transmission to be endemic, each person who becomes infected with the disease must pass it on to one other person on average. Assuming a completely susceptible population, that means that the basic reproduction number (R_0) of the infection must equal 1. In a population with some immune individuals, the basic reproduction number multiplied by the proportion of susceptible individuals in the population (S) must be 1. This takes account of the probability of each individual to whom the disease may be transmitted actually being susceptible to it, effectively discounting the immune sector of the population.

Parasites are plants or animals that live on or in a host getting their nutrients from that host. A **host** is an organism that supports a parasite. Sometimes the host is harmed by the parasite, and sometimes the relationship is neutral. But the host never benefits from the arrangement. When the parasite does have a negative impact on the host, it doesn't often kill the host directly, but the stressors that come with having parasites can kill.

Ectoparasites are parasites that live outside the body. In animals, they live on the skin and can cause itching and rashes. **Endoparasites** are parasites that live inside the body. For instance, they may live in the blood system, muscles, liver, brain, or digestive systems of animals.

Parasites are not one-size-fits-all. There are several main categories of parasites that can affect animals and plants. Probably the most-studied parasites are the ones that affect humans. Broadly grouped, they include protozoa, helminths, and arthropods. More familiar, less mysterious names are lice, ticks, mites, bed bugs, flukes, and tapeworms.

Saprophytes may refer to

- Saprotroph, a term used for organisms which obtain nutrients from dead organic matter (this term commonly applies to fungi)
- Saprophytes are more generally plants, fungi, or micro-organisms more accurately called myco-heterotrophs because they actually parasitize fungi, rather than dead organic matter directly. They live on dead or decomposing matter.

commensal

1. living on or within another organism, and deriving benefit without harming or benefiting the host individual.

2. a parasitic organism that causes no harm to the host.

Pathogen

In biology, a **pathogen** (Greek: *πάθος* *pathos* "suffering, passion" and *-γενής* *-genēs* "producer of") in the oldest and broadest sense is anything that can produce disease, a term which came into use in the 1880s. Typically the term is used to describe an infectious agent such as a virus, bacterium, prion, fungus, viroid, or parasite that causes disease in its host. The host may be a human, an animal, a plant, a fungus, or even another micro-organism.

There are several substrates including *pathways* where the pathogens can invade a host. The principal pathways have different episodic time frames, but soil contamination has the longest or

most persistent potential for harboring a pathogen. Diseases caused by organisms in humans are known as pathogenic diseases.

Pathogenicity is the potential disease-causing capacity of pathogens. Pathogenicity is related to virulence in meaning, but some authorities have come to distinguish it as a *qualitative* term, whereas the latter is *quantitative*. By this standard, an organism may be said to be pathogenic or non-pathogenic in a particular context, but not "more pathogenic" than another. Such comparisons are described instead in terms of relative virulence. Pathogenicity is also distinct from the transmissibility of the virus, which quantifies the risk of infection.

A pathogen may be described in terms of its ability to produce toxins, enter tissue, colonize, hijack nutrients, and its ability to immune suppress the host.

QUALITY CONTROL IN MICROBIOLOGY LAB

Laboratory solution

- Integrated controls of fume hoods, monitoring devices and value-added services
- Demand controlled ventilation of the laboratory rooms
- Controls and conditioning of the supply air in the primary plant
- Operation and monitoring of the facilities on management level
- Fast and reliable fire detectors sensing smoke, heat, flames and CO at an early stage
- Tightly controlled differential pressure to protect people from toxic substances and preventing cross-contamination
- Safe evacuation independent of the cause with clear automated audio and visual commands and opening of escape routes
- Integrated and flexible access control systems preventing unauthorized entry, reduce risk of contamination or product tampering and combine several sources of information (access control, HR records, historical access trends...)
- Intelligent video surveillance reliably monitors personnel flow, processes and procedures
- Integrated RFID functionality with Smart Access Cards for multiple tasks (e.g. encrypting emails, paying lunch in the cafeteria...)
- All can be integrated into a Danger Management System
- Performance testing and record keeping to document compliance of your laboratories, fume hoods and bio safety
- The solution supports requirements of the European standard EN 14175
- Compliant with global GxP standards as well as local regulations
- Application of regulatory compliance such as Good Laboratory Practices (GLP) and Electronic Records and Electronic Signatures (ER/ES)
- Guarantee of efficient and effective validation including user training and services during operation as well as maintaining the validated status.

Possible Questions

Part B (Two marks)

1. Define infection.
2. Define disease.
3. Define symptoms.
4. Define pathogen.
5. What is a parasite?
6. Define saprophytes.
7. Explain the commensals.
8. Define epidemic.
9. Define endemic.
10. Define pandemic.

Part C (Eight marks)

1. Explain the role of investigation of epidemic.
2. Explain in details about the types of carriers.
3. Comment on primary, secondary and re infection.
4. Write about the importance of quality control?
5. Explain role of QA.
6. Give the role of QC.
7. Explain in detail about the QC and microbiology.
8. Comment on infectious disease cycle.
9. Explain the types of infections.
10. What are the methods of infection?
11. Give the various sources of infection.
12. What are the steps in infectious disease cycle?

S.N o	Unit II	Opt 1	Opt 2	Opt 3	Opt 4	Answer
1	In Greek 'pathos means _____.	Suffering	violence	disease	infection	Suffering
2	The lodgement and multiplication of a parasite in or on the tissues of a host constitute _____	disease	infection	immunity	parasitism	infection
3	Initial infection with a parasite in a host is termed _____	primary	secondary	re-infection	nosocomial	primary
4	Subsequent infection by the same parasite in the host is termed _____ infection.	Primary	Secondary	Re-infection	Iatrogenic	Re-infection
5	When a new parasite sets up an infection in a host whose resistance is lowered by a preexisting infectious disease, this is termed _____ infection.	Primary	Secondary	Re-infection	Iatrogenic	Secondary
6	Infection or sepsis at localized sites is called _____ infection	Primary	Secondary	Focal	Iatrogenic	Focal
7	In a patient already suffering from a disease, a new infection is set up from another host or external source it is termed _____ infection.	Cross	Focal	Re-infection	Nosocomial	Cross
8	Cross infection occurring in hospitals are called _____ infection	Cross	Focal	. Re-infection		Nosocomial
9	Physicians induced infections are termed _____ infection	Iatrogenic	Focal	Nosocomial	Re-infection	Iatrogenic
10	When clinical effects are not apparent it is called _____ infection.	Atypical	Inapparent	Subclinical	Clinical	Inapparent
11	_____ infection is the one in which the typical or characteristic clinical manifestation of the particular infectious disease are not present.	Endogenous	Exogenous	Inapparent	Clinical	Inapparent
12	Some parasites, following infection may remain in the tissues in a hidden form proliferating and producing clinical disease termed _____ infection.	Endogenous	Exogenous	Latent	Atypical	Latent

13	A person who harbours the pathogenic microorganism without suffering from any ill effects because of it is called _____.	Patient	Carrier	Healthy person	Immunodeficient person	Carrier
14	A person one who harbours the pathogen but has never suffered from the disease caused by the pathogen is called _____.	Healthy carrier	Convalescent carrier	Contact carrier	Paradoxical carrier	Healthy carrier
15	A person who have recovered from the disease and continuous to harbour the pathogen inside the body is called _____ carrier.	Healthy	Convalescent	Contact	Paradoxical	Convalescent
16	The _____ carrier state lasts than six months	Acute	Temporary	Chronic	Healthy	Temporary
17	The term _____ carrier is applied to a person who acquires the pathogen from a patient.	Acute	Temporary	Contact	Paradoxical	Contact
18	The _____ carrier state lasts for several years.	Acute or chronic	Temporary	Contact	Paradoxical	Acute or chronic
19	The term _____ carrier refers to a person who acquires the pathogen from another carrier.	Healthy	Convalescent	Contact	Paradoxical	Paradoxical
20	Infectious diseases transmitted from animals to human being are called _____.	Zoonosis	Anoosis	Xanthosis	Phytosis	Zoonosis
21	When the pathogen multiplies in the body of the vector and then transmits the infection to humans are called _____ vector.	Mechanical	Biological vector	Healthy	Contact	Biological vector
22	Some pathogens are able to cross the placental carrier and infect the fetus in uterus. This is known as _____ transmission.	Congenital	Intracelaine	Vertical	Horizontal	Vertical
23	_____ is generally employed to refer to the ability of a microbial species to produce diseases.	Infection	Immunity	Pathogenicity	Virulence	Pathogenicity
24	_____ is applied to the same property in a strain of microorganism to produce disease.	Infection	Immunity	Pathogenicity	Virulence	Virulence
25	_____ is the science that evaluates the occurrence, determinants, distribution and	Epidemiology	Oncology	Infection	Physiology	Epidemiology

	control of health and disease in a defined human population.					
26	An individual who practices epidemiology is an _____.	Epidemiologist	Scientist	Investigator	Environmentalist	Epidemiologist
27	A _____ is an impairment of the normal state of an organism or any of its components that hinders the performance of vital components.	Health	Disease	Infection	Immunity	Disease
28	_____ is the condition in which the organism performs its vital functions normally.	Health	Disease	Infection	Immunity	Infection
29	When a disease occurs occasionally and at irregular intervals in a human population it is a _____ disease.	Epidemic	Endemic	Sporadic	Pandemic	Endemic
30	When the disease occurs at a steady low-level frequency at a moderately regular interval it is an _____ disease.	Epidemic	Endemic	Sporadic	Pandemic	Endemic
31	_____ disease gradually increase in the occurrence frequency beyond the endemic level but do not to the epidemic level.	hyperendemic	Epidemic	Endemic	Pandemic	hyperendemic
32	An _____ is a sudden increase in the occurrence of a disease above the expected level.	Epidemic	Endemic	sporadic	Pandemic	Pandemic
33	The first case in an epidemic is called _____	index case	infection	disease	outbreak	index case
34	A sudden unexpected occurrence of a disease in a limited segment of population is called _____	index case	Infection	disease	outbreak	outbreak
35	A _____ is an increase in disease occurrence within a large population over a very wide region.	epidemic	Endemic	Pandemic	Sporadic	Pandemic
36	The factors that influence the frequency of a disease in an animal population is known as	epizootiology	Zootiology	Epidemiology	Entamology	epizootiology
37	Moderate prevalance of a disease in animals is termed _____	epizootic	enzootic	panzootic	zoonoses	enzootic

38	A sudden outbreak of disease in animals is called _____	epizootic	enzootic	panzotic	zoonoses	panzotic
39	A wide dissemination of animals is called _____	epizootic	enzootic	panzootic	zoonoses	zoonoses
40	Animal disease that can be transmitted to humans are termed _____	epizootic	enzootic	panzootic	zoonoses	zoonoses
41	A _____ period is the period between pathogen entry and the expression of signs and symptoms.	incubation	survival	lag	log	incubation
42	The _____ is the period in which there is an onset of sign and symptoms.	incubation period	prodromal stage	survival period	death	prodromal stage
43	The _____ represents the events in the form of an intriguing epidemiological mystery story	infectious disease cycle	disease	infection	none	infectious disease cycle
44	_____ is an illness caused by a pathogen or its products that has been transmitted from an infected person or a reservoir.	communicable disease	epidemic	epidemic	none	communicable disease
45	The _____ is the time during which the source is infectious or is disseminating the pathogen.	incubation period	the period of infectivities	predormal stage	none	predormal stage
46	The water used in the lab is tested by _____ department.	Quarantine	GTL	Materials section	Dispatch	GTL
47	The Goods purchased is stored at _____	Dispatch section	Materials section	Quarantine section	Stock section	Quarantine section
48	The water used in laboratory is purified by _____ filter.	Catridge	Pad	Sintered glass	Earthen ware	Catridge
49	The monitoring of the lab environment is done by _____.	QA	QC	GTL	QB	QC
50	The microbial load of lab environment is tested by _____ method.	Settle plate	Pour plate	Spread plate	Streak plate.	Settle plate
51	The AHU stands for _____	Aerosol handling unit	Air handling unit	Atmosphere handling unit	Auto handling unit	Air handling unit
52	_____ controls the microbes in air.	Air pressure	a. Aerosol	Atmosphere	oxygen	Air pressure
53	The circulating air is filtered in lab by _____	Pad	Candle	HEPA	Catridge	HEPA

	_____ filter.					
54	The discard materials to be _____ before disposal.	Dissuaded	Dispenced	Decontaminate d	sterilized	Decontaminate d
55	Quality control checks the quality of the product based on the norms of _____	QA	QC	GTL	QB	QA
56	The proper disposal of biologicals helps to prevent _____	Epidemic	Endemic	Pandemic	Randamic	Epidemic
57	There is no single reliable test available to determine efficiency of a _____.	Antibiotics	Antiseptics	Disinfectants	Diluent.	Disinfectants
58	In the Rideal walker test typhoid bacilli is tested with _____	Phenol	Boron	Acid	Alcohol	Phenol
59	_____ is a product ketane and formaldehyde.	. HCL	BPL	TNT	SDS	BPL
60	QA stands for _____	Quality assurance	Quality association	Quality acceptance	Quality abolision.	Quality assurance

UNIT-III SYLLABUS

Morphology, cultural characteristics, antigenic property, pathogenecity, laboratory diagnosis and treatment. *Staphylococcus* sp., *Streptococcus* sp., *Bacillus* sp., *Corynebacterium* sp., *Clostridium* sp., *Mycobacterium* sp.

Introduction to Gram positive organisms

Gram-positive bacteria are those that are stained dark blue or violet by Gram staining. This is in contrast to Gram-negative bacteria, which cannot retain the crystal violet stain, instead taking up the counterstain (safranin or fuchsine) and appearing red or pink. Gram-positive organisms are able to retain the crystal violet stain because of their thick peptidoglycan layer, which is superficial to the cell membrane. This is in contrast to Gram-negative bacteria, which may have a thick or thin peptidoglycan layer that is located between two cell membranes.

Staphylococcus Sp.,

Morphology, cultural characteristics of *Staphylococcus*

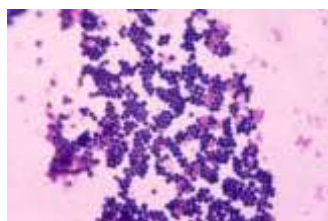
Staphylococcus aureus on Columbia agar with 5% defibrinated sheep blood (Bio-Rad™). Individual colonies on agar are round, convex, and 1-4 mm in diameter with a sharp border. On blood agar plates, colonies of *Staphylococcus aureus* are frequently surrounded by zones of clear beta-hemolysis. The golden appearance of colonies of some strains is the etymological root of the bacteria's name; aureus meaning "golden" in Latin.

Methicillin-resistant strains of *Staphylococcus aureus* (i.e. MRSA) often have only weak or no beta-hemolysis and special cultivation media with oxacillin, mannitol and NaCl for their isolation are used. MRSA is able to grow on this media and produce colonies of certain color, depending on used pH indicator.

Antigenic property of *Staphylococcus*

Toxins (hemolysins) – cytolytic, membrane-damaging toxins

- Alpha toxin (hemolysin) – 34 kD protein; principal hemolysin expressed by human strains of *S. aureus*. Toxin monomer binds to cell surface heptamer formation transmembrane channels. Hydrophobic molecule that inserts within the cell membrane of susceptible cells, forming pores. Most active against rabbit erythrocytes, but also active against human platelets. Inject alpha toxin IV -> hemolysis, dermonecrosis, lethality
- Beta toxin (hemolysin) produced commonly by animal strains of *S. aureus* and only by 10 – 20% of human isolates. Beta toxin is a sphingomyelinase C enzyme – catalyzes hydrolysis of membrane phospholipids.
- Gamma toxin (hemolysin). Mode of action – unknown.
- Delta toxin (hemolysin) is produced by most human strains of *S. aureus*. 10,000 to 100,000X less toxic than alpha toxin. Has detergent-like properties.



Microscopic view of *Staphylococcus*
Pathogenecity of *Staphylococcus*

Extracellular virulence factors:

Enzymes:

- Coagulases:
 - A. bound (**clumping factor**)
 - B. free (**coagulase-reacting factor**)
- Hyaluronidase: “spreading factor” of *S. aureus*
- Nucleases: *S. aureus*; Cleaves DNA (Dnase) and RNA (Rnase)
- Fibrinolysin: staphylokinase
- Lipases: esterases
- Penicillinase

Exotoxins:

Cytotoxins (hemolysins): cytopathic and cytolytic for a broad range of affected cells, including erythrocytes, leukocytes, macrophages, hepatocytes, lymphocytes, lymphoblasts, fibroblasts, neutrophils and platelets

- Alpha toxin
- Beta toxin: sphingomyelinase C (phospholipase)
- Delta toxin: detergent-like activity
- Gamma toxin: hemolytic activity
- Leukocidin
- Enterotoxins (A to E)
- Exfoliative toxin (epidermolytic toxin or exfoliatin) (A and B)
- Toxic shock syndrome toxin-1 (TSST-1) (formerly pyrogenic exotoxin C)
- Somatic virulence factors:
- Slime layer (capsule)

Protein A: binds Fc receptors of IgG, **Teichoic acid:** binds fibronectin

Laboratory diagnosis

Depending upon the type of infection present, an appropriate specimen is obtained accordingly and sent to the laboratory for definitive identification by using biochemical or enzyme-based tests. A Gram stain is first performed to guide the way, which should show typical Gram-positive bacteria, cocci, in clusters. Second, the isolate is cultured on mannitol salt agar, which is a selective medium with 7–9% NaCl that allows *S. aureus* to grow, producing yellow-colored colonies as a result of mannitol fermentation and subsequent drop in the medium's pH.

Furthermore, for differentiation on the species level, catalase (positive for all *Staphylococcus* species), coagulase (fibrin clot formation, positive for *S. aureus*), DNase (zone of clearance on Dnase agar), lipase (a yellow color and rancid odor smell), and phosphatase (a pink color) tests are all done. For staphylococcal food poisoning, phage typing can be performed to determine whether the staphylococci recovered from the food were the source of infection.

Treatment and Prevention:

- Drain infected area
- Deep/metastatic infections: semi-synthetic penicillins; cephalosporins, erythromycin or clindamycin
- Endocarditis: semi-synthetic penicillin plus an aminoglycoside
- Carrier status prevents complete control
- Proper hygiene, segregation of carriers from highly susceptible individuals
- Good aseptic techniques when handling surgical instruments

- Control of nosocomial infections

Streptococcus Sp.,

Morphology of *Streptococcus*

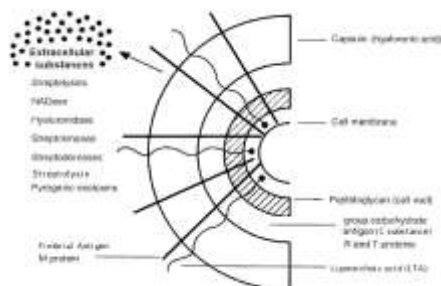
Streptococci are Gram-positive, nonmotile, nonsporeforming, catalase-negative cocci that occur in pairs or chains. Older cultures may lose their Gram-positive character. Most streptococci are facultative anaerobes, and some are obligate (strict) anaerobes. Most require enriched media (blood agar). Group A streptococci have a hyaluronic acid capsule.



Microscopic view of *Streptococcus*

Classification and Antigenic Types

Streptococci are classified on the basis of colony morphology, hemolysis, biochemical reactions, and (most definitively) serologic specificity. They are divided into three groups by the type of hemolysis on blood agar: β -hemolytic (clear, complete lysis of red cells), α hemolytic (incomplete, green hemolysis), and γ hemolytic (no hemolysis). Serologic grouping is based on antigenic differences in cell wall carbohydrates (groups A to V), in cell wall pili-associated protein, and in the polysaccharide capsule in group B streptococci.



Pathogenicity of Streptococcus

Group A streptococci are model extracellular gram-positive pathogens responsible for pharyngitis, impetigo, rheumatic fever, and acute glomerulonephritis. A resurgence of invasive streptococcal diseases and rheumatic fever has appeared in outbreaks over the past 10 years, with a predominant M1 serotype as well as others identified with the outbreaks. emm (M protein) gene sequencing has changed serotyping, and new virulence genes and new virulence regulatory networks have been defined. The emm gene superfamily has expanded to include antiphagocytic molecules and immunoglobulin-binding proteins with common structural features. At least nine superantigens have been characterized, all of which may contribute to toxic streptococcal syndrome. An emerging theme is the dichotomy between skin and throat strains in their epidemiology and genetic makeup. Eleven adhesions have been reported, and surface plasmin-binding proteins have been defined. The strong resistance of the group A *Streptococcus* to phagocytosis is related to factor H and fibrinogen binding by M protein and to disarming complement component C5a by the C5a peptidase. Molecular mimicry appears to play a role in autoimmune mechanisms involved in rheumatic fever, while nephritis strain-associated proteins may lead to immune-mediated acute glomerulonephritis. Vaccine strategies have focused on recombinant M protein and C5a peptidase vaccines, and mucosal vaccine delivery systems are under investigation.

Laboratory diagnosis of *Streptococcus*

Infective stages may be present in CSF, joint aspirates, blood, abscesses, aerosols, faeces, and urine.

Treatment

Treatment of abscesses usually does not need antibiotic therapy; appropriate drainage is usually sufficient. Proper antibiotic therapy is required for more serious infections.

Bacillus Sp.,

Morphology of *Bacillus*

The word *bacillus* (plural *bacilli*) may be used to describe any rod-shaped bacterium, and such bacilli are found in many different taxonomic groups of bacteria. However, the name *Bacillus*, capitalized and italicized, refers to a specific genus of bacteria. The name *Bacilli*, capitalized but not italicized, can also refer to a more specific taxonomic class of bacteria that includes two orders, one of which contains the genus *Bacillus*. *Bacilli* are usually solitary, but can combine to form diplobacilli, streptobacilli, and palisades.

Pathogenicity of *Bacillus*

B. anthracis possesses a capsule that is antiphagocytic and is essential for full virulence. The organism also produces three plasmid-coded exotoxins: edema factor, a calmodulin-dependent adenylate cyclase, causes elevation of intracellular cAMP, and is responsible for the severe edema usually seen in *B. anthracis* infections; lethal toxin is responsible for tissue necrosis; protective antigen (so named because of its use in producing protective anthrax vaccines) mediates cell entry of edema factor and lethal toxin.



Microscopic view of *Bacillus*

Laboratory diagnosis

The diagnosis of type based on morphology, affinity dye (sometimes very difficult to determine because some Gram-positive species appear only in old cultures a few hours), the study of respiratory type and the identification of a spore. As pointed out Logan and Turnbull, it is essential to establish that the suspect colonies are made up of gram-positive bacteria, sporulated and capable of growing in aerobically.

Prevention and treatment

A number of anthrax vaccines have been developed for preventive use in livestock and humans. Infections with *B. anthracis* can be treated with β -lactam antibiotics such as penicillin, and others which are active against Gram-positive bacteria.^[19] Penicillin-resistant *B. anthracis* can be treated with fluoroquinolones such as ciprofloxacin or tetracycline antibiotics such as oxytetracycline.

Corynebacterium Sp.,

Morphology of *Corynebacterium*

Corynebacterium diphtheriae is a pathogenic bacterium that causes diphtheria. It is also known as the **Klebs-Löffler bacillus**, because it was discovered in 1884 by German bacteriologists Edwin Klebs (1834 – 1912) and Friedrich Löffler (1852 – 1915). Four subspecies are recognized: *C. diphtheriae mitis*, *C. diphtheriae intermedius*, *C. diphtheriae gravis*, and *C. diphtheriae belfanti*. The four subspecies differ slightly in their colonial morphology and biochemical properties, such as the ability to metabolize certain nutrients, but all may be toxigenic (and therefore cause diphtheria) or non-toxigenic.

Corynebacterium diphtheriae produces Diphtheria toxin which alters protein function in the host by inactivating elongation factor (EF-2). This causes pharyngitis and 'pseudomembrane' in the throat.

The diphtheria toxin gene is encoded by a bacteriophage found in toxigenic strains, integrated into the bacterial chromosome.

Culture characteristic

In order to accurately identify *C. diphtheriae*, a Gram stain is performed to show gram-positive, highly pleomorphic organisms with no particular arrangement. Special stains like Albert's stain and Ponder's stain are used to demonstrate the metachromatic granules formed in the polar regions. The granules are called as polar granules, Babes Ernst Granules, Volutin, etc. An enrichment medium, such as Löffler's medium, is used to preferentially grow *C. diphtheriae*. After that, use a differential plate known as tellurite agar, which allows all *Corynebacteria* (including *C. diphtheriae*) to reduce tellurite to metallic tellurium. The tellurite reduction is colorimetrically indicated by brown colonies for most *Corynebacteria* species or by a black halo around the *C. diphtheriae* colonies.



Microscopic view of *Corynebacterium*

Antigenic Property

Corynebacterium diphtheriae is a nonmotile, noncapsulated, club-shaped, Gram-positive bacillus. Toxigenic strains are lysogenic for one of a family of corynebacteriophages that carry the structural gene for diphtheria toxin, *tox*. *Corynebacterium diphtheriae* is classified into biotypes (mitis, intermedius, and gravis) according to colony morphology, as well as into lysotypes based upon corynebacteriophage sensitivity. Most strains require nicotinic and pantothenic acids for growth; some also require thiamine, biotin, or pimelic acid. For optimal production of diphtheria toxin, the medium should be supplemented with amino acids and must be deferrated.

Pathogenesis *Corynebacterium*

Asymptomatic nasopharyngeal carriage is common in regions where diphtheria is endemic. In susceptible individuals, toxigenic strains cause disease by multiplying and secreting diphtheria toxin in either nasopharyngeal or skin lesions. The diphtheritic lesion is often covered by a pseudomembrane composed of fibrin, bacteria, and inflammatory cells. Diphtheria toxin can be proteolytically cleaved into two fragments: an N-terminal fragment A (catalytic domain), and fragment B (transmembrane and receptor binding domains). Fragment A catalyzes the NAD^+ -dependent ADP-ribosylation of elongation factor 2, thereby inhibiting protein synthesis in eukaryotic cells. Fragment B binds to the cell surface receptor and facilitates the delivery of fragment A to the cytosol.

Diagnosis

Clinical diagnosis depends upon culture-proven toxigenic *C. diphtheriae* infection of the skin, nose, or throat combined with clinical signs of nasopharyngeal diphtheria (e.g., sore throat, dysphagia, bloody nasal discharge, pseudomembrane).

Control

Immunization with diphtheria toxoid is extraordinarily effective. Diphtheria patients must be promptly treated with antitoxin to neutralize circulating diphtheria toxin.

Clostridium Sp.,

Morphology of *Clostridium*

Most *Clostridium* species decompose proteins or form toxins and some do both. Their natural habitat is the soil or intestinal tract as saprophytes. The important pathogenic species are:

- *Clostridium botulinum*: Causes botulism

- *Clostridium tetani*: Causes tetanus
- *Clostridium perfringens*: Causes gas gangrene
- Large anaerobic gram positive motile rods.
- The spore is usually wider than the rods.
- Spores are placed centrally, terminally, or subterminally according to the genus.

Cultural characteristics

Anaerobic culture conditions are established by one of the following:

Agar plates or culture tubes are placed in air tight jar from which air is removed and replaced by N and CO₂.

- Fluid media contain either:
- Fresh animal tissue (chopped meat)
- Reducing agent (Thioglycolate)



Gram's staining view of *Clostridium tetani*

Colony forms

Clostridium perfringens: Large raised colonies with entire margins.

Clostridium tetani: Smaller colonies with fine filaments.

Most Clostridia produce a zone of hemolysis on blood agar.

Growth characteristics of anaerobic microorganisms are:

- Unable to utilize O₂ as the final oxygen acceptor.
- Lack of cytochrome and cytochrome oxidase.
- Unable to break down hydrogen peroxide H₂O₂ because they lack catalase or peroxidase so H₂O₂ will accumulate to toxic conc. in the presence of O₂.

Clostridium botulinum

It causes botulism, infant's botulism, and rarely wound infection. It is found in soil and animal feces. The spores are subterminal highly resistant to heat. They resist boiling 3-5 hours. This resistance is diminished at acidic pH and salt. It produces toxin during life and autolysis of bacteria.

Pathogenesis of *Clostridium*

Botulism is intoxication. It results from ingestion of food in which *Clostridium botulinum* spores germinate and produce toxins under anaerobic conditions. These foods are spiced, smoked vacuum-packed, or canned alkaline foods (if eaten without smoking). The toxin acts by blocking the release of acetyl choline at synapses and neuromuscular junctions causing flaccid paralysis. Patients who recover don't develop an antitoxin in the blood.

Symptoms[within 18 – 24 hours]

- Visual disturbances
- Inability to swallow
- Speech difficulty
- Respiratory paralysis or cardiac arrest

Lab diagnosis

- Toxin can be detected in the patient serum and left over food.
- Mice are injected with the specimen and then neutralized by injections of antitoxin.
- Culture of food remains of its growth test for toxin production.

- Toxin is tested by hemoagglutination or radioimmunoassay (RIS).

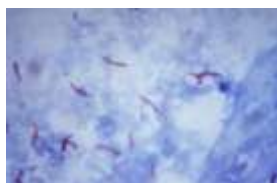
Treatment

- IV administration of antitoxin (trivalent antitoxin of types A, B, and E).
- Adequate ventilation by mechanical respirator. This will reduce mortality from 65% to 25%
- Infant botulism is recovered with supportive therapy alone.

Mycobacterium Sp.,

Morphology of Mycobacterium

Typical organisms: In tissue, tubercle bacilli are thin straight rods with variable morphology from one species to another. Mycobacteria cannot be classified as gram +ve or -ve. They are characterized by 'acid-fastness' i.e. 'acid-alcohol' quickly decolorizes all bacteria except the mycobacteria, acid-fastness depends on the integrity of the waxy envelope. The Ziehl-Neelsen technique of staining is employed for identification of acid-fast bacteria.



Microscopic view of *Mycobacterium*

Cultural characteristic of *Mycobacterium*

There are three general formulations that can be used for both the nonselective and the selective media:-

1. Semi-synthetic agar media (eg, Middlebrook 7H10 and 7H11) contain salts, vitamins cofactors, oleic acid, albumin, catalase, glycerol, glucose, and malachite green. Large inocula yield growth on these media in several weeks. These media may be less sensitive than other media for primary isolation of mycobacteria.
2. Inspissated egg media (eg, Lowenstein-Jensen) contain salts, glycerol, and complex organic substances (eg, fresh eggs, egg yolks, potato flour, and other ingredients). Malachite green is included to inhibit other bacteria. Small inocula in specimens from patients will grow on these media in 3-6 weeks. These media with added antibiotics are used as selective media.
3. Broth media: broth media (eg, Middlebrook 7H9 and 7H12) support the proliferation of small inocula. Mycobacteria grow in clumps or masses because of the hydrophobic character of the cell surface, and added antibiotics.

Growth characteristics:

- Mycobacteria are obligate aerobes.
- Increased CO₂ tension enhances growth.
- Biochemical activities are not characteristics, and the growth rate is much slower than that of most bacteria.
- Saprophytic forms tend to grow more rapidly, to proliferate well at 22-33 °C to produce more pigment, and to be less acid-fast than pathogenic forms.

Pathogenesis

Mycobacteria in droplets are inhaled and reach the alveoli. The disease results from establishment and proliferation of virulent organisms and interactions with the host. Resistance and hypersensitivity of the host greatly influence the development of the disease.

Diagnostic laboratory tests

A positive tuberculin test does not prove the presence of active disease due to tubercle bacilli.

- A. Specimens: consist of fresh sputum, gastric washings, urine, pleural fluid, C5F, joint fluid, biopsy material, blood, or other suspected material.
- B. Decontamination and Concentration of Specimens: Specimens from sputum with NaOH, neutralized with buffer, and concentrated by centrifugation. Used for acid-fast stains and for culture.
- C. Smears:
 - Examined for acid-fast bacilli by Ziehl-Neelsen staining.
 - Antigen Detection, serology and anti-gene detection (PCR)
 - The polymerase chain reaction holds great promise for the rapid and direct detection of M. tuberculosis in clinical specimens- the PCR test is approved for this use.

Antigen Detection, serology and anti-gene detection (PCR)

The polymerase chain reaction holds great promise for the rapid and direct detection of M.tuberculosis in clinical specimens- the PCR test is approved for this use.

Treatment

- Prompt and effective treatment of patients with active tuberculosis
- Drug treatment of asymptomatic tuberculin-positive persons (eg, children)-receive immunosuppressive drugs.
- Nonspecific factors may reduce host resistance include starvation, gastrectomy, and suppression of cellular immunity by drugs.
- Immunization: Various living avirulent tubercle bacilli, particularly BCG (Bacillus Calmette-Guerin, an attenuated bovine organism). Vaccination is a substitute for primary infection with virulent tubercle bacilli without the danger inherent in the latter given to children.
- The eradication of tuberculosis in cattle and the pasteurization of milk have greatly reduced M.bovis infections.

Possible Questions

Part B (Two marks)

1. Define pyogen.
2. Write about the morphology of *S.aureus*?
3. What are the cultural characteristics of *Staphylococcus*?
4. Write about the morphology of *Corynebacterium*?
5. Write about the morphology of *Streptococcus*?
6. Give the morphology of *Bacillus*.
7. Give the morphology of *Clostridium*.
8. Write about the morphology of *Mycobacterium*?
9. Comment on the biochemical property of *Streptococcus*.
10. Comment on the biochemical property of *Bacillus*.
11. Explain the antigenic property of *Bacillus*.

Part C (Eight marks)

1. Comment on the biochemical property of *Staphylococcus*.
2. Discuss the antigenic property of *Staphylococcus*.
3. Laboratory diagnosis of *S.aureus*.
4. Comment on the biochemical property of *Corynebacterium*.
5. Discuss the antigenic property of *Corynebacterium*.
6. Laboratory diagnosis of *Corynebacterium*.
7. Discuss the antigenic property of *Streptococcus*.
8. Laboratory diagnosis of *Streptococcus*.
9. Discuss the cultural characteristics of *Bacillus*.
10. Outline the Laboratory diagnosis of *Bacillus*.
11. Discuss the cultural characteristics of *Clostridium*.
12. Comment on the biochemical property of *Clostridium*.
13. Explain the antigenic property of *Clostridium*.
14. Outline the Laboratory diagnosis of *Clostridium*.
15. Comment on the biochemical property of *Mycobacterium*.
16. Discuss the antigenic property of *Mycobacterium*.
17. Write about the Laboratory diagnosis of *Mycobacterium*?

S.No	Unit III	Opt 1	Opt 2	Opt 3	Opt 4	Answer
1	species often resemble Staphylococcus	micrococcus	streptococcus	lactococcus	staphylococcus	streptococcus
2	established the pathogenic role of staphylococci in	pasteur	emil von behring	jenner	alexander ogston	alexander ogston
3	staphylococci can grow in the presence of 10% or more of	peptone	beef extract	NaCl	lactose	NaCl
4	is the selective medium for isolation of Streptococcus pyogenes	blood agar	PLET	nutrient agar	crystal violet blood agar	crystal violet blood agar
5	local infection of superficial layers of skin, especially in children is called	impetigo	pustule	hemorrhage	meningitis	impetigo
6	The test is used for the identification of Staphylococcus aureus isolates	slide coagulase test	tube coagulase test	Grams test	serum test	slide coagulase test
7	Streptococcus pyogenes are more sensitive to than other species.	amoxycillin	penicillin	erythromycin	bacitracin	bacitracin
8	the disease common in dockworkers carrying loads of skin and animals was known as	hide porter's disease	gas gangrene	edeme	toxemia	hide porter's disease
9	_____ strains usually secrete both coagulase and clumping factor.	micrococcus	streptococcus	staphylococcus aureus	E.coli	staphylococcus aureus
10	Vegetative cells of Bacilli are destroyed at _____ C in 30 min	60C	40C	20C	10C	60C
11	The spores of Bacillus anthracis were isolated from the infected soil after _____ years.	20	30	40	60	60
12	Lepra bacilli have been found to remain viable in moist soil for _____ days	100	80	46	20	46
13	The Lepra bacilli seen in large numbers as golbi inside Lepra cells is known as _____	Common disease	Multibacillary disease	Gas gangrene	Symptomatic disease	Multibacillary disease

14	_____ was the first effective chemotherapeutic agent against leprosy	rifampicin	clofazimine	ethionamide	dapsone	dapsone
15	_____ vaccine was used to prevent leprosy.	BCG	Polio vaccine	Leprosy vaccine	Rabies vaccine	BCG
16	The Lepra bacillus was first observed by _____	Jenner	Behring	Pasteur	Hansen	Hansen
17	The diphtheria bacillus was first observed by _____.	Pasteur	Hansen	Klebs	Loeffler	Klebs
18	Typing in Pneumococcus may be carried out by _____ reaction.	serum typing	Quellung	Bamboo-stick	stickland	Quellung
19	Corynebacterium exists in a _____ morphology	Rod	Cocci	Varied	Spindle shaped	Varied
20	On repeated subculture Pneumococci undergo a _____ variation.	smooth-rough	rough-smooth	smooth	rough	smooth-rough
21	_____ is always a secondary infection caused by any serotype of Pneumococcus.	meningitis	hemorrhage	paralysis	Broncho-pneumonia	Broncho-pneumonia
22	The strain used to produce the diphtheria toxin is _____	Bacillus Calmette	Park Williams 8 Strain	Park Williams 5 Strain	Bacillus Calmette 8 strain	Park Williams 8 Strain
23	The diagnostically important constant property of Pneumococcus is _____	Bile solubility	serum solubility	symptoms	pathogenicity	Bile solubility
24	The incubation period of Lepra bacilli ranges from _____ years	5 to 6	2 to 5	4 to 9	1 to 3	2 to 5
25	The BCG vaccine used to prevent leprosy was suggested by _____	Fernandez	Pasteur	Jenner	Hansen	Fernandez
26	Prevention of anthrax in animals is aided by _____	prophylaxis	treatment	active immunization	antibiotics	active immunization
27	_____ reaction is useful for the primary diagnosis of anthrax in animals.	M'Fadyean's	Quellung	Nagler	immunization	M'Fadyean's
28	Staphylococci are lysed under the influence of the drug _____	Penicillin	streptomycin	amoxycillin	dapsone	Penicillin
29	_____ is a typical of Staphylococcal infection	pus	edema	focal suppuration	impetigo	focal suppuration

30	Streptococcal sore throat is commonly called	sore throat	Strep.throat	infection	disease	sore throat
31	named the strains Staphylococcus aureus and S.albus.	Jenner	Behring	Rosenbach	Klebs	Rosenbach
32	Typical Staphylococci are seen in the stained smears of	pus	blood	stool	urine	pus
33	is the selective medium used for the isolation of Bacillus anthracis	PLET	blood agar	Mac-conkey	PDA	PLET
34	In cultures Bacillus were arranged end to end in a long chain gives a appearance	chain	Bamboo-stick	cluster	thread-like	Bamboo-stick
35	The of Corynebacterium was described by Von Behring.	exotoxin	antitoxin	size	shape	antitoxin
36	type of complications are most common in gravis type of Corynebacterium.	fever	headache	paralytic	nausea	paralytic
37	Food poisoning by Clostridium perfringens is usually caused by cold or warmed up dish.	fish	egg	soup	meat	meat
38	Pneumococci were first noticed by .	Nagler	Robert Hooke	Pasteur and Sternberg	Kleb and Loeffler	Pasteur and Sternberg
39	The toxin produced by virulent strain of diphtheria is known as .	exotoxin	endotoxin	antitoxin	toxin	exotoxin
40	The drug of choice for treating gas gangrene is .	Penicillin	streptomycin	metranidazole	Amoxycillin	metranidazole
41	The irregularly stained boat or leaf shaped Clostridium septicum is known as .	citron bodies	pleomorphs	irregular bodies	boat bodies	pleomorphs
42	The arrangement of diphtheria bacilli at various angles to each other resembling the letters V or L has been called as _____.	V shaped	L shaped	Chinese	Bamboo- stick	Chinese
43	The causative agent of gas gangrene is _____	streptococcus	micrococcus	Clostridium perfringens	Corynebacterium	Clostridium perfringens

44	Clostridium species can grow well in _____ broth	PLET	Robertson's cooked meat	PDA	Mac-conkey	Robertson's cooked meat
45	_____ dyes are used to stain Pneumococci.	Acidic dyes	Basic dyes	Neutral dyes	Aniline dyes	Aniline dyes
46	The most important antigen of Pneumococcus is _____	Type specific capsular polysaccharide	Type specific Nucleotide	Type specific antigen	Type specific antibody	Type specific capsular polysaccharide
47	When sputum is not available may be used for culturing Pneumococcus	blood	serum	serum coated laryngeal swabs	egg	serum coated laryngeal swabs
48	_____ is an antigenic component of the cell wall facilitates adhesion of the cocci to the host cell surface	lipopolysaccharide	teichoic acid	lactate	iron	teichoic acid
49	Staphylococcus cause _____	Tumour	Boils	Lesion	Fever	Lesion
50	Staphylococcus were first observed by _____	Vonreckling hausen	Ogsten	Passet	Pasteur	Vonreckling hausen
51	Staphylococcus citreus produce _____ colour	Red	Blue	Brown	Yellow	Yellow
52	Non virulent Staphylococcus is found in _____	Water	Hospital	. Skin	Hair	. Skin
53	Mannitol is fermented by _____ Staphylococcus	Virulant	Avirulant	Commensal	Normal flora	Virulant
54	Oil paint appearance is seen in _____ medium	Nutrient broth	Nutrient agar	Blood agar	Blood broth	Nutrient agar
55	In intoxication the disease is caused by _____	Toxoid	Tetroid	.Enzyme	Toxin	Toxin
56	Alpha haemolysis means _____	Complete	Irregular	. Partial	Nolysis	. Partial
57	Beeta haemolysis means _____	Complete	Irregular	Partial	Nolysis	Complete
58	Selective media for Staphylococcus _____	Manittol salt agar	Mac conkey agar	Blood agar	LJ agar	Manittol salt agar
59	Streptococcus shows	Alpha	Beta	Gamma	delta	Beta

	_____ type of haemolysis					
60	Pneumococcus habitate in the _____ part of human	Liver	Urinary tract	Respiratory tract	Bone marrow	Bone marrow

**UNIT-IV
SYLLABUS**

Morphology, cultural characteristics, antigenic property, pathogenecity, laboratory diagnosis and treatment. *E.coli*, *Klebsiella* sp., *Proteus* sp., *Pseudomonas* sp., *Vibrio* sp., *Salmonella* sp., *Shigella* sp., *Treponema* sp., *Leptospira* sp., *Neisseria* sp. and *Haemophilus* sp.

Escherichia coli

Morphology:

- *Escherichia coli* commonly abbreviated *E. coli* is a Gram-negative, rod-shaped bacterium that is commonly found in the lower intestine of warm-blooded organisms (endotherms).
- Strains that possess flagella are motile. The flagella have a peritrichous arrangement
- Capsules or microcapsules made of acidic polysaccharides .They may vary in their size. Capsules detected by light microscopy .Microcapsules by serological or chemical techniques



Fig: Gram negative rods- *E.coli*

Cultural Characteristics:

- a. *E. coli* is Gram-negative, facultative anaerobic and non-sporulating. Cells are typically rod-shaped, and are about 2.0 microns (μm) long and 0.5 μm in diameter, with a cell volume of 0.6 – 0.7 (μm).
- b. Ferments simple sugars such as glucose to form lactic, acetic, and formic acids.
- c. The optimum pH for growth is 6.0 to 8.0. However, growth can occur as low as pH 4.3 and as high as 9 to 10 pH
- d. Optimal growth temperature is 37°C
- e. After 18–24 h of incubation at 37°C, large (2–3 mm), circular, convex, and non pigmented colonies on nutrient and blood agar (Large thick greyish white moist smooth opaque or partially translucent discs)
- f. Some strains produce β hemolysis (hemolysin)
- g. Grow as large red colonies on MacConkey agar



Fig: Blood agar (smooth opaque)



Fig: MacConkey agar (large red colonies)

Antigenic structure:

- a. Approximately 170 different O antigens have been delineated and some of these are cross-reactive with *Shigella*, *Salmonella* and *Klebsiella*.
- b. Motile strains possess H (flagellar) antigens that can be used for epidemiologic purposes.
- c. *Escherichia* also possess K (capsular) antigens similar to the Vi antigen of *Salmonella*.
- d. Enterotoxigenic strains may also display colonization factor antigens (CFA/I, CFA/II).

Pathogenesis:

The pathogenic *E. coli* within each pathotype may be further classified as virotypes, based on the virulence genes that they possess. A virotype is a particular combination of virulence genes. Important virulence factors encoded by these genes include fimbrial adhesins, enterotoxins, cytotoxins, capsule, and lipopolysaccharide, or LPS. Pathogenic *E. coli* may also be differentiated by serotyping, based on antigenic differences in the O antigen of the LPS, in the flagellar or H antigens, and the fimbrial or F antigens.

Pathogenic infections include:

- a. Enteropathogenic (EPEC)
- b. Enteroinvasive (EIEC)
- c. Enterotoxigenic (ETEC)
- d. Vero cytotoxigenic (VTEC)
- e. Diffusely adherent (DAEC)
- f. Uropathogenic (UPEC)

Enteropathogenic *Escherichia coli* (EPEC)

Pathogenic bacteria contaminating the environment are ingested by susceptible animals and enter the intestinal tract (1). These bacteria possess fimbrial adhesins which mediate adherence to specific receptors on the intestinal epithelial cells (2). Resulting bacterial colonization is found mostly on the jejunal and or ileal mucosa. The adherent bacteria produce enterotoxins which stimulate water and electrolyte loss into the intestinal lumen (3), leading to dehydration and possibly death, and a decreased weight gain in surviving animals (4).

EIEC (Entero invasive *Escherichia coli*)

EIEC strains are invasive pathogens. The first step in this process is the attachment to the host cell. This induces rearrangements in the cytoskeleton of the cells and eventually leads to phagocytosis of the bacteria. The invasion plasmid antigen (Ipa) D is believed to be involved in adhesion. IpaB and IpaC seem to be essential for phagocytosis and for rupture of the phagocytic vesicle. Intercellular spread, which again involves continuous reorganization of the host cell actin filaments, is mediated by two proteins, IcsA (also called VirG) and IcsB, and ultimately leads to cell death.

VTEC (Verotoxigenic *Escherichia coli*)

Potentially pathogenic bacteria are ingested by cattle and other ruminants (1) and colonize the intestinal tract, but do not cause any disease in these animals. The bacteria are excreted in the feces and contaminate the environment, including the drinking and swimming water of the human population (2). There may also be contamination of foods such as fruits, vegetables, sprouts, lettuce, and raw milk and juice (3). There may be contamination of the carcass at slaughter, and bacteria will be mixed into ground beef. Persons in direct contact with animals, who are working on farms or in slaughter-houses, may also be contaminated by the bacteria (4). There may also be spread of bacteria from person to person (5). In humans, these bacteria colonize mostly the large intestine and cause similar attaching and effacing lesions to those described for AEEC (6). Bacteria produce their own specific receptor which is injected into the host epithelial cell via a syringe-like bacterial apparatus. A bacterial adhesin then mediates a very intimate

attachment of the bacteria to the cell receptors and bacterial signals stimulate effacement of the microvilli, or brush border, and reorganization of the cell cytoskeleton. The adherent bacteria produce a toxin which is transported across the epithelial cells to the circulation (7). This toxin acts on the endothelial cells of blood vessels, resulting in nonbloody to bloody diarrhea and abdominal cramps (8). There may be a complication of hemolytic uremic syndrome which may lead to acute kidney failure, especially in children.

Diffusely adherent *Escherichia coli* (DEAC)

Pathogenic bacteria contaminating the environment are ingested by susceptible animals and enter the intestinal tract (1). Focal to extensive bacterial colonization of small and large intestine is observed (2). Bacteria produce their own specific receptor which is injected into the host epithelial cell via a syringe-like bacterial apparatus. A bacterial adhesin then mediates a very intimate attachment of the bacteria to the cell receptors and bacterial signals stimulate effacement of the microvilli, or brush border, and reorganization of the cell cytoskeleton (3). The adherent bacteria also stimulate epithelial cell degeneration, and infiltration of PMN's in lamina propria. These cell changes may lead to the appearance of diarrhea (4).

Uropathogenic *Escherichia coli* (UPEC)

Potentially pathogenic bacteria contaminating the environment are ingested by susceptible animals and enter the intestinal tract or enter via the respiratory tract (chickens) (1). These bacteria are considered to be opportunistic pathogens, as they remain as part of the normal microflora and colonize intestinal, respiratory or other mucosal surfaces, possibly due to fimbrial adhesins (2). When the animal is weakened, such as following a viral infection, due to ingestion of mycotoxins, or when a newborn has not received enough colostrum, bacteria pass more readily through the mucosa to the circulation (3). These internalized bacteria can resist the lethal effects of complement and phagocytes (4) and persist and multiply in the system (5 also in part due to the production of aerobactin. The production of toxins by the bacteria may contribute to tissue damage (6). Release of endotoxins by dead bacteria, may trigger cytokine responses leading to shock and death of the animal (7). In localized infections, there may be bacterial interaction with extracellular matrices, leading to pneumonia, serositis, mastitis, urinary tract infection, etc. (8).

Clinical Features:

- a. Urinary tract infection- cystitis, pyelonephritis
- b. Wound infection- appendicitis, peritonitis
- c. Neonatal septicemia and meningitis
- d. E.coli-associated diarrheal disease

1. Enteropathogenic E.coli (EPEC)

- causes outbreaks of self-limiting infantile diarrhea
- they also cause severe diarrhea in adults
- antibiotic treatment shortens the duration of illness and cures diarrhea

2. Enteroinvasive E.coli (EIEC)

- Non-motile, non-lactose fermenting E.coli invade the mucosa of the ileum and colon, and causes shigellosis-like dysentery in children in developing

3. Enterotoxigenic E.coli (ETEC)

- Colonization factor of the organism promotes adherence to epithelial cells of small intestine followed by release of enterotoxin which causes toxin-mediated watery diarrhea in infants and young adults.
- It is an important cause of traveller's diarrhea
- Antibiotic prophylaxis can be effective but may increase drug resistance

4. Enterohaemorrhagic *E. coli* (EHEC)

- Cytotoxic verotoxin producing *E. coli* serotype O157:H7 causes haemorrhagic colitis (severe form of diarrhea), and hemolytic uremic syndrome characterized by acute renal failure, hemolytic anemia and low platelet count

5. Enterotoxigenic *E. coli* (ETEC)

- Adhere to human intestinal mucosal cells and produce ST-like toxin and hemolysin, and causes acute and chronic diarrhea in persons in developing countries
- Produce food-borne illness in developed

Laboratory diagnosis:

- **Specimen:** Urine, pus, blood, stool, body fluid
- **Smear:** Gram-negative rods
- **Culture:** Lactose-fermenting mucoid colonies on MacConkey agar and some strains are hemolytic on blood agar.
- **Biochemical reaction:** Produce indole from tryptophan-containing peptone water. Reduce nitrate to nitrite.
- **Serology:** For serotyping (Epidemiologic information)

Treatment:

- a. Base on antibiotic sensitivity pattern countries and travellers to these countries
- b. Antibiotic therapy is not generally recommended unless disease becomes life-threatening. Oral rehydration is the best treatment.
- c. New vaccines against fimbrial antigens are possible.

Prevention and control:

- **Sanitary:** As with other fecal-oral diseases, proper food handling and personal hygiene are the best means for preventing infection.

Immunological: New vaccines against fimbrial antigens are possible.

Klebsiella pneumoniae

Morphology:

- a. Gram negative rod, encapsulated, non-motile, non-spore forming, facultative anaerobic
- b. opportunistic pathogen belonging to the Enterobacteriaceae
- c. Reservoirs - Humans (normal flora of the skin, nasopharynx, oropharynx and GI tract), animals, water, soil
- d. Transmission by direct contact, fecal-oral, contaminated fomites

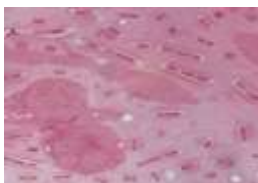


Fig: *K. pneumoniae* Gram-negative, short rods with parallel sides and rounded ends.

Cultural Characteristics:

- a. *K. pneumoniae* consists of straight rods 1 to 2 µm (micrometres) in length with a thick, surrounding capsule. When cultured, this species produces a distinctive yeasty odor and bacterial colonies have a viscous/mucoid appearance.
- b. In Nutrient agar— mucoid, circular, convex, small colonies
- c. MacConkey agar— mucoid, rose pink
- d. Biochemical reactions:

IMViC: - - - + TSI: Acid butt/acid slant with gas production\

- e. *K. pneumoniae* is lactose fermenting, H₂S- and indole-negative, has a positive Voges-Proskauer (VP) reaction, is capable of growth in KCN and using citrate as a sole carbon source, and is incapable of growth at 10°C.



Fig: *K.pneumoniae* on blood agar showed medium sized, grey colonies, which cause no alteration of the blood.



Fig: *K.pneumoniae* colonies.

on Mac Conkey agar plates showing Lactose fermenting

Antigenic structure:

Members of the *Klebsiella* genus typically express 2 types of antigens on their cell surface. The first, O antigen, is a component of the lipopolysaccharide (LPS), of which 9 varieties exist. The second is K antigen, a capsular polysaccharide with more than 80 varieties.^[3] Both contribute to pathogenicity and form the basis for serogrouping

Pathogenesis:

This pathogen possesses many virulence factors that allow it to go undetected by the host's immune system and cause infection in a variety of ways. Firstly, this species uses ferric-siderophore receptors of the host to activate their enterobactin-mediated iron-sequestering system, allowing for bacterial growth. Their thick polysaccharide capsule prevents ingestion by phagocytes and their somatic antigens from being detected by the host's antibodies. Also, serum *complement* activation is more difficult with the thick lipopolysaccharide capsule it possesses (Greenwood *et al.*, 2002). In fact, *K. pneumoniae* avoids damage by complement proteins by the extreme length of the molecules comprising the capsule, essentially allowing the lytic C5b-9 (complement) complex to form too far away from the membrane. This prevents opsonization and *membrane attack complex* (MAC) insertion, which leads to lysis of the bacterium .

Clinical Features:

Second most common cause of lobar pneumonia and pulmonary abscesses primarily caused by *K. pneumoniae*

- wound infections (primarily if burned, caused by all species of *Klebsiella*)
- cystitis (primarily if urinary catheter, caused by all species of *Klebsiella*)
- second most common cause of septicemia caused by all species of *Klebsiella*

Associated pneumonia

- Frequently associated with
 - Necrotic destruction of alveolar spaces
 - Production of blood-tinged sputum
- Can also cause wound, soft tissue, and urinary tract infections

Laboratory diagnosis:

The diagnosis of the infection is done in two ways

- Gram stain and culture
- Biochemical tests is required to identify the species

Treatment:

- third generation cephalosporins
- fluoroquinolones

Prevention and control:

- Although prevention of hospital acquired infections is difficult, meticulous hand washing best way to minimize transmission.

As yet, vaccines or hyperimmune sera are not available

Proteus vulgaris

Morphology:

- a. Gram negative rod, motile, non-spore forming, non-encapsulated, facultative anaerobic
- b. Opportunistic pathogen
- c. Reservoirs -Humans (normal flora of the GI tract), water, soil
- d. Transmission - Fecal-oral, direct contact, contaminated water.



Fig: *Proteus vulgaris*, a gram-negative bacterium is demonstrated by the red/pink colouration from the gram stain

Cultural Characteristics:

- a. The genus *Proteus* is classified in the **enteric bacteria**,
- b. Gram-negative rods and are **facultative anaerobes**:
- c. they ferment sugars in anaerobic conditions but can use a wide range of organic molecules in aerobic conditions.
- d. The cells are highly motile and often **swarm** across the surface of agar plates. Swarming gives rise to a very thin film of bacteria on the agar surface, but swarming periods are interspersed with periods when the cells stop and undergo a cycle of growth and division so that the colony has a distinct zonation, clearly
- e. It has the ability to degrade urea to ammonia, by production of the enzyme **urease**. This distinguishes them from the other enterics and is used in a simple diagnostic test.



Fig: Circular, smooth, entire, opaque colonies of *Proteus vulgaris* on a nutrient agar plate



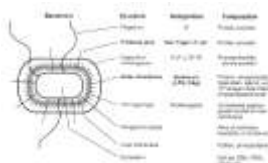
Fig (A): *P.vulgaris* swarming phenomena on agar media

Fig (B): Showing degradation of urea by *P. vulgaris*

Antigenic structure:

- a. Antigens possessed by these organisms include the H (flagellar), K (capsular) and O (somatic).

- b. Those organisms that possess fimbriae (common pili) use these appendages for adhesion purposes



Pathogenesis:

Adherence factors

Fimbriae - facilitate adherence and thus enhance the capacity of the organism to produce disease

Inflammatory response

IL-6/IL-8 secretion - attachment to uroepithelial cells initiates' secretion apoptosis and epithelial cell desquamation pyelonephritis - Bacterial production of urease increases risk bacteremia & sepsis - bacterial endotoxin (LPS)

Survival urease production - alkalinize the urine by hydrolyzing urea to ammonia makes proteus effective in producing an environment in which it can survive.



Fig: Sites of colonization and extraintestinal disease production by *Proteus vulgaris*

Clinical Features:

Wound infections

- bronchopneumonia
- cystitis and urolithiasis
- septicemia

Laboratory diagnosis:

Specimen: Urine, pus, blood, ear discharge

Smear: Gram-negative rods

Culture: Produce characteristic swarming growth over the surface of blood agar.

Ditching of culture media prevents spread of proteus species. Non-lactose fermenting colonies in mac conkey agar. Proteus species have a characteristic smell.

Biochemical reaction:

Proteus spp..... Urease positive

P. vulgaris..... Indole positive

Serology: Cross react with Weil-felix test

Treatment:

- Ciprofloxacin
- Ceftazidime
- Netilmicin
- Sulbactam or Cefoperazone
- Meropenem
- Piperacillin/tazobactam
- Unasyn

Antibiotics should be introduced in much higher doses than "normal" when *P. vulgaris* has infected the sinus or respiratory tissues. I.E.- Ciprofloxacin should be introduced at a level of at least 2000 mg per day orally in such a situation, rather than the "standard" 1000 mg per day.

Prevention and control:

- Sanitary:** Frequent hand-washing by staff and a general awareness of microbial presence can reduce hospital-acquired infections. Disinfectants are not always effective.
- Immunological:** There is the possibility of anti-serum or vaccine against these organisms but none are currently in use.

Chemotherapeutic: Moderate or broad spectrum antibiotics are generally useful. Susceptibility tests should be performed when appropriate.

Pseudomonas aeruginosa

Morphology:

- Gram negative rod, encapsulated, motile, non-spore forming, obligate aerobic bacteria 0.5 to 0.8 μm by 1.5 to 3.0 μm .
- opportunistic pathogen
- Reservoirs - humans (normal flora of the GI tract), water, soil
- Transmission - direct contact, droplet nuclei, contaminated water, contaminated soil contaminated fomites



Fig: Gram stain of *Pseudomonas aeruginosa* cells

Cultural Characteristics:

- Pseudomonads* are Gram negative rods.
- They are motile, nonfermentative aerobes
- Can utilize acetate for carbon and ammonium sulphate for nitrogen.
- Many species are resistant to high salt, dyes, weak antiseptics most antibiotics.
- P. aeruginosa* optimally at 37 °C, and it is able to grow at temperatures as high as at 42°C.



Fig: *Pseudomonas aeruginosa* in cetrimide agar

Antigenic structure:

- Exotoxin A
- Exoenzyme S

The cell envelope of *P aeruginosa*, which is similar to that of other Gram-negative bacteria, consists of three layers: the inner or cytoplasmic membrane, the peptidoglycan layer, and the outer membrane. The outer membrane is composed of phospholipid, protein, and lipopolysaccharide (LPS). The LPS of *P aeruginosa* is less toxic than that of other Gram-negative rods. The LPS of most strains of *P aeruginosa*

contains heptose, 2-keto-3-deoxyoctonic acid, and hydroxy fatty acids, in addition to side-chain and core polysaccharides. Recent evidence suggests that the LPS of a large percentage of strains isolated from patients with cystic fibrosis may have little or no polysaccharide side chain (O antigen), and that this finding correlates with the polyagglutinability of these strains with typing sera.

athogenesis

P. aeruginosa is infamously known for its ingenious mode of infection. Once this pathogen enters its host, it releases an exotoxin known as A-B toxin. This toxin is composed of two units, namely: A and B. Toxin B binds to the cell and is internalized; the A subunit, which is bound to the B subunit, has toxic activity and is also internalized. Exotoxin A then binds to a coenzyme inside the cell called *nicotinamide adenine dinucleotide* (NAD); NAD is involved in many cellular oxidation-reduction reactions. The binding of exotoxin releases the nicotinamide from *adenine dinucleotide* (ADP-ribose). This ADP-ribose unit stays attached to the A subunit. Exotoxin A transfers ADP-ribose to Elongation Factor-2, a protein involved in the translation and elongation of proteins. This, in turn, blocks protein synthesis in host cells, causing damaging to target tissues. Another way *P. aeruginosa* evades the immune system is by producing specialized microbial factors that inactivate the complement cascade. Recall that the complement system is a biochemical cascade that helps or 'complements' the ability of antibodies to clear pathogens from an organism in innate immunity. These enzymes known as *elastases* cleaves and destroys complement proteins, specifically C3a and C5a, resulting in a reduction in the local immune response to *P. aeruginosa* and favouring the establishment of infection.

In Healthy

- Endophthalmitis, keratitis and corneal ulcers (primarily if contact lenses)
- Otitis externa ("swimmer's ear")

In Immunocompromized

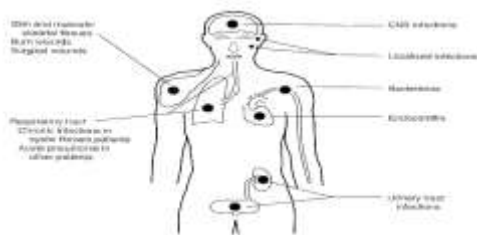
- Second most common cause of acute infectious endocarditis
- Wound infections (primarily if burned)
- Tracheobronchitis and bronchopneumonia (primarily if intubated)
- Chronic bronchopneumonia and severe progressive pulmonary abscesses (primarily if cystic fibrosis)
- Cystitis and pyelonephritis (primarily if catheterized)
- Meningitis (primarily if external ventricular drainage catheter) - septicemia

Laboratory diagnosis:

P. aeruginosa depends on its isolation and laboratory identification. It grows well on most laboratory media and commonly is isolated on blood agar plates or eosin-methylthionine blue agar. It is identified on the basis of its Gram morphology, inability to ferment lactose, a positive oxidase reaction, its fruity odor, and its ability to grow at 4 °C. Fluorescence under ultraviolet radiation helps in early identification of *P. aeruginosa* colonies and also is useful in suggesting its presence in wounds. Other pseudomonads are identified by specific laboratory tests.

Treatment –

- Extended spectrum penicillins in conjunction with aminoglycosides (due to high antibiotic resistance)



Prevention and control:

The spread of *P. aeruginosa* can best be controlled by observing proper isolation procedures, aseptic technique, and careful cleaning and monitoring of respirators, catheters, and other instruments. Topical therapy of burn wounds with antibacterial agents such as mafenide or silver sulfadiazine, coupled with surgical debridement, has dramatically reduced the incidence of *P. aeruginosa* sepsis in burn patients.

Pseudomonas aeruginosa is frequently resistant to many commonly used antibiotics. Although many strains are susceptible to gentamicin, tobramycin, colistin, and amikacin, resistant forms have developed, making susceptibility testing essential. The combination of gentamicin and carbenicillin is frequently used to treat severe *Pseudomonas* infections, especially in patients with leukopenia. Several types of vaccines are being tested, but none is currently available for general use.

Vibrio cholerae

Morphology:

- Gram negative curved rod (comma shaped), motile, non-spore forming, non-encapsulated, facultative anaerobic, facultative alkaliphilic bacteria.
- Obligate isotonic (may only survive in isotonic environments)
- Obligate pathogen
- Reservoirs - humans (not normal flora), water
- Transmission - fecal-oral, contaminated water, contaminated food

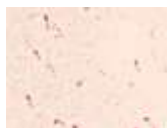


Fig: *Vibrio cholerae*. Leifson flagella stain

Cultural Characteristics:

- V. cholerae* is also motile due to its polar flagellum and makes ATP (an energy molecule) by aerobic respiration if oxygen is present, but is also capable of switching to fermentation - *facultative anaerobe*.
- Species belonging to the genus *Vibrio* are distinguished from *Enterobacteria* by their flagella, as well as being oxidase positive.
- They grow in temperatures around 37°C and can survive in conditions as low as 25°C.
- V. cholerae* generally require saltwater to grow properly, but a glucose medium is usually enough for their energy needs.

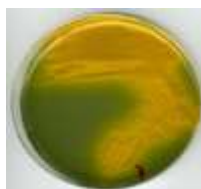


Fig: *Vibrio cholerae* colonies in TCBS(Thiosulfate Citrate Bile Sucrose) agar

Antigenic structure:

- Cholera
- LPS

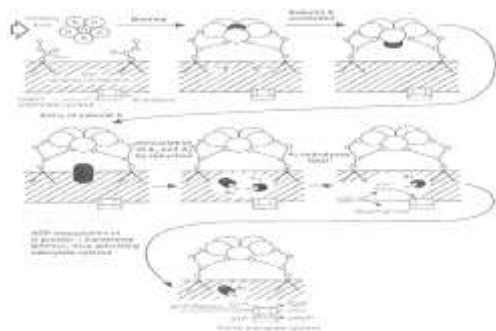


Fig: Mechanism of action of cholera enterotoxin

The enterotoxin works by activating adenylate cyclase in the epithelial cells. More specifically, it inhibits GTPase enzyme activity so that GDP (an inhibitory molecule) cannot replace the activated G protein which has GTP bound to it in its active state during signal transduction. The activated G protein goes on to activate adenylate cyclase, producing large amounts of another chemical compound called cAMP. cAMP then activates protein kinase A, an enzyme that induces several different cellular responses, including the release of ions. cAMP also opens plasma membrane calcium channels, so that large amounts of calcium are released into the intestines, leading to an increase in water loss. Cholera toxin modifies the G protein by adding an ADP-ribosyl group to it. This prevents the enzyme GTPase, as mentioned earlier, from hydrolyzing the activated the G protein to a deactivated state which has GDP bound to it, as opposed to GTP. As a result, if the G protein is constantly active, there is persistent activation of adenylate cyclase and, in turn, a nonregulated rise of intracellular cAMP.

Pathogenesis:

Cholera is transmitted by the fecal-oral route. Vibrios are sensitive to acid, and most die in the stomach. Surviving virulent organisms may adhere to and colonize the small bowel, where they secrete the potent cholera enterotoxin (CT, also called “cholera toxin”). This toxin binds to the plasma membrane of intestinal epithelial cells and releases an enzymatically active subunit that causes a rise in cyclic adenosine 5'-monophosphate (cAMP) production. The resulting high intracellular cAMP level causes massive secretion of electrolytes and water into the intestinal lumen.

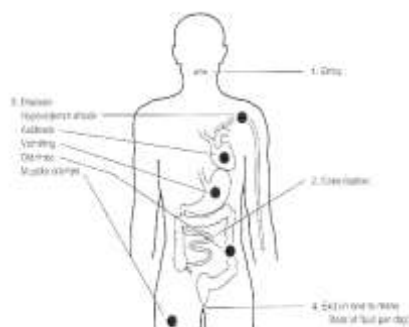


Fig: Pathophysiology of cholera

Clinical Features:

Cholera Gravis

- Severe watery diarrhea (>25 liter per day)
- May lead to hypovolemia " hypovolemic shock

- 50% mortality if untreated (within hours)
- Caused by Cholera Gravis infection of the GI tract " production and secretion of cholera toxin
- The syndrome of "cholera gravis" is characterized by "rice water" stool with volumes over 1L/hour leading to rapid dehydration and death.

Laboratory diagnosis:

The diagnosis is suggested by strikingly severe, watery diarrhea. For rapid diagnosis, a wet mount of liquid stool is examined microscopically. The characteristic motility of vibrios is stopped by specific antisomatic antibody. Other methods are culture of stool or rectal swab samples on TCBS agar and other selective and nonselective media; the slide agglutination test of colonies with specific antiserum; fermentation tests (oxidase positive); and enrichment in peptone broth followed by fluorescent antibody tests, culture, or retrospective serologic diagnosis. More recently the polymerase chain reaction (PCR) and additional genetically-based rapid techniques have been recommended for use in specialized laboratories.

Treatment:

Treatment of cholera consists essentially of replacing fluid and electrolytes. Formerly, this was accomplished intravenously, using costly sterile pyrogen-free intravenous solutions. The patient's fluid losses were conveniently measured by the use of buckets, graduated in half-liter volumes, kept underneath an appropriate hole in an army-type cot on which the patient was resting. Antibiotics such as tetracycline, to which the vibrios are generally sensitive, are useful adjuncts in treatment. They shorten the period of infection with the cholera vibrios, thus reducing the continuous source of cholera enterotoxin; this results in a substantial saving of replacement fluids and a markedly briefer hospitalization.

Prevention and control:

Control by sanitation is effective but not feasible in endemic areas. A good vaccine has not yet been developed. A parenteral vaccine of whole killed bacteria has been used widely, but is relatively ineffective and is not generally recommended. An experimental oral vaccine of killed whole cells and toxin B-subunit protein is less than ideal. Living attenuated genetically engineered mutants are promising, but such strains can cause limited diarrhea as a side effect. Antibiotic prophylaxis is feasible for small groups over short periods.

Salmonella enterica (typhi)

Morphology:

- Gram negative rod, encapsulated, motile, non-spore forming, facultative anaerobic, facultative intracellular, facultative alkaliphilic bacteria.
- Obligate pathogen
- Reservoirs -Humans (only reservoir, not normal flora)
- Transmission - direct contact, fecal-oral, contaminated water, contaminated food



Fig: *Salmonella typhi* gram negative rods

Cultural Characteristics:

- Coliform bacilli (enteric rods)
- Motile gram-negative facultative anaerobes
- Non-lactose fermenting
- Resistant to bile salts
- H₂S producing

Antigenic structure:

As with all *Enterobacteriaceae*, the genus *Salmonella* has three kinds of major antigens with diagnostic or identifying applications: somatic, surface, and flagellar.

Somatic (O) or Cell Wall Antigens

Somatic antigens are heat stable and alcohol resistant. Cross-absorption studies individualize a large number of antigenic factors, 67 of which are used for serological identification. O factors labeled with the same number are closely related, although not always antigenically identical.

Surface (Envelope) Antigens

Surface antigens, commonly observed in other genera of enteric bacteria (e.g., *Escherichia coli* and *Klebsiella*), may be found in some *Salmonella* serovars. Surface antigens in *Salmonella* may mask O antigens, and the bacteria will not be agglutinated with O antisera. One specific surface antigen is well known: the Vi antigen. The Vi antigen occurs in only three *Salmonella* serovars (out of about 2,200): Typhi, Paratyphi C, and Dublin. Strains of these three serovars may or may not have the Vi antigen.

Flagellar (H) Antigens

Flagellar antigens are heat-labile proteins. Mixing salmonella cells with flagella-specific antisera gives a characteristic pattern of agglutination (bacteria are loosely attached to each other by their flagella and can be dissociated by shaking). Also, anti-flagellar antibodies can immobilize bacteria with corresponding H antigens.

Pathogenesis:

Enteric Fevers

- a. *S. typhi* causes **typhoid fever**
S. paratyphi A, B (*S. schottmuelleri*) and *C* (*S. hirschfeldii*) cause milder form of enteric fever
- b. **Infectious dose** = 10⁶ CFU
- c. **Fecal-oral route of transmission**
 - i. Person-to-person spread by chronic carrier
 - ii. Fecally-contaminated food or water
- d. **10-14 days incubation period**
- e. Initially signs of **sepsis/bacteremia** with **sustained fever** (delirium) for > one week before abdominal pain and **gastrointestinal symptoms**
- f. **Invasiveness**
 - i. Pass through intestinal epithelial cells in ileocecal region, infect the regional lymphatic system, invade the bloodstream, and infect other parts of the reticuloendothelial system
 - ii. Organisms are phagocytosed by macrophages and monocytes, but survive, multiply and are transported to the liver, spleen, and bone marrow where they continue to replicate
 - iii. Second week: organisms reenter bloodstream and cause prolonged bacteremia; biliary tree and other organs are infected; gradually increasing sustained fever likely from endotoxemia
 - iv. Second to third week: bacteria colonize gallbladder, reinfect intestinal tract with diarrheal symptoms and possible necrosis of the Peyer's patches

Clinical Features:

Typhoid Fever

- "Enteric fever"
- Enterocolitis (high fever, headache, abdominal pain, vomiting and watery diarrhea) and mesenteric lymphadenitis ("mock appendicitis") " abdominal rash ("rose spots"), hepatosplenomegaly and generalized lymphadenomegaly

- caused by phagocytosis of *Salmonella Typhi* by macrophages of the gut-associated lymphoid tissue ("GALT") " survival of *Salmonella typhi* within the macrophages " dissemination of *Salmonella typhi* in virtually every lymphoid organ

Laboratory diagnosis:

The diagnosis of salmonellosis requires bacteriologic isolation of the organisms from appropriate clinical specimens. Laboratory identification of the genus *Salmonella* is done by biochemical tests; the serologic type is confirmed by serologic testing. Feces, blood, or other specimens should be plated on several nonselective and selective agar media (blood, MacConkey, eosin-methylene blue, bismuth sulfite, *Salmonella-Shigella*, and brilliant green agars) as well as into enrichment broth such as selenite or tetrathionate. Any growth in enrichment broth is subsequently subcultured onto the various agars. The biochemical reactions of suspicious colonies are then determined on triple sugar iron agar and lysine-iron agar, and a presumptive identification is made. Biochemical identification of salmonellae has been simplified by systems that permit the rapid testing of 10–20 different biochemical parameters simultaneously. The presumptive biochemical identification of *Salmonella* then can be confirmed by antigenic analysis of O and H antigens using polyvalent and specific antisera. Fortunately, approximately 95% of all clinical isolates can be identified with the available group A-E typing antisera. *Salmonella* isolates then should be sent to a central or reference laboratory for more comprehensive serologic testing and confirmation.

Treatment:

Enteric fever and bacteremia require antibiotic treatment: chloramphenicol, ampicillin, trimethoprim-sulfamethoxazole. Surgical drainage of metastatic abscesses may be required

Prevention and control:

Effective vaccines exist for typhoid fever but not for non-typhoidal salmonellosis. Those diseases are controlled by hygienic slaughtering practices and thorough cooking and refrigeration of food.

- Antibiotics to avoid carrier state**
- Identify & treat carriers** of *S. typhi* & *S. paratyphi*
- Vaccination** can reduce risk of disease for **travellers in endemic areas**

Shigella dysenteriae

Morphology:

- Gram negative rod, non-encapsulated, non-motile, non-spore forming, facultative anaerobic intracellular
- Obligate pathogen
- Reservoirs - Humans (only reservoir, not normal flora)
- Transmission- direct contact, fecal-oral, vectorial (flies), contaminated water, contaminated food.

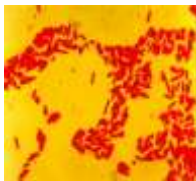


Fig: *Shigella dysenteriae* cultured in Gram stain

Cultural Characteristics:

- Coliform bacilli (enteric rods)
- Nonmotile gram-negative facultative anaerobes
- Does not ferment lactose
- Gas is not produced from glucose fermentation
- IMViC is -+--

- Does not produce lysine decarboxylase
- H₂S and urease negative
- Four species
 - i. *Shigella sonnei* (most common in industrial world)
 - ii. *Shigella flexneri* (most common in developing countries)
 - iii. *Shigella boydii*
 - iv. *Shigella dysenteriae*
- Non-lactose fermenting
- Resistant to bile salts



Fig: *Shigella dysenteriae* Non lactose fermenting colonies in Mac Conkey Agar plate

Antigenic structure:

Shiga toxin causes hemorrhagic bacillary dysentery and hemolytic-uremic syndrome

- Enterotoxigenic, neurotoxic and cytotoxic
- Encoded by chromosomal genes
- Two domain (A-B) structure
- Similar to the Shiga-like toxin of enterohemorrhagic *E. coli* (EHEC)

NOTE: except that Shiga-like toxin is encoded by lysogenic bacteriophage

Pathogenesis:

Shigellosis

Two-stage disease:

➤ Early stage:

- **Watery diarrhea** attributed to the **enterotoxigenic activity of Shiga toxin** following ingestion and **noninvasive colonization**, multiplication, and production of enterotoxin in the **small intestine**
- **Fever** attributed to **neurotoxic activity** of toxin

➤ Second stage:

- Adherence to and tissue **invasion of large intestine** with typical symptoms of **dysentery**
- **Cytotoxic activity** of Shiga toxin increases severity

Enterotoxigenic Effect:

- Adheres to **small intestine receptors**
- **Blocks absorption** (uptake) of **electrolytes, glucose, and amino acids** from the intestinal lumen

Note: This contrasts with the effects of **cholera toxin** (*Vibrio cholerae*) and labile toxin (LT) of enterotoxigenic *E. coli* (ETEC) which act by **blocking absorption of Na⁺**, but also cause **hypersecretion of water and ions** of Cl⁻, K⁺ (low potassium = hypokalemia), and HCO₃⁻ (loss of bicarbonate buffering capacity leads to metabolic acidosis) out of the intestine and into the lumen

Cytotoxic Effect:

- B subunit of Shiga toxin binds host cell glycolipid
- A domain is internalized via receptor-mediated endocytosis (coated pits)
- Causes irreversible inactivation of the 60S ribosomal subunit, thereby causing:

- Inhibition of protein synthesis
- Cell death
- Microvasculature damage to the intestine
- Hemorrhage (blood & fecal leukocytes in stool)

Neurotoxic Effect: Fever, abdominal cramping are considered signs of neurotoxicity

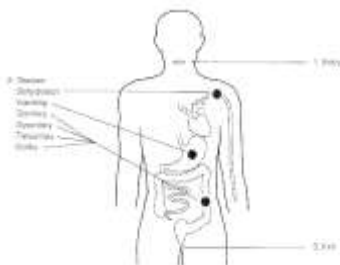


Fig: Pathogenesis of shigellosis in humans

Clinical Features:

Bacillary Dysentery

- low-grade fever, abdominal cramps, abdominal pain, vomiting and purulent hemorrhagic diarrheaspontaneously resolves in < 1 week
- primarily occurs in children and elderly
- analogous to hemorrhagic colitis
- caused by *Shigella* infection of the GI tract " production and secretion of shiga toxin " necrosis of the enterocytes
- Some cases were accompanied by hemolytic uremic syndrome (HUS).

Laboratory diagnosis:

- **Specimens:** fresh stool, mucus flecks, and rectal swabs. Large numbers of fecal leukocytes and some RBC may often be seen microscopically.
- **Culture:** differential and selective media as used for salmonellae.

Treatment:

- broad spectrum penicillins in conjunction with oral fluid and electrolyte replacement (if bacillary dysentery)
- broad spectrum penicillins in conjunction with careful oral fluid and electrolyte replacement (if hemolytic-uremic syndrome, due to occlusion of the glomeruli)

Prevention and control:

Humans are the only reservoir for shigellae.

- Transmission of shigellae: water, food, fingers, feces, and flies.
- Most cases occur in children under 10 years of age.
- Prevention and control of dysentery:
 - Sanitary control of water, food and milk; sewage disposal; and fly control.
 - Isolation of patients and disinfection of excreta.
 - Detection of subclinical cases and carriers.

Treponema pallidum

Morphology:

- a. Gram negative spirochete (helically-coiled cell), motile, non-spore forming, non-encapsulated microaerophilic bacteria, 6 to 15 µm long and 0.1 to 0.2 µm wide.

- b. obligate intracellular pathogen
- c. Reservoirs -Humans (only reservoir, not normal flora)
- d. Transmission - direct contact, sexual, perinatal
- e. Too thin to be seen with light microscopy in specimens stained with Gram stain or Giemsa stain
- f. Motile spirochetes can be seen with **darkfield microscopy**
- g. Staining with **anti-treponemal antibodies labeled with fluorescent dyes**

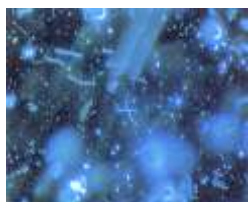


Fig: Darkfield Microscopy of *Treponema pallidum*

Cultural Characteristics:

- a. The *Treponema* are motile, helically coiled organisms having a corkscrew-like shape,.
- b. They stain very poorly because their thickness approaches the resolution of the light microscope.
- c. *Treponema* are delicate organisms requiring pH in the range 7.2 to 7.4, temperatures in the range 30°C to 37°C and a microaerophilic environment.
- d. The structure of these organisms is somewhat different: the cells have a coating of glycosaminoglycans, which may be host-derived, and the outer membrane covers the three flagella that provide motility.
- e. In addition, the cells have a high lipid content (cardiolipin, cholesterol), which is unusual for most bacteria. Cardiolipin elicits "Wassermann" antibodies that are diagnostic for syphilis.
- f. Multiplication is by binary transverse fission.
- g. Treponemes have not yet been cultured in vitro.

Antigenic structure:

- Outer membrane proteins promote adherence
- Hyaluronidase may facilitate perivascular infiltration
- Antiphagocytic coating of fibronectin
- Tissue destruction and lesions are primarily result of host's immune response (immunopathology)

Pathogenesis:

Humans are the only natural host for *T pallidum* subsp *pallidum*, and infection occurs through sexual contact. The organisms penetrate mucous membranes or enter minuscule breaks in the skin. In women the initial lesion is usually on the labia, the walls of the vagina, or the cervix; in men it is on the shaft or glans of the penis. A chancre also may occur on lips, tongue, tonsils, anus, or other skin areas. The observation, made in a number of in vitro studies, that *T pallidum* subsp *pallidum* and subsp *pertenue* specifically attach to numerous cell types is believed to reflect the ability of these bacteria to infect diverse tissues and organs. To disseminate away from the site of initial entry, organisms must traverse the viscous ground substance between tissue cells. There is evidence that *Treponema pallidum* subsp *pallidum* elaborates an enzyme capable of degrading hyaluronic acid within the ground substance, thereby potentially facilitating hematogenous dissemination of organisms.

Clinical Features:

Primary Syphilis

- a single small painless depressed ulcer with elevated margins ("chancre") at the site of initial infection, fever, headache, anorexia and local lymphadenomegaly

- primarily occurs on the external genitalia, periorally (if oral intercourse) or perianally (if anal intercourse)
- occurs 3-6 weeks after initial infection
- spontaneously resolves in 3-6 weeks
- caused by *Treponema pallidum* infection of the skin
- may progress to secondary syphilis

Secondary Syphilis

- small flat erythematous rashes of the palms and soles, small painless papules (“condyloma lata”) of the groin and axilla, and generalized lymphadenomegaly
- occurs 12-18 weeks after initial infection
- spontaneously resolves in 3-6 weeks
- caused by *Treponema pallidum* septicemia
- may progress to tertiary syphilis

Tertiary Syphilis

- nodular well circumscribed caseating granulomas (“gummas”) of the skin, liver and bone, obliterative endarteritis of the vasa vasorum leading to aortic aneurysm (“cardiovascular syphilis”), meningitis, obliterative endarteritis of the cerebral arteries leading to cerebral infarct, and permanent central neuronal damage leading to general paresis and tabes dorsalis (“neurosyphilis”)
- occurs 3-15 years after initial infection
- occurs in 30% of untreated patients
- caused by *Treponema pallidum* accumulation in tissues

Early Congenital Syphilis

- small flat erythematous rashes of the palms and soles, condylomata of the groin and axilla, osteitis, rhinitis (snuffles”), hepatosplenomegaly and generalized lymphadenomegaly
- occurs immediately after birth
- spontaneously resolves in 1-3 weeks
- caused by intrauterine *Treponema pallidum* infection "

***Treponema pallidum* septicemia**

- may progress to late congenital syphilis

Late Congenital Syphilis

- gummas (see above) of the cartilage of the nose, the bone of the hard palate and the teeth leading to deformation of the face (“bulldog facies”), gummas of the tibia and fibula leading to deformation of the legs (“saber shins”), and neurosyphilis
- occurs 1-3 years after birth
- caused by *Treponema pallidum* accumulation in tissues

Laboratory diagnosis:

Tests: After the examination, a blood test for syphilis will be done. Besides this you may be tested for other sexually transmitted infections, including HIV.

Blood test:

Infection with syphilis causes your body to make antibodies against the syphilis bacteria. When your blood is tested, it may show the antibodies that are present. A positive result means that you either have the infection or have had it in the past (the antibodies persist in the body for years; even after successfully treatment of an infection). If the blood test is negative, it does not necessarily mean that you are not

infected. The antibodies against syphilis bacteria may not be detected for up to three months after infection. Your doctor may advise repeat test after three months to confirm the diagnosis. Blood test for syphilis is done in every pregnant woman as the infection can affect the baby (it can result in death of the foetus or newborn baby or cause other complications). The test is usually done at weeks 11-20 of pregnancy. The common blood tests done for syphilis include:

- RPR (rapid plasma reagin).
- VDRL (venereal disease research laboratory).
- FTA-ABS (fluorescent treponemal antibody absorption) or MHA-TP (microhemagglutination assay for T pallidum).

Swab: If the patient has sores the doctor will take a sample from the sore and examine it under a microscope (perform a dark-field microscope examination). The test is useful in the primary and also sometimes in the secondary phase of infection.

Spinal fluid examination: During the tertiary phase, the examination of a sample of spinal fluid obtained by spinal puncture may be done to check for infection and to measure the success of treatment.

Treatment:

- a. Recommended regimen:
 - i. Benzathine penicillin G 2.4 million units IM once
- b. Non-pregnant penicillin-allergic adults *
- c. Data to support the use of alternatives to penicillin are limited and if used, close follow-up is essential
 - i. Doxycycline 100mg orally twice daily for two weeks or
 - j. Tetracycline 500mg orally 4 times a day for two weeks or
 - k. Adherence is poor (i.e., dosing and gastrointestinal effects)
 - l. Ceftriaxone 1 g IM daily x 8-10 d or
 - m. (Azithromycin 2 g po)...not recommended in CA
- d. Efficacy in HIV + persons not studied so use with caution

Prevention and control:

- a. Sanitary: As with other sexually transmitted diseases (STDs), use of a condom helps prevent infection.
- b. Immunological: None are available.
- c. Chemotherapeutic: Benzathine penicillin (long acting) or penicillin G are the drugs of choice. One must be aware of a possible Jarisch-Herxheimer reaction following treatment of secondary or tertiary syphilis, however. The rapid release of treponemal antigens after lysis by penicillin can cause hypersensitivity reactions in some persons.

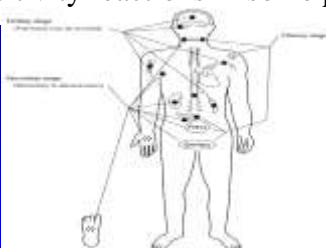
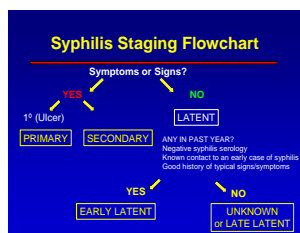


Fig: Clinical manifestations of syphilis

Leptospira Sp.,

Leptospirosis is a zoonosis of worldwide distribution. It is caused by spirochetes of the genus *Leptospira*. The traditional classification system is based on biochemical and serologic specificity to differentiate between the pathogenic species, *Leptospira interrogans*, and the free-living nonpathogenic species,

Leptospira biflexa. The species are further broken down to more than 200 serovars of *L interrogans* and more than 60 serovars of *L biflexa*. The serovars are further organized into serogroups of *L interrogans* and serogroups of *L biflexa*. The serogroups are based on shared antigenicity and are primarily for laboratory use. A second classification system is based on DNA–DNA hybridization studies, which have demonstrated a high degree of heterogeneity within the two species of the traditional classification. Phylogenetic analysis based on 16S rRNA gene sequencing indicates that there are three clades of leptospires, pathogens, saprophytes, and some of uncertain pathogenicity. The 19 species (13 pathogenic and six saprophytic) do not correspond to the species in the traditional serologic classification. Indeed, some serovars in the traditional classification occur in multiple species in the molecular classification, and the serologic classification cannot be used to predict the molecular classification. Under the new classification, the species are further subdivided into 24 serogroups and 250 serovars based on the surface lipopolysaccharide.

Leptospira (Greek *leptos*, "fine, thin" and Latin *spira*, "coil") is a genus of spirochaete bacteria, including a small number of pathogenic and saprophytic species. *Leptospira* was first observed in 1907 in kidney tissue slices of a leptospirosis victim who was described as having died of "yellow fever."

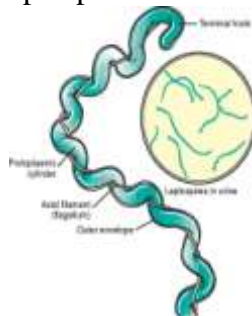


Fig: Morphology of *Leptospira*

Morphology

- Spiral-shaped bacteria
- Delicate, flexible, helical rods
- Actively motile and hooked ends
- 6-20 μm long and 0.1 μm in diameter with a wavelength of about 0.5 μm .
- They are so thin, live *Leptospira* are best observed by darkfield microscopy.



Fig: *Leptospira* under dark field microscope

Cultural characteristics

- Temperature:
 - Optimum temperature range: 28-30°C; extreme range: 11-42°C
 - Growth at 11-13°C has been proposed as a phenotypic test for *L. biflexa*
 - Pathogens grow in mammalian host at febrile body temperature; in chick embryos and young chicks at 40-42°C
- pH range: 6.5-8.4
- Growth:
 - It is an obligate anaerobe

- Leptospire grow best under aerobic conditions at 28–30°C in semisolid medium (eg, Ellinghausen-McCullough-Johnson- Harris EMJH) in 10 mL test tubes with 0.1% agar and 5-fluorouracil
- Leptospira strain grow slowly, Colonies can take from 3-7 days to 3 weeks to appear
- Routinely grow in liquid media at 30°C with a doubling time of 6-8h under optimum condition
- Leptonema grows rapidly in medium reach maximum density on incubation for 18-72h at 30°C
- Growth Requirements:
Leptospirae derive energy from oxidation of long-chain fatty acids and cannot use amino acids or carbohydrates as major energy sources. Ammonium salts are a main source of nitrogen. Leptospirae can survive for weeks in water, particularly at alkaline pH.

Antigenic Structure:

The main strains (“serovars”) of *L interrogans* isolated from humans or animals in different parts of the world are all serologically related and exhibit crossreactivity in serologic tests. This indicates considerable overlapping in antigenic structure, and quantitative tests and antibody absorption studies are necessary for a specific serologic diagnosis. The outer envelope contains large amounts of lipopolysaccharide of antigenic structure that is variable from one strain to another. This variation forms the basis for the serologic classification of the *Leptospira* species. It also determines the specificity of the human immune response to leptospirae.

Principal Leptospiral Diseases

Leptospira Serogroups	Source of Infection	Disease in Humans	Clinical Findings	Distribution
Autumnalis	?	Pretibial fever or Ft. Bragg fever	Fever, rash over tibia	United States, Japan
Ballum	Mice	—	Fever, rash, jaundice	United States, Europe, Israel
Bovis	Cattle, voles	—	Fever, prostration	United States, Israel, Australia
Canicola	Dog urine	Infectious jaundice	Influenza-like illness, aseptic meningitis	Worldwide
Grippotyphosa	Rodents, water	Marsh fever	Fever, prostration, aseptic meningitis	Europe, United States, Africa
Hebdomadis	Rats, mice	7-day fever	Fever, jaundice	Japan, Europe
Icterohaemorrhagiae	Rat urine, water	Weil disease	Jaundice, hemorrhages, aseptic meningitis	Worldwide
Mitis	Swine	Swineherd's disease	Aseptic meningitis	Australia
Pomona	Swine, cattle	Swineherd's disease	Fever, prostration, aseptic meningitis	Europe, United States, Australia

Pathogenesis and Clinical Findings

Human infection usually results from leptospire, often in bodies of water, entering the body through breaks in the skin (cuts and abrasions) and mucous membranes (mouth, nose, conjunctivae). Ingestion is considered to be less important. After an incubation period of 1–2 weeks, there is a variable febrile onset during which spirochetes are present in the bloodstream. They then establish themselves in the parenchymatous organs (particularly liver and kidneys), producing hemorrhage and necrosis of tissue and resulting in dysfunction of those organs (jaundice, hemorrhage, nitrogen retention). The illness is often biphasic. After initial improvement, the second phase develops when the IgM antibody titer rises. It manifests itself often as “aseptic meningitis” with an intense headache, stiff neck, and pleocytosis of the CSF. Nephritis and hepatitis may also recur, and there may be skin, muscle, and eye lesions. The degree and distribution of organ involvement vary in the different diseases produced by different leptospirae in

various parts of the world (see Table 24-1). Many infections are mild or subclinical. Hepatitis is frequent in patients with leptospirosis.

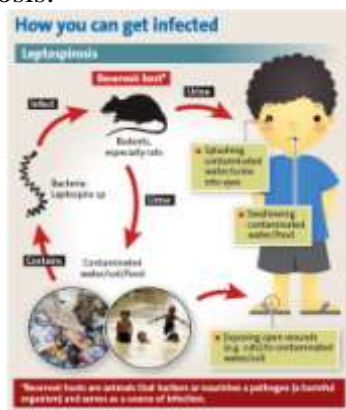


Fig: Mode of Transmission

Kidney involvement in many animal species is chronic and results in the shedding of large numbers of leptospirae in the urine; this is probably the main source of environmental contamination resulting in infection of humans. Human urine also may contain spirochetes in the second and third weeks of disease. Agglutinating, complement-fixing, and lytic antibodies develop during the infection. Serum from convalescent patients protects experimental animals against an otherwise fatal infection. The immunity resulting from infection in humans and animals appears to be serovar specific.

Diagnostic Laboratory Tests

A. Specimens

Specimens consist of aseptically collected blood in a heparin tube, CSF, or tissues for microscopic examination and culture. Urine should be collected using great care to avoid contamination. Serum is collected for agglutination tests.

B. Microscopic Examination

Dark-field examination or thick smears stained by the Giemsa technique occasionally show leptospirae in fresh blood from early infections. Results of dark-field examination of centrifuged urine may also be positive. Fluorescein-conjugated antibodies or other immunohistochemical techniques can be used also.

C. Culture

Whole fresh blood or urine can be cultured in a semisolid medium. Because of inhibitory substances in blood, only 1 or 2 drops should be placed in each of five tubes containing 5 or 10 mL of medium. Up to 0.5 mL of CSF can be used. One drop of undiluted urine can be used followed by 1 drop each of 10-fold serially diluted urine for a total of four tubes. Tissue approximately 5 mm in diameter should be crushed and used as the inoculum. Growth is slow, and cultures should be kept for at least 8 weeks.

D. Serology

The diagnosis of leptospirosis in most cases is confirmed serologically. Agglutinating antibodies first appear 5–7 days after infection and develop slowly, reaching a peak at 5–8 weeks. Very high titers may be attained (>1:10,000). The reference laboratory standard for detection of leptospiral antibody uses microscopic agglutination of live organisms, which can be hazardous. The test is highly sensitive, but it is difficult to standardize; the end point is 50% agglutination, which is difficult to determine. Agglutination of the live suspensions is most specific for the serovar of the infecting leptospirae. Agglutination tests are generally performed only in reference laboratories. Paired sera that show a significant change in titer or a single serum with high-titer agglutinins plus a compatible clinical illness can be diagnostic. Because of the difficulty in performing the definitive agglutination tests, a variety of other tests have been developed for use primarily as screening tests.

Immunity

Serovar-specific immunity follows infection, but reinfection with different serovars may occur.

Treatment

Treatment of mild leptospirosis should be with oral doxycycline, ampicillin, or amoxicillin. Treatment of moderate or severe disease should be with intravenous penicillin or ampicillin.

Epidemiology, Prevention, and Control

The leptospires are essentially animal infections; human infection is only accidental, occurring after contact with water or other materials contaminated with the excreta of animal hosts. Rats, mice, wild rodents, dogs, swine, and cattle are the principal sources of human infection. They excrete leptospirae in urine both during the active illness and during the asymptomatic carrier state. Leptospirae remain viable in stagnant water for several weeks; drinking, swimming, bathing, or food contamination may lead to human infection. Persons most likely to come in contact with water contaminated by rats (eg, miners, sewer workers, farmers, and fishermen) run the greatest risk of infection. Children acquire the infection from dogs more frequently than adults do. Control consists of preventing exposure to potentially contaminated water and reducing contamination by rodent control. Doxycycline, 200 mg orally once weekly during heavy exposure, is effective prophylaxis. Dogs can receive distemper–hepatitis–leptospirosis vaccinations.

Neisseria Sp.,

The neisseriae are gram-negative cocci that usually occur in pairs (diplococci). *Neisseria gonorrhoeae* (gonococci) and *Neisseria meningitidis* (meningococci) are pathogenic for humans and typically are found associated with or inside polymorphonuclear cells. Some neisseriae are normal inhabitants of the human respiratory tract, rarely if ever cause disease, and occur extracellularly.

Gonococci and meningococci are closely related, with 70% DNA homology, and are differentiated by a few laboratory tests and specific characteristics: Meningococci have polysaccharide capsules but gonococci do not, and meningococci rarely have plasmids but most gonococci do. Most importantly, the two species are differentiated by the usual clinical presentations of the diseases they cause: Meningococci typically are found in the upper respiratory tract and cause meningitis, but gonococci cause genital infections. The clinical spectra of the diseases caused by gonococci and meningococci overlap, however.

Morphology :

A. Typical Organisms

The typical *Neisseria* is a gram-negative, nonmotile diplococcus, approximately 0.8 μm in diameter. Individual cocci are kidney shaped; when the organisms occur in pairs, the flat or concave sides are adjacent.

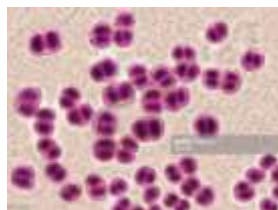


Fig: Grams staining

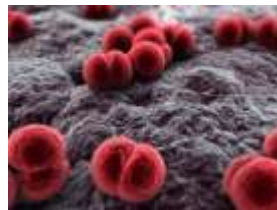


Fig: Electron microscopy

B. Culture

In 48 hours on enriched media (eg, modified Thayer-Martin, Martin-Lewis, GC-Lect, and New York City), gonococci and meningococci form convex, glistening, elevated, mucoid colonies 1–5 mm in diameter. Colonies are transparent or opaque, nonpigmented, and nonhemolytic. *Neisseria fl avescens*, *Neisseria cinerea*, *Neisseria subfl ava*, and *Neisseria lactamica* may have yellow pigmentation. *Neisseria sicca* produces opaque, brittle, wrinkled colonies. *Moraxella catarrhalis* produces nonpigmented or pinkish gray opaque colonies.

C. Growth Characteristics

The neisseriae grow best under aerobic conditions, but some grow in an anaerobic environment. They have complex growth requirements. Most neisseriae oxidize carbohydrates, producing acid but not gas, and their carbohydrate patterns are a means of distinguishing them (see Table 20-1). The neisseriae produce oxidase and give positive oxidase reactions; the oxidase test is a key test for identifying them. When bacteria are spotted on a filter paper soaked with tetramethylparaphenylenediamine hydrochloride (oxidase), the neisseriae rapidly turn dark purple.

Meningococci and gonococci grow best on media containing complex organic substances such as heated blood, hemin, and animal proteins and in an atmosphere containing 5% CO₂ (eg, candle jar). Growth is inhibited by some toxic constituents of the medium (eg, fatty acids or salts). The organisms are rapidly killed by drying, sunlight, moist heat, and many disinfectants. They produce autolytic enzymes that result in rapid swelling and lysis in vitro at 25°C and at an alkaline pH.

Antigenic Heterogeneity of *Neisseria gonorrhoeae*

Antigen	Number of Types
Pilin	Hundreds
Por (protein) (U.S. system)	PorA with 18 subtypes PorB with 28 subtypes
Opa (protein II)	Many (perhaps hundreds)
Rmp (protein III)	One
Lipooligosaccharide	Eight or more
Fbp (iron-binding protein)	One
Lip (H8)	One
IgA1 protease	Two

Pathogenesis, Pathology, and Clinical Findings

Gonococci exhibit several morphologic types of colonies (see earlier discussion), but only piliated bacteria appear to be virulent. Opa protein expression varies depending on the type of infection. Gonococci that form opaque colonies are isolated from men with symptomatic urethritis and from uterine cervical cultures at midcycle. Gonococci that form transparent colonies are frequently isolated from men with asymptomatic urethral infection; from menstruating women; and from patients with invasive forms of gonorrhea, including salpingitis and disseminated infection. Antigenic variation of surface proteins during infection allows the organism to circumvent host immune response.

Gonococci attack mucous membranes of the genitourinary tract, eye, rectum, and throat, producing acute suppuration that may lead to tissue invasion; this is followed by chronic inflammation and fibrosis. Men usually have urethritis, with yellow, creamy pus and painful urination.

The process may extend to the epididymis. As suppuration subsides in untreated infection, fibrosis occurs, sometimes leading to urethral strictures. Urethral infection in men can be asymptomatic. In women, the primary infection is in the endocervix and extends to the urethra and vagina, giving rise to mucopurulent discharge. It may then progress to the uterine tubes, causing salpingitis, fibrosis, and obliteration of the tubes. Infertility occurs in 20% of women with gonococcal salpingitis. Chronic gonococcal cervicitis and proctitis are often asymptomatic.

Gonococcal bacteremia leads to skin lesions (especially hemorrhagic papules and pustules) on the hands, forearms, feet, and legs and to tenosynovitis and suppurative arthritis, usually of the knees, ankles, and wrists. Gonococci can be cultured from blood or joint fluid of only 30% of patients with gonococcal arthritis. Gonococcal endocarditis is an uncommon but severe infection. Gonococci sometimes cause meningitis and eye infections in adults; these have manifestations similar to those caused by meningococci.

Complement deficiency is frequently found in patients with gonococcal bacteremia. Patients with bacteremia, especially if recurrent, should be tested for total hemolytic complement activity. Gonococcal ophthalmia neonatorum, an infection of the eye in newborns, is acquired during passage through an infected birth canal. The initial conjunctivitis rapidly progresses and, if untreated, results in blindness. To prevent gonococcal ophthalmia neonatorum, instillation of tetracycline, erythromycin, or silver nitrate into the conjunctival sac of newborns is compulsory in the United States. Gonococci that produce localized infection are often serum sensitive (ie, killed by antibody and complement).

Diagnostic Laboratory Tests

A. Specimens

Pus and secretions are taken from the urethra, cervix, rectum, conjunctiva, throat, or synovial fluid for culture and smear. Blood culture is necessary in systemic illness, but a special culture system is helpful because gonococci (and meningococci) may be susceptible to the polyanethol sulfonate present in standard blood culture media.

B. Smears

Gram-stained smears of urethral or endocervical exudates reveal many diplococci within pus cells. These give a presumptive diagnosis. Stained smears of the urethral exudates from men have a sensitivity of about 90% and a specificity of 99%. Stained smears of endocervical exudates have a sensitivity of about 50% and a specificity of about 95% when examined by an experienced microscopist. Additional diagnostic testing of urethral exudates from men is not necessary when the stain result is positive, but nucleic acid amplification tests (NAATs) or cultures should be done for women. Stained smears of conjunctival exudates can also be diagnostic, but those of specimens from the throat or rectum are generally not helpful.

C. Culture

Immediately after collection, pus or mucus is streaked on enriched selective medium (eg, modified Thayer-Martin medium [MTM]) and incubated in an atmosphere containing 5% CO₂ (candle extinction jar) at 37°C. To avoid overgrowth by contaminants, the selective medium contains antimicrobial drugs (eg, vancomycin, 3 µg/mL; colistin, 7.5 µg/mL; amphotericin B, 1 µg/mL; and trimethoprim, 3 µg/mL). If immediate incubation is not possible, the specimen should be placed in a CO₂-containing transport-culture system. Forty-eight hours after culture, the organisms can be quickly identified by their appearance on a Gram-stained smear; by oxidase positivity; and by coagglutination, immunofluorescence staining, or other laboratory tests. The species of subcultured bacteria may be determined by oxidation of specific carbohydrates (see Table 20-1). Matrix-assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS) has potential to provide rapid (same-day) identification of cultured isolates. The gonococcal isolates from anatomic sites other than the genital tract or from children should be identified as to species using two different confirmatory tests because of the legal and social implications of a positive culture result.

D. Nucleic Acid Amplification Tests

Several Food and Drug Administration–cleared nucleic acid amplification assays are available for direct detection of *N gonorrhoeae* in genitourinary specimens, and these are the preferred tests from these sources. In general, these assays have excellent sensitivity and specificity in symptomatic, high-prevalence populations. Advantages include better detection, more rapid results, and the ability to use urine as a specimen source. Disadvantages include poor specificity of some assays because of cross-reactivity with nongonococcal *Neisseria* species. These assays are not recommended for use for the diagnosis of extragenital gonococcal infections or for infection in children. NAATs are not recommended as tests of cure because nucleic acid may persist in patient specimens for up to 3 weeks after successful treatment.

E. Serology

Serum and genital fluid contain immunoglobulin G (IgG) and IgA antibodies against gonococcal pili, outer membrane proteins, and LPS. Some IgM of human sera is bactericidal for gonococci in vitro. In infected individuals, antibodies to gonococcal pili and outer membrane proteins can be detected by immunoblotting, radioimmunoassay, and ELISA (enzyme-linked immunosorbent assay) tests. However, these tests are not useful as diagnostic aids for several reasons, including gonococcal antigenic heterogeneity, the delay in development of antibodies in acute infection, and a high background level of antibodies in the sexually active population.

Immunity

Repeated gonococcal infections are common. Protective immunity to reinfection does not appear to develop as part of the disease process, because of the antigenic variety of gonococci. Although antibodies can be demonstrated, including the IgA and IgG on mucosal surfaces, they are either highly strain specific or have little protective ability.

Treatment

Since the development and widespread use of penicillin, gonococcal resistance to penicillin has gradually risen, owing to the selection of chromosomal mutants, so that many strains now require high concentrations of penicillin G for inhibition ($\text{MIC} \geq 2 \mu\text{g/mL}$). Penicillinase-producing *N gonorrhoeae* (PPNG) also have increased in prevalence. Chromosomally mediated resistance to tetracycline ($\text{MIC} \geq 2 \mu\text{g/mL}$) is common. High-level resistance to tetracycline ($\text{MIC} \geq 32 \mu\text{g/mL}$) also occurs. Spectinomycin resistance as well as resistance to fluoroquinolones has been noted. Single-dose fluoroquinolone treatment was recommended for treatment of gonococcal infections from 1993 until 2006. Since 2006, rates of quinolone resistance among gonococcal isolates have exceeded 5% in men who have sex with men and in heterosexual men. Because of the problems with antimicrobial resistance in *N gonorrhoeae*, the Centers for Disease Control and Prevention (CDC) recommends that patients with uncomplicated genital or rectal infections be treated with ceftriaxone (250 mg) given intramuscularly as a single dose or 400 mg of oral cefixime as a single dose. Additional therapy with 1 g of azithromycin orally in a single dose or with 100 mg of doxycycline orally twice a day for 7 days is recommended for possible concomitant chlamydial infections. Azithromycin has been found to be safe and effective in pregnant women, but doxycycline is contraindicated. Modifications of these therapies are recommended for other types of *N gonorrhoeae* infection. See the CDC's website for the 2010 updated treatment guidelines. Because other sexually transmitted diseases may have been acquired at the same time as gonorrhea, steps must also be taken to diagnose and treat these diseases (see discussions of chlamydiae, syphilis, and so on).

Epidemiology, Prevention, and Control

Gonorrhea is worldwide in distribution. In the United States, its incidence rose steadily from 1955 until the late 1970s, when the incidence was between 400 and 500 cases per 100,000 populations. Between 1975 and 1997, there was a 74% decline in the rate of reported gonococcal infections. Thereafter, the rates plateaued for 10 years, decreased from 2006–2009, but increased by 2.8% between 2009 and 2010. Gonorrhea is exclusively transmitted by sexual contact, often by women and men with asymptomatic infections. The infectivity of the organism is such that the chance of acquiring infection from a single exposure to an infected sexual partner is 20–30% for men and even greater for women. The infection rate can be reduced by avoiding multiple sexual partners, rapidly eradicating gonococci from infected individuals by means of early diagnosis and treatment, and finding cases and contacts through education and screening of populations at high risk. Mechanical prophylaxis (condoms) provides partial protection. Chemoprophylaxis is of limited value because of the rise in antibiotic resistance of the gonococcus.

Gonococcal ophthalmia neonatorum is prevented by local application of 0.5% erythromycin ophthalmic ointment or 1% tetracycline ointment to the conjunctiva of newborns. Although instillation of silver nitrate solution is also effective and is the classic method for preventing ophthalmia neonatorum, silver nitrate is

difficult to store and causes conjunctival irritation; its use has largely been replaced by use of erythromycin or tetracycline ointment.

Haemophilus Sp.,

This is a group of small, gram-negative, pleomorphic bacteria that require enriched media, usually containing blood or its derivatives, for isolation. *Haemophilus infl uenzae* type b is an important human pathogen; *Haemophilus ducreyi*, a sexually transmitted pathogen, causes chancroid; other *Haemophilus* species are among the normal microbiota of mucous membranes and only occasionally cause disease.

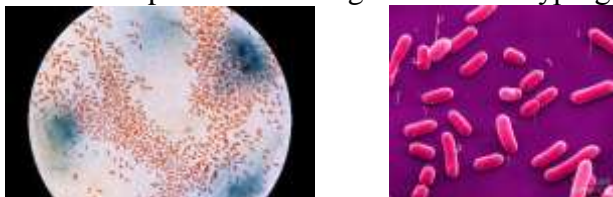
Haemophilus influenza

Haemophilus infl uenzae is found on the mucous membranes of the upper respiratory tract in humans. It is an important cause of meningitis in children and causes upper and lower respiratory tract infections in children and adults.

Morphology and Identifi cation

A. Typical Organisms

In specimens from acute infections, the organisms are short (1.5 µm) coccoid bacilli, sometimes occurring in pairs or short chains. In cultures, the morphology depends both on the length of incubation and on the medium. At 6–8 hours in rich medium, the small coccobacillary forms predominate. Later there are longer rods, lysed bacteria, and very pleomorphic forms. Organisms in young cultures (6–18 hours) on enriched medium have a defi nite capsule. Th e capsule is the antigen used for “typing” *H infl uenzae*.



B. Culture

On chocolate agar, fl at, grayish brown colonies with diameters of 1–2 mm are present aft er 24 hours of incubation. IsoVitaleX in media enhances growth. *H infl uenzae* does not grow on sheep blood agar except around colonies of staphylococci (“satellite phenomenon”). *Haemophilus haemolyticus* and *Haemophilus parahaemolyticus* are hemolytic variants of *H infl uenzae* and *Haemophilus parainfluenzae*, respectively.

C. Growth Characteristics

Identifi cation of organisms of the *Haemophilus* group depends partly on demonstrating the need for certain growth factors called X and V. Factor X acts physiologically as hemin; factor V can be replaced by nicotinamide adenine nucleotide (NAD) or other coenzymes. Colonies of staphylococci on sheep blood agar cause the release of NAD, yielding the satellite growth phenomenon. Carbohydrates are fermented poorly and irregularly. In addition to serotyping on the basis of capsular polysaccharides, *H infl uenzae* and *H parainfluenzae* can be biotyped on the basis of the production of indole, ornithine decarboxylase and urease. Most of the invasive infections caused by *H influenzae* belong to biotypes I and II (there are a total of eight).

D. Variation

In addition to morphologic variation, *H infl uenzae* has a marked tendency to lose its capsule and the associated type specificity. Nonencapsulated variant colonies lack iridescence.

E. Transformation

Under proper experimental circumstances, the DNA extracted from a given type of *H influenzae* is capable of transferring that type specifi city to other cells (transformation). Resistance to ampicillin and chloramphenicol is controlled by genes on transmissible plasmids.

Antigenic Structure

Encapsulated *H influenzae* contains **capsular polysaccharides** (molecular weight >150,000) of one of six types (a–f). The capsular antigen of type b is a polyribitol ribose phosphate (PRP). Encapsulated *H influenzae* can be typed by slide agglutination, coagglutination with staphylococci, or agglutination of latex particles coated with type-specific antibodies. A capsule swelling test with specific antiserum is analogous to the quellung test for pneumococci. Typing can also be done by immunofluorescence. Most *H influenzae* organisms in the normal microbiota of the upper respiratory tract are not encapsulated. The somatic antigens of *H influenzae* consist of outer membrane proteins. Lipooligosaccharides (endotoxins) share many structures with those of neisseriae.

Pathogenesis

H influenzae produces no exotoxin. The nonencapsulated organism is a regular member of the normal respiratory microbiota of humans. The capsule is antiphagocytic in the absence of specific anticapsular antibodies. The polyribose phosphate capsule of type b *H influenzae* is the major virulence factor. The carrier rate in the upper respiratory tract for *H influenzae* type b was 2–4% in the prevaccine era and is now less than 1%. The carrier rate for nontypeable *H influenzae* is 50–80% or higher. Type b *H influenzae* causes meningitis, pneumonia and empyema, epiglottitis, cellulitis, septic arthritis, and occasionally other forms of invasive infection. Nontypeable *H influenzae* tends to cause chronic bronchitis, otitis media, sinusitis, and conjunctivitis after breakdown of normal host defense mechanisms. The carrier rate for the encapsulated types a and c to f is low (1–2%), and these capsular types rarely cause disease. Although type b can cause chronic bronchitis, otitis media, sinusitis, and conjunctivitis, it does so much less commonly than nontypeable *H influenzae*. Similarly, nontypeable *H influenzae* only occasionally causes invasive disease (~5% of cases). The blood of many persons older than age 3–5 years is bactericidal for *H influenzae*, and clinical infections are less frequent in such individuals. However, bactericidal antibodies have been absent from 25% of adults in the United States, and clinical infections have occurred in adults.

Clinical Findings

H influenzae type b enters by way of the respiratory tract. There may be local extension with involvement of the sinuses or the middle ear. *H influenzae*, mostly nontypeable, and pneumococci are two of the most common etiologic agents of bacterial otitis media and acute sinusitis. Encapsulated organisms may reach the bloodstream and be carried to the meninges or, less frequently, may establish themselves in the joints to produce septic arthritis. Before the use of the conjugate vaccine, *H influenzae* type b was the most common cause of bacterial meningitis in children age 5 months to 5 years in the United States. Clinically, it resembles other forms of childhood meningitis, and diagnosis rests on bacteriologic demonstration of the organism. Occasionally, a fulminating obstructive laryngotracheitis with swollen, cherry-red epiglottis develops in infants and requires prompt tracheostomy or intubation as a lifesaving procedure. Pneumonitis and epiglottitis caused by *H influenzae* may follow upper respiratory tract infections in small children and old or debilitated people. Adults may have bronchitis or pneumonia caused by *H influenzae*.

Diagnostic Laboratory Tests

A. Specimens

Specimens consist of expectorated sputum and other types of respiratory specimens, pus, blood, and spinal fluid for smears and cultures depending on the source of the infection.

B. Direct Identification

Commercial kits are available for immunologic detection of *H influenzae* antigens in spinal fluid. A positive test result indicates that the fluid contains high concentrations of specific polysaccharide from *H influenzae* type b. These antigen detection tests generally are not more sensitive than a Gram stain and therefore are not widely used, especially because the incidence of *H influenzae* meningitis is so low.

C. Culture

Specimens are grown on IsoVitaleX-enriched chocolate agar until typical colonies appear. *H influenzae* is differentiated from related gram-negative bacilli by its requirements for X and V factors and by its lack of hemolysis on blood agar. Tests for X (heme) and V (nicotinamide-adenine dinucleotide) factor requirements can be done in several ways. The *Haemophilus* species that require V factor grow around paper strips or disks containing V factor placed on the surface of agar that has been autoclaved before the blood was added (V factor is heat labile). Alternatively, a strip containing X factor can be placed in parallel with one containing V factor on agar deficient in these nutrients. Growth of *Haemophilus* in the area between the strips indicates requirement for both factors. A better test for X factor requirement is based on the inability of *H influenzae* (and a few other *Haemophilus* species) to synthesize heme from δ -aminolevulinic acid. The inoculum is incubated with the δ -aminolevulinic acid. *Haemophilus* organisms that do not require X factor synthesize porphobilinogen, porphyrins, protoporphyrin IX, and heme. The presence of red fluorescence under ultraviolet light (~360 nm) indicates the presence of porphyrins and a positive test result. *Haemophilus* species that synthesize porphyrins (and thus heme) are not *H influenzae*.

Immunity

Infants younger than age 3 months may have serum antibodies transmitted from their mothers. During this time, *H influenzae* infection is rare, but subsequently, the antibodies are lost. Children often acquire *H influenzae* infections, which are usually asymptomatic but may be in the form of respiratory disease or meningitis. *H influenzae* was the most common cause of bacterial meningitis in children from 5 months to 5 years of age until the early 1990s when the conjugate vaccines became available. By age 3–5 years, many unimmunized children have naturally acquired anti-PRP antibodies that promote complement-dependent bactericidal killing and phagocytosis. Immunization of children with *H influenzae* type b conjugate vaccine induces the same antibodies. There is a correlation between the presence of bactericidal antibodies and resistance to major *H influenzae* type b infections. However, it is not known whether these antibodies alone account for immunity. Pneumonia or arthritis caused by infection with *H influenzae* can develop in adults with such antibodies.

Treatment

The mortality rate for individuals with untreated *H influenzae* meningitis may be up to 90%. Many strains of *H influenzae* type b are susceptible to ampicillin, but up to 25% produce β -lactamase under control of a transmissible plasmid and are resistant. Essentially all strains are susceptible to the third-generation cephalosporins. Cefotaxime given intravenously gives excellent results. Prompt diagnosis and antimicrobial therapy are essential to minimize late neurologic and intellectual impairment. Prominent among late complications of *H influenzae* type b meningitis is the development of a localized subdural accumulation of fluid that requires surgical drainage.

Epidemiology, Prevention, and Control

Encapsulated *H influenzae* type b is transmitted from person to person by the respiratory route. *H influenzae* type b disease can be prevented by administration of ***Haemophilus b conjugate vaccine*** to children. Currently, two conjugate vaccines are available for use: PRP-OMPC (polysaccharide linked to outer membrane protein complex), the outer membrane protein complex of *Neisseria meningitidis* serogroup B, and PRP-T, which uses tetanus toxoid. Beginning at age 2 months, all children should be immunized with one of the conjugate vaccines. Depending on which vaccine product is chosen, the series consists of three doses at 2, 4, and 6 months of age or two doses given at 2 and 4 months of age. An additional booster dose is given sometime between 12 and 15 months of age. Both conjugate vaccines can be given at the time of other vaccine administration such as DTaP (diphtheria, tetanus, and acellular pertussis). Widespread use of *H influenzae* type b vaccine has reduced the incidence of *H influenzae* type b meningitis in children by more than 95%. The vaccine reduces the carrier rates for *H influenzae* type b. Contact with patients with *H influenzae* type b clinical infection poses little risk for adults but presents a

definite risk for nonimmune siblings and other nonimmune children younger than age 4 years who are close contacts. Prophylaxis with rifampin is recommended for such children.

Possible Questions

Part B (Two marks)

1. Write about the morphology of *E.coli*?
2. Comment on the biochemical property of *E.coli*.
3. Give the morphology of *Klebsiella*.
4. Comment on the biochemical property of *Klebsiella*.
5. Write about the morphology of *Proteus*?
6. Comment on the biochemical property of *Proteus*.
7. Discuss the cultural characteristics of *Klebsiella*.
8. Give the morphology of *Pseudomonas*.
9. Write about the morphology of *Vibrio*?
10. Give the morphology of *Salmonella*.
11. . Comment on the biochemical property of *Salmonella*.
12. Write about the morphology of *Shigella*?
13. Give the morphology of *Treponema*.
14. . Comment on the biochemical property of *Treponema*.
15. Write about Laboratory diagnosis of *Proteus*?
16. Give the morphology of *Haemophilus*.
17. Discuss the cultural characteristics of *Pseudomonas*.

Part C (Eight marks)

1. Discuss the cultural characteristics of *E.coli*.
2. Discuss the antigenic property of *E.coli*.
3. Write about Laboratory diagnosis of *E.coli*?
4. Comment on the biochemical property of *Pseudomonas*.
5. Explain the antigenic property of *Pseudomonas*.
6. Outline the Laboratory diagnosis of *Pseudomonas*.
7. Explain the antigenic property of *Klebsiella*.
8. Outline the Laboratory diagnosis of *Klebsiella*.
9. Comment on the biochemical property of *Vibrio*.
10. Discuss the cultural characteristics of *Vibrio*.
11. Discuss the antigenic property of *Vibrio*.
12. Write about Laboratory diagnosis of *Vibrio*?
13. Discuss the cultural characteristics of *Proteus*.
14. Discuss the cultural characteristics of *Salmonella*
15. Discuss the antigenic property of *Proteus*.
16. Explain the antigenic property of *Salmonella*.
17. Outline the Laboratory diagnosis of *Salmonella*.
18. Comment on the biochemical property of *Shigella*.
19. Discuss the cultural characteristics of *Shigella*.
20. Discuss the antigenic property of *Shigella*.
21. Write about Laboratory diagnosis of *Shigella*?
22. Discuss the cultural characteristics of *Treponema*.
23. Explain the antigenic property of *Treponema*.
24. Outline the Laboratory diagnosis of *Treponema*.
25. Write about the morphology of *Neisseria*?
26. Comment on the biochemical property of *Neisseria*.
27. Discuss the cultural characteristics of *Neisseria*.
28. Discuss the antigenic property of *Neisseria*.

29. Write about Laboratory diagnosis of *Neisseria*?
30. Discuss the cultural characteristics of *Haemophilus*.
31. Comment on the biochemical property of *Haemophilus*
32. Explain the antigenic property of *Haemophilus*.
33. Outline the Laboratory diagnosis of *Haemophilus*

S.No	Unit IV	Opt 1	Opt 2	Opt 3	Opt 4	Answer
1	<i>Vibrio cholerae</i> shows _____ result for indole and citrate test.	negative	positive	neutral	no reaction	positive
2	CLED stands for _____ agar .	cystine lactose electrolyte deficient	crystalviolet lactose electrolyte deficient	citrate lactose electrolyte deficient	cultural lactose electrolyte deficient	cystine lactose electrolyte deficient
3	Strains of <i>V.cholerae</i> O1 is subdivided into Inaba and _____ subtypes.	<i>V.cholerae</i> O2	Hikojima	panama	Ogawa	Ogawa
4	Widal test is performed for the serological diagnosis of _____.	<i>V.cholerae</i> O2	<i>Salmonella</i>	<i>Klebsiella</i>	<i>Pseudomonas</i>	<i>Salmonella</i>
5	<i>E.coli</i> is an _____ in humans	Pathogen	predator	Parasite	commensal	Parasite
6	<i>E.coli</i> exhibits IMViC _____	.+ + - -	- - + +	.+ - - -	++++	.+ + - -
7	The K antigen in <i>E.coli</i> is composed of _____	Protein	lipid		carbohydrate	Polysaccharide
8	_____ is known as travelers diarrhea	EPEC	ETEC	EHEC	EAEC	ETEC
9	EHEC is also known as _____	EPEC	EAEC	VTEC	EXEC	VTEC
10	SIDS is seen in case of _____	<i>E.coli</i>	<i>Klebsiella</i>	<i>Proteus</i>	<i>Pseudomonas</i>	<i>E.coli</i>
11	<i>Klebsiella</i> is _____	Non motile and non capsulated	motile and capsulated	Non motile and capsulated	motile and non capsulated	Non motile and capsulated
12	<i>Klebsiella</i> exhibits _____ colonies	Dry	mucoid	Pale	diffuse	mucoid
13	<i>K. pneumoniae</i> is also known as _____	Jansen's bacilli	Koch's bacilli	Friedlander's bacilli	Escherich's bacilli	Friedlander's bacilli
14	<i>Klebsiella</i> exhibits IMViC _____	+++	- - + +	+++	---	- - + +
15	The tribe proteae are _____	Fermentors	. non fermentors	Late fermentors	early fermentors	. non fermentors
16	The proteae is classified into _____ genera.	One	two	three	Four	three
17	<i>Proteus</i> exhibits _____ motility.	Swarming	no	Fish in stream	Darting	Swarming
18	The predominant aerobic bacterial flora of the large intestines of human beings and animals is	Non sporing bacilli	non acid fast bacilli	viruses	Gram negative	Gram negative bacilli

	composed of_____				bacilli	
19	The clinical picture of dysentery is exhibited by_____	<i>Mycobacteria</i>	<i>Pseudomonas</i>	<i>Klebsiella</i>	<i>Shigella</i>	<i>Shigella</i>
20	<i>Shigella</i> is _____	Flagellated.	sporing	capsulated	Non motile	Non motile
21	The selective medium used for <i>Shigella</i> is_____	Deoxycholate citrate agar	EMB	MSA	Martin Thayer	Deoxycholate citrate agar
22	The <i>Shigella</i> culture filtrates demonstrates_____ type toxicity.	Hypersensitive	Lytic	Chemotoxicity	Neurotoxicity	Neurotoxicity
23	The minimum infective dose for outcome of Shigellosis is_____	10-50 bacilli	10-100 bacilli	100-1000 bacilli	1-10 bacilli	10-100 bacilli
24	Bacillary dysentery has an incubation period of _____	6 hours	1 day	1-7 days	more than 7 days	1-7 days
25	The main features of bacillary dysentery are_____	Rice watery diarrhoea	presence of parasite	Abdominal discomfort	Loose scanty feces	Loose scanty feces
26	The infection with <i>Salmonella</i> is characterized by_____	Malaise	gastric ulcer	Septicemia	Enteric fever	Enteric fever
27	<i>Salmonella</i> is known as_____ bacilli.	Eberth gaffky	Shiga	Friedlander's	Escherich	Eberth gaffky
28	<i>Salmonella typhi</i> is the causative agent of _____	Typhoid fever	paratyphoid fever	Yellow fever	Malaise	Typhoid fever
29	The incubation period of <i>Salmonella typhi</i> is_____	6 hours	1 day	1-7 days	7-14 days	7-14 days
30	The infective dose for <i>Salmonella typhi</i> is_____	1-10 bacilli	100000 bacilli	100000000 bacilli	10000 bacilli	100000000 bacilli
31	<i>Vibrio</i> is _____ rods.	Helical	Elongated	Twisted	Curved	Curved
32	<i>Vibrio cholerae</i> was first isolated by_____	Pasteur	Koch	Paccini	Boyd	Koch
33	<i>Vibrio</i> is_____	Motile	Non motile	Slime	Capsulated.	Motile
34	<i>Vibrio cholerae</i> are_____ rods.	Gram positive	Non motile	Spore forming.	curved, Cylindrical.	curved, Cylindrical.
35	_____Is used as transport medium for <i>Vibrio</i> .	Alcohol medium	Acid	sea water	V R Medium	V R Medium
36	<i>Vibrio</i> colonies may be easily identified	Biochemical test	String test	Cultural	Coombs test	String test

	by _____			characteristics		
37	Heiberg classified Vibrios into _____ groups based on sugar fermentation.	2	4	6	8	6
38	The route of infection with Vibrio is by _____ route.	Oral	respiratory tract	Ingestion	inhalation	Oral
39	<i>Pseudomonas</i> is motile by _____ flagella.	polar	bipolar	peritrichous	Atrichous	polar
40	<i>Vibrio</i> is motile by _____ flagella.	Atrichous	peritrichous	polar	Lopotrichous.	polar
41	Glycocalyx is composed of _____	Protein	lipid	Polysaccharide	carbohydrate	Polysaccharide
42	<i>Pseudomonas</i> produces _____ pigments.	Ruby	lucosin	Pyocyanin	Verdin	Pyocyanin
43	Pyocyanin is a _____ colored pigment.	Blue	green	. Red	yellow	Blue
44	Pyocyanin is soluble in _____	Acid	Base	chloroform , Water	ether	chloroform , Water
45	Fluorescin is _____ colored pigment.	Greenish yellow	Green	red	blue	Greenish yellow
46	Pyorubin is _____ colored pigment	yellow	Green	red	blue	red
47	Pyomelanin is _____ colored pigment.	brown	red	Green	yellow	brown
48	<i>Pseudomonas aeruginosa</i> produces _____ pigment	Pyocyanin	melanin	rubin	verdin	Pyocyanin
49	The term 'blue pus' is associated with _____	<i>Proteus</i>	<i>Pseudomonas</i>	<i>E.coli</i>	<i>Vibrio</i>	<i>Pseudomonas</i>
50	_____ is used as selective media for <i>Pseudomonas</i> .	Citrimide agar	EMB	DCA	MSA	Citrimide agar
51	enteric fever is caused by _____.	<i>Salmonella typhii</i>	<i>S. paratyphi</i> D	<i>S. enterica</i>	<i>Proteus</i>	<i>Salmonella typhii</i>
52	EHEC strains are able to secrete _____.	verotoxin	exotoxin	endotoxin	exfoliate toxin	verotoxin
53	_____ isolated influenza bacillus.	Andrews and Laidlaw	Koch	Boyd	Pasteur	Andrews and Laidlaw
54	The accessory factors required by <i>H. influenza</i> is called as _____	X and Y	X and V	X and Z	Y and Z	X and V
55	_____ enzyme aids the invasion of <i>Pseudomonas</i> into tissues	pectinase	elastase	protease	amylase	elastase

56	. _____ is the drug of choice for <i>Pseudomonas</i> .	Chloramiphenicol	Bacitracin	ceftazidime, Cefatoxime	Streptomycin	Chloramiphenicol
57	selective media for <i>Pseudomonas aeruginosa</i> is _____.	Mac conkey agar	blood agar	PLET	Dettol agar	Dettol agar
58	. <i>T. pallidum</i> causes _____	Syphilis	typhoid	Tuberculosis	pertusis	Syphilis
59	<i>T. pallidum</i> are highly sensitive to _____	Acid	Antiseptics	drying	antibiotic	drying
60	<i>Pseudomonas</i> mainly causes _____	Primary infection	secondary infection	re- infection	nosocomial infection	nosocomial infection

UNIT-V
SYLLABUS

Nosocomial infection – Urinary tract infection, Respiratory tract infection, Sexually transmitted disease – Immunoprophylaxis – Antimicrobial chemotherapy, Antibiotics, second line drugs. Vaccines.

Nosocomial infections:

Nosocomial infections are infections acquired in hospitals and other healthcare facilities. To be classified as a nosocomial infection, the patient must have been admitted for reasons other than the infection. He or she must also have shown no signs of active or incubating infection.

These infections occur:

- up to 48 hours after hospital admission
- up to 3 days after discharge
- up to 30 days after an operation
- in a healthcare facility when a patient was admitted for reasons other than the infection

In the United States, it has been estimated that 9.2 out of every 100 patients acquire a nosocomial infection

Nosocomial infections are caused by pathogens that easily spread through the body. Many hospital patients have compromised immune systems, so they are less able to fight off infections. In some cases, patients develop infections due to poor conditions at a hospital or a healthcare facility, or due to hospital staff not following proper procedures.

Some patients acquire nosocomial infections by interacting with other patients. Others encounter bacteria, fungi, parasites, or viruses in their hospital environment.

Symptoms of nosocomial infections vary by type. They include inflammation, discharge, fever, and abscesses. Patients may experience pain and irritation at the infection site, and many experience visible symptoms.

1. Urinary tract infections
2. Respiratory tract infections

Urinary tract infections:

A urinary tract infection (UTI) is an infection that affects part of the urinary tract. When it affects the lower urinary tract it is known as a bladder infection (cystitis) and when it affects the upper urinary tract it is known as kidney infection (pyelonephritis). Symptoms from a lower urinary tract include pain with urination, frequent urination, and feeling the need to urinate despite having an empty bladder. Symptoms of a kidney infection include fever and flank pain usually in addition to the symptoms of a lower UTI. Rarely the urine may appear bloody. In the very old and the very young, symptoms may be vague or non-specific.

The most common cause of infection is *Escherichia coli*, though other bacteria or fungi may rarely be the cause. Risk factors include female anatomy, sexual intercourse, diabetes, obesity, and family history. Although sexual intercourse is a risk factor, UTIs are not classified as sexually transmitted infections (STIs). Kidney infection, if it occurs, usually follows a bladder infection but may also result from a blood-borne infection. Diagnosis in young healthy women can be based on symptoms alone. In those with vague symptoms, diagnosis can be difficult because bacteria may be present without there being an infection. In complicated cases or if treatment fails, a urine culture may be useful.

Respiratory tract infection:

Respiratory tract infection refers to any of a number of infectious diseases involving the respiratory tract. An infection of this type is normally further classified as an upper respiratory tract infection (URI) or

URTI) or a lower respiratory tract infection (LRI or LRTI). Lower respiratory infections, such as pneumonia, tend to be far more serious conditions than upper respiratory infections, such as the common cold.

Upper respiratory tract infection

Although some disagreement exists on the exact boundary between the upper and lower respiratory tracts, the upper respiratory tract is generally considered to be the airway above the glottis or vocal cords. This includes the nose, sinuses, pharynx, and larynx. Typical infections of the upper respiratory tract include tonsillitis, pharyngitis, laryngitis, sinusitis, otitis media, certain types of influenza, and the common cold. Symptoms of URIs can include cough, sore throat, runny nose, nasal congestion, headache, low grade fever, facial pressure and sneezing.

Lower respiratory tract infection

The lower respiratory tract consists of the trachea (wind pipe), bronchial tubes, the bronchioles, and the lungs.

Lower respiratory tract infections are generally more serious than upper respiratory infections. LRIs are the leading cause of death among all infectious diseases. The two most common LRIs are bronchitis and pneumonia. Influenza affects both the upper and lower respiratory tracts, but more dangerous strains such as the highly pernicious H5N1 tend to bind to receptors deep in the lungs.

Immunoprophylaxis

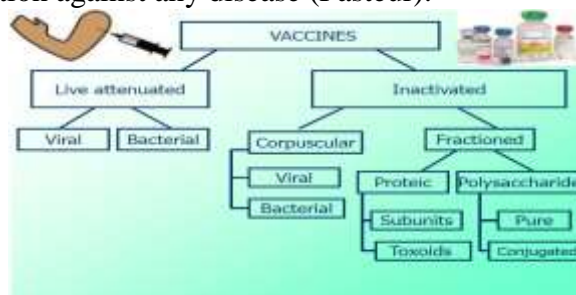
Immunoprophylaxis is an antiepidemic measure (of public health) taken in order to prevent the spreading of infectious diseases via immunization of the susceptible groups of the population.

Main targets

- Reducing the incidence (VHB, pertussis, mumps, rubella)
- Liquidation of the morbidity (eliminating the disease from certain territories –diphtheria, polio, measles)
- Eradication of the disease (smallpox)

Discovery of Vaccination (Edward Jenner, 1796)

- Edward Jenner (1749-1823) was a country doctor in Gloucestershire county in the West of England. He observed that people who get cowpox often develop less severe disease and survive smallpox outbreaks.
- Jenner inoculated a young boy (James Phipps) with material from hand sores of a milkmaid Sarah Nelmes. Six weeks later, after the boy recovered from cowpox, he was re-inoculated with the smallpox virus. – The boy survived ...
- The term "Vaccination" was introduced by Jenner (from the Latin *Vacca*, and *Vaccinia* virus) and later adopted for immunization against any disease (Pasteur).



Immunization

Types of Immunizations

1. **Active** – exposure to antigen with the host generating protective immunity.
 - Objective: provide long lasting immunity against future Exposures

2. **Passive** – administration of humoral and/or cellular factors that provide immunity for the host.

➤ Objective: provide temporary immediate protection against an imminent or ongoing exposure/threat

- “Herd” immunity in preventing spread of infection
- occurs when the vaccination of a significant portion of a population (or “herd”) provides a measure of protection for individuals who have not developed immunity.

Active Immunization

2 Historical active vaccine approaches:

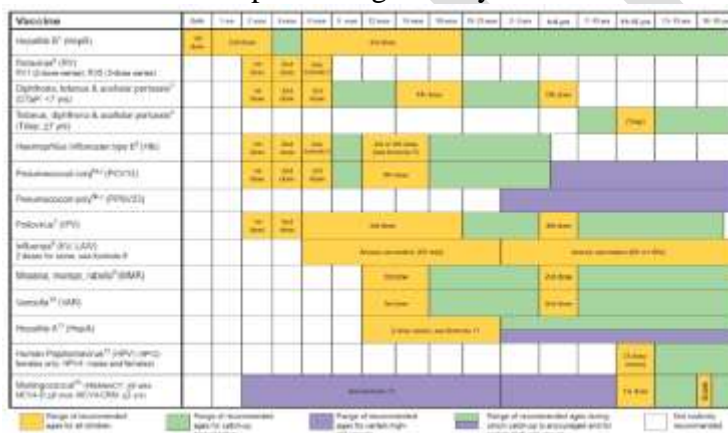
- **Attenuated** pathogen – ex. Rabies vaccine
- **Killed** pathogens – ex. Anthrax vaccine

Age and Timing of Immunizations

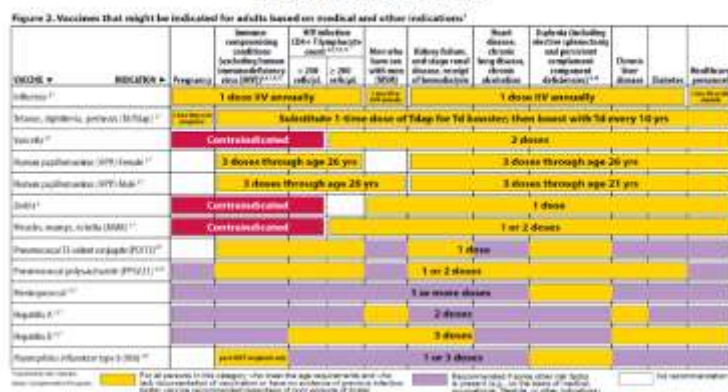
Children under 2 yr are limited in producing antibodies to bacterial capsular polysaccharides.

- Limited response to T-independent antigens
- Can be overcome partially by chemical link to carrier protein
- Can assist maturation of response using multiple vaccinations

Recommended Immunization Schedule for persons age 0-18 years



Vaccines in Selected Populations: Medical Indications



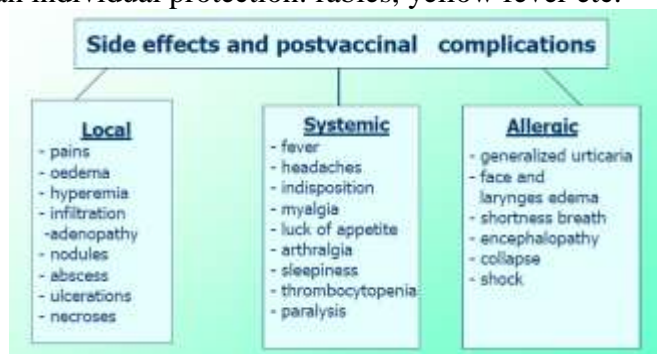
General characteristic of the vaccines used for the immunoprophylaxis of infectious diseases included in the schedule

- Viral hepatitis B – inactivated vaccine, proteic fractioned (HBsAg), plasmatic, biotechnologic
- *Tuberculosis* – live *attenuated* vaccine, BCG

- *Diphtheria, Tetanus Pertusis* – associated vaccine *DTP, DTPa, DT, Td*
- *Polio* – live attenuated vaccine (*OPV*), *Corpuscular inactivated vaccine (IPV)*
- *Measles, Mumps, Rubella* – live attenuated vaccine (*MMR*)
- *Haemophilus influenza type b (Hib)* – inactivated vaccine, fractioned polysaccharide

The role of immunoprophylaxis

- Immunoprophylaxis of over 30 infectious diseases:
smallpox, diphtheria, tetanus, pertussis, polio, measles, mumps, chickenpox, *Haemophilus influenzae type b* infection, VHA, VHB, TB, meningococcal infection, pneumococcal infection, influenza, typhoid fever, cholera, rabies, tick encephalitis, anthrax, yellow fever, rotaviral infection, tularemia etc.
- Infectious diseases in the prevention of which immunoprophylaxis holds the main role are called vaccine preventable diseases.
- Immunoprophylaxis as an individual protection: rabies, yellow fever etc.



Measure of reducing the frequency of side effects and postvaccinal complications

- selection of the persons for the vaccination
- observance of the immunization rules
- precocious registration and medical assistance
- evidence, epidemiological investigation and case analysis
- population information

Antimicrobial Chemotherapy:

Microorganisms can grow on and within other organisms which leads to the development of disease, disability and death of an organism. Thus the control or destruction of microorganisms residing within the bodies of humans and other animals is of great importance. Modern medicine is dependent on **chemotherapeutic agents**, chemical agents that are used to treat diseases. Most of them are **antibiotics**, microbial products or their derivatives that can kill susceptible microbes or inhibit their growth.

The development of chemotherapy began with the work of German physician Paul Ehrlich, who reasoned that a chemical with selective toxicity that would kill pathogens and not human cells might be effective in treating disease. In 1904 he found that the dye trypan red was active against the trypanosome that causes African sleeping sickness and could be used therapeutically. Arsphenamine was active against syphilis. Dogmalk discovered that Protonoid red, a dye for staining leather, was nontoxic for animals and completely protected mice against pathogenic streptococci and staphylococci. Dogmalk has actually discovered sulphonamides or sulfa drugs and for this discovery he received Nobel Prize in 1939. The first antibiotic to be used therapeutically was penicillin. Stephan Fleming was the first to discover penicillin

from the fungus *Penicillium notatum*. Later other scientists, Flare and Chain carried out the work further and the three scientists were awarded with Nobel Prize in 1945 for the discovery and production of penicillin. After the discovery of Penicillin, scientists became interested in other compounds produced by microbes which could be used as antibiotics. Selman Waksman announced in 1944 that he and his associates has found a new antibiotic, streptomycin, produced by the actinomycete *Streptomyces griseus*. He received the Nobel Prize in 1952 and his success led to a worldwide search for other antibiotic-producing microbes. Microorganisms producing chloramphenicol, neomycin, Terramycin and tetracycline were isolated by 1953. This led to the discovery of powerful drugs and has transformed modern medicine and greatly alleviated human suffering.

General characteristics and mechanisms of action of antimicrobial agents

A successful chemotherapeutic agent must have selective toxicity. The degree of selective toxicity may be expressed in terms of 1) the therapeutic dose, the drug level required for treatment of a particular infection and 2) the toxic dose, the drug level at which the agent becomes too toxic for the host. The therapeutic index is the ratio of the toxic dose to the therapeutic dose. The larger the TI, the better the chemotherapeutic agent. A drug that disrupts a microbial function not found in eukaryotic animal cells has a greater selective toxicity and a higher therapeutic index. Example, therapeutic index of penicillin is high as the action of penicillin is that it inhibits the peptidoglycan synthesis of bacterial cell walls, and as eukaryotic cells do not contain cell walls, the effect is minimum. The drug which has a low therapeutic index can cause undesirable effects on the host, called as side effects as the drug may inhibit the same process in host cells or damages the host in other ways. Hence, chemotherapeutic agents must be administered with great care.

Drugs can range in their effectiveness. Many are narrow-spectrum drugs- that are; they are effective only against a limited variety of pathogens, while the broad-spectrum drugs attack many different kinds of pathogens. Drugs can be classified according to the microbial group they act against; antibacterial, antifungal, antiprotozoan and antiviral. Chemotherapeutic agents can be synthesized by microorganisms or manufactured by chemical procedures independent of microbial activity. Most of the agents are natural or synthesized by bacteria or fungi (Table 1). In contrast, several important agents are completely synthetic (Sulphonamides, trimethoprim, chloramphenicol, ciprofloxacin, isoniazid and dapsone). While some are semi synthetic, natural antibiotics that have been chemically modified by the addition of extra groups to make them less susceptible to inactivation by pathogens. Ampicillin, carbenicillin, and methicillin are good examples.

Vaccines and Antibiotics

Antibiotics and **vaccines** are both used to fight germs but they work in different ways. While vaccines are used to prevent disease, antibiotics are used to treat diseases that have already occurred. In addition, antibiotics do not work on viruses or viral illnesses such as common cold or flu.

Definitions

Antibiotics are compounds that are effective in treating infections caused by organisms such as bacteria, fungi and protozoa. Antibiotics are mostly small molecules, less than 2000 Daltons.

Vaccines are compounds that are used to provide immunity to a particular disease. Vaccines are usually dead or inactivated organism or compounds purified from them.

Differences in Sources

Antibiotics can be derived from natural, semi-synthetic and synthetic sources and source of vaccines include live or inactivated microbes, toxins, antigens, etc.

Vaccines are usually derived from the very germs the vaccine is designed to protect against. A vaccine typically contains an agent that resembles a disease-causing microorganism, and is often made from weakened or killed forms of the microbe. The agent stimulates the body's immune system to recognize the agent as foreign, destroy it, and "remember" it, so that the immune system can more easily recognize and destroy any of these microorganisms that it later encounters.

History

Even before the concept of germs and diseases was understood, people in Egypt, India and the natives in America used molds to treat certain infections. The first breakthrough in **antibiotics** came with the discovery of penicillin by Alexander Fleming in 1928. This was followed by the discovery of sulfa drugs, streptomycin, tetracycline, and many others antibiotics to combat different microbes and diseases.

The earliest reports of **vaccines** seem to have originated from India and China in the 17th century and recorded in Ayurvedic texts. The first description of a successful vaccination procedure came from Dr. Emmanuel Timoni in 1724, followed by Edward Jenner's independent description, half a century later, of a method for vaccinating humans against small pox. This technique was further developed by Louis Pasteur during the 19th century to produce vaccines against anthrax and rabies. Since then attempts have been made to develop more vaccines against many more diseases.

Different Types of Antibiotics and Vaccines

Types of Antibiotics

Classification according to effect on Bacteria

Antibiotics are mainly of two types, those that kill bacteria (bactericidal) and those that inhibit bacterial growth (Bacteriostatic). These compounds are classified according to their structure and mechanism of action, for instance antibiotics can target bacterial cell wall, cell membrane, or interferes with the bacterial enzymes or important processes such as protein synthesis.

Classification based on source

Besides this classification, antibiotics are also grouped into natural, semi-synthetic and synthetic types depending on whether it is derived from living organisms, like aminoglycosides, modified compounds like beta-lactams — e.g., penicillin — or purely synthetic, such as sulfonamides, quinolones and oxazolidinones.

Classification based on bacteria spectrum

Narrow spectrum antibiotics affect particular bacteria whereas large spectrum antibiotics affect a wide range of bacteria. In the recent years, antibiotics have been classified into three classes, cyclic lipopeptides, oxazolidinones and glycyclines. The former two are targeted at gram-positive infections whereas the last one is a broad spectrum antibiotic, treating many different types of bacteria.

Types of Vaccines

Vaccines are of different types-live and attenuated, inactivated subunit, toxoid, conjugate, DNA, recombinant vector vaccines and other experimental vaccines.

Live, attenuated vaccines are weakened microbes that help cause lifelong immunity by eliciting a strong immune response. A huge disadvantage of this type of vaccine is that because the virus is live, it can mutate and cause severe reactions in people with a weak immune system. Another limitation of this vaccine is that it has to be refrigerated to stay potent. Examples for this type include vaccines against chicken pox, measles and mumps.

Inactivated vaccines are dead microbes and safer than live vaccines, though these elicit a weaker immune response, and often have to be followed by booster shots. TheDTap and Tdap vaccines are inactivated vaccines.

Subunit vaccines include only subunits or antigens or epitopes (1 to 20) that can evoke an immune response. Example of this type includes vaccine against hepatitis C virus.

Toxoid vaccines are used in case of infections where organisms secrete harmful toxins in the body of the host. Vaccines with “detoxified” toxins are used in this type.

Conjugate vaccines are used for bacteria that possess a polysaccharide coating that is not immunogenic or recognized by the immune system. In these vaccines, an antigen is added to a polysaccharide coating to enable the body to produce an immune response against it.

Recombinant vector vaccines use the physiology of one organism and DNA of another to target complex infections.

DNA vaccines are developed by inserting the infective agent’s DNA into human or animal cell. The immune system is thus able to recognize and develop immunity against the organism’s proteins. Though, this is still at the experimental stage, the effect of these types of vaccines promises to last longer and can be easily stored.

Other experimental vaccines include Dendritic cell vaccines, and T-cell receptor peptide vaccines.

Administration of Vaccines vs. Antibiotics

Antibiotics are usually given orally, intravenously or topically. The course may last from a minimum of 3-5 days or longer depending on the type and severity of the infection.

A large number of **vaccines** and their **booster shots** are usually scheduled before the age of two for children. In the United States, routine vaccinations for children include those against hepatitis A, B, polio, mumps, measles, rubella, diphtheria, pertussis, tetanus, chickenpox, rotavirus, influenza, meningococcal disease and pneumonia. This routine might differ in other countries and is continually being updated. Vaccinations for other infections such as shingles, HPV are also available.

Side effects

Though **antibiotics** are not considered unsafe, these compounds may cause certain adverse reactions. These include, fever, nausea, diarrhoea and allergic reactions. Antibiotics may cause severe reactions when taken in combination with another drug or alcohol. Antibiotics also tend to kill the "good" bacteria, whose presence in the body — especially the gut — is important for health.

Vaccine safety

There have been many disputes, over the effectiveness, and ethical and safety aspects of using **vaccines** in the past. For example, a study published in June 2014 in the Canadian Medical Association Journal found that the combination measles–mumps–rubella–varicella (MMRV) vaccine doubles the risk of febrile seizures in toddlers when compared with administration of separate MMR and varicella vaccines (MMR+V).

Under the National Childhood Vaccine Injury Act (NCVIA), federal law requires that Vaccine Information Statements (VIS) be distributed to patients or their parents whenever certain vaccines are administered. The CDC maintains that vaccines now produced meet very high safety standards so that the overall benefit and protection vaccines offer against diseases far outweighs any adverse reactions it might have in some individuals.

Comparison chart

Antibiotics versus Vaccines comparison chart		
	Antibiotics	Vaccines
Definition	Antibiotics are small molecules or compounds that are effective in treating infections caused by organisms such as bacteria, fungi and protozoa.	Vaccines are dead or inactivated organisms or compounds that are used to provide immunity to a particular infection or disease.
Types	Antibiotics are classified according to their structure and mechanism of action into 3 classes: cyclic lipopeptides, oxazolidinones & glycyclines. The first 2 are targeted at Gram positive infections and the last one is a broad spectrum antibiotic	Vaccines are of different types-live and attenuated (vaccines against chicken pox), inactivated (BCG vaccine), subunit (Hepatitis C), toxoid, conjugate, DNA , recombinant vector vaccines and other experimental vaccines.

Side effects	Some antibiotics may have side effects like diarrhea, nausea and allergic reactions.	Some vaccines may cause allergic reactions.
Source	Antibiotics can be derived from natural, semi-synthetic and synthetic sources.	Sources of vaccines include live or inactivated microbes, toxins, antigens, etc.

Phage typing is a method used for detecting single strains of bacteria. It is used to trace the source of outbreaks of infections. The viruses that infect bacteria are called bacteriophages ("phages" for short) and some of these can only infect a single strain of bacteria. These phages are used to identify different strains of bacteria within a single species.

A culture of the strain is grown in the agar and dried. A grid is drawn on the base of the petri dish to mark out different regions. Inoculation of each square of the grid is done by a different phage. The phage drops are allowed to dry and are incubated: The susceptible phage regions will show a circular clearing where the bacteria have been lysed, and this is used in differentiation.

Bacteriocins are proteinaceous toxins produced by bacteria to inhibit the growth of similar or closely related bacterial strain(s). They are similar to yeast and paramecium killing factors, and are structurally, functionally, and ecologically diverse. Applications of bacteriocins are being tested to assess their application as narrow-spectrum antibiotics.

Bacteriocins were first discovered by A. Gratia in 1925. He was involved in the process of searching for ways to kill bacteria, which also resulted in the development of antibiotics and the discovery of bacteriophage, all within a span of a few years. He called his first discovery a *colicine* because it killed *E. coli*.

Possible Questions

Part B (Two marks)

1. What is meant by Nosocomial?
2. Define pyrogen.
3. Write about type of UTI.
4. Define UTI.
5. Define RTI.
6. Define STD.
7. Define phage typing
8. Define bacteriocin typing.
9. Define vaccines.
10. Define antibiotics.

Part C (Eight marks)

1. What is generation of antibiotics?
2. Explain immunoprophylaxis.
3. Explain Nosocomial infection.
4. Comment on sexually transmitted disease.
5. Outline the symptoms of Respiratory tract infection.
6. Explain vaccination schedule.
7. What is antibiogram?
8. Write about the descending UTI?
9. Explain the ascending UTI.
10. Write about renal TB?

S.No	Unit V	Opt 1	Opt 2	Opt 3	Opt 4	Answer
1	The common post operator consequence in hospital is _____	Fever	gangrene	cold	sore	Fever
2	Semelweis was able to control _____ in hospital by simple hand washing	puerperal sepsis	meningitis	cholera	diarrhoea	puerperal sepsis
3	Lister overcome surgical infection by spraying _____.	acid	base	charcoal	phenol	phenol
4	The concept of asepsis _____ the incidence of hospital infection	reduce	elevate	. increase	improve	reduce
5	The incidence of hospital infection has been reported to be _____	10-20%	12-20%	2-12%	10-15%	2-12%
6	In hospital environment the normal flora is replaced by _____ flora.	Drug resistant	common	Nosocomial	saprophyte	Drug resistant
7	Hospital acquired infection is also called as _____ infection.	Nominal	Neutral	Normal	Nosocomial	Nosocomial
8	Hospital acquired infection are typically _____.	Exogenous	Endogenous	Epigenous	Eugenous	Exogenous
9	_____ is diagnostic intervention in the hospital	Primary infection	re infection	post infection	Iatrogenic infection	Iatrogenic infection
10	The opportunity of a microorganism to infect patient is due to _____ impaired.	Diet	immune	Invasive	Infection	immune
11	The hospital environment is heavily laden with wide variety of _____.	Commensals	Contaminants	Pathogen	Normal flora	Contaminants
12	The blister caused in bed return patient is _____.	Bed sore	Bedbug	Bedding	Bed wet	Bed sore
13	The slightest lapse in asepsis in hospital leads to _____.	Invention	Infection	Interaction	Innovatoin	Infection
14	_____ is the important cause of hospital infection	E.coli	Treponema	HIV	Streptococcus pyogenes.	Streptococcus pyogenes.
15	Staphylococcus of drug resistant belong to phage type _____.	80/81	60/61	10/10/	44/10	80/81
16	The drug resistance is _____ mediated.	Phage	Plasmid	Phasmid	cosmid	Phage

17	. _____ can grow in disinfectant.	E.coli	Klebsiella	Pseudomonas	Proteus	Pseudomonas
18	_____ spores can survive in cotton for long period	Tetanus	E.coli	Klebsiella	Bacillus	Tetanus
19	HIV is transmitted through _____ product.	Sputum	Urine	Blood	Stool	Blood
20	Viral infection are transmitted through _____ product	Pus	Blood	CSF	Swab	Blood
21	_____ the pathogen causes oral thrush.	Candida	E.coli	Klebsiella	Cryptococcus	Candida
22	Stitch abscesses is _____ infection.	Brain	Wound	. CSF	Pus	Wound
23	Streptococcus wound infection manifest within a _____ period	Month	Year	Week	Day	Day
24	Clostridial wound infection manifest within a _____ period	Month	Year	Week	Day	Day
25	Pseudomonas cause infection in _____	Burns	Wound	Brain	Blood	Burns
26	Neonatal tetanus have occurred due to the use of contaminated _____	Blood	Body	Umbilical cord	Brain	Umbilical cord
27	Cathetrization cause _____ infection	UTI	RTI	CTI	systemic	UTI
28	About _____ of patient UTI common	10 percent	2percent	5percent	7percent	2percent
29	E.coli and Proteus cause _____ infection.	Mixed	single	. combined	complicated	Mixed
30	_____ catheter are used in proper closed drainage	French	Glass	Indwelling	Rubber	Indwelling
31	Pulmonary ventilation may lead to nosocomial _____.	Pneumonia	. Bleeding	Abscesses	Fever	Pneumonia
32	Multiplication of bacteria in blood called _____	Bacteria	Bacteremia	Viremia	Septicemia	Bacteremia
33	Multiplication of virus in blood called _____	Bacteria	Bacteremia	Viremia	Septicemia	Viremia
34	viral infection are transmitted through _____ product	. Fungemia	Bacteremia	Viremia	Septicemia	Viremia
35	The liberation of toxin in blood is called _____	Fungemia	Bacteremia	Viremia	Toxemia	Toxemia
36	Pus filled cavity called as _____.	Abscesses	Lesion	Necrosis	Fever	Abscesses

37	Programmed cell death is called as _____	Abscesses	. Lesion	Necrosis	Fever	Necrosis
38	Stool sample must be transported within _____ hour to lab.	1 hour	2 hours	3 hours	4 hours	2 hours
39	Fever inducing agent is called as _____	Pyrogen	Pyogen	Phelm	Parotid	Pyrogen
40	Phlebitis sets in with consequent _____.	Bacteria	Bacteremia	Viremia	Septicemia	Bacteremia
41	Staphylococcus epidermidis bacteremia is seen commonly in patient with artificial _____.	Skin	Catheter	Heart valve	Inhaler	Skin
42	Many hospital infection occur as _____	Epidemic	Endemic	Pandemic	Randamic	Endemic
43	When out break occurs the source should be _____	Cultured	Eliminated	Elevated	Intricate	Eliminated
44	An important contribution of microbiology to medical field is _____	Immunization	Innovation	Infection	Intricate	Immunization
45	At sixth week _____ vaccination is given to child.	OPV	BCG	DPT	TT	BCG
46	At tenth week _____ vaccination is given to child	OPV	BCG	DPT	TT	DPT
47	At ninth month _____ vaccination is given to child	OPV	BCG	DPT	measles	measles
48	At 5-6 years _____ vaccination is given to child.	DT	BCG	DPT	TT	DT
49	At 10 years _____ vaccination is given to child.	DT	BCG	DPT	TT	TT
50	At 16 years _____ vaccination is given to child.	DT	TT	DPT	BCG	TT
51	Pregnant women should be given a booster dose of _____	DT	BCG	DPT	TT	TT
52	OPV –O is given at _____ to child	At birth	Week	Month	Year	At birth
53	Booster dose help _____ cells to remember immunological markers.	. B	T	Memmory	Plasma	Memmory
54	Fever of unknown origin is called _____	Pyrexia	Pyrogen	Pyogen	Phylogenic	Pyrexia
55	Ulcer on finger is called as _____	Boils	Tuleremia	Wound	Abscesses	Tuleremia

56	Di dot is a test used for _____	HIV	Rabies	Meningitis	Carditis	HIV
57	Inflammation of meninges is called _____	Meningia	Meningitis	Peritonitis	Carditis	Meningitis
58	Arthritis is a _____ disorder	Immune	Auto immune	Mental	Blood	Auto immune
59	Allergic manifestation is called as _____	Hypersensitivity	Hyposensitivity	. sensitivity	Histeria	Hypersensitivity
60	Topical ointments are used for _____ infection.	Bacteria	Bacteremia	Viremia	Septicemia	Bacteria