

(Deemed to be University)
(Established Under Section 3 of UGC Act, 1956)

Pollachi Main Road, Eachanari Post, Coimbatore - 641 021, Tamil Nadu, India. Phone: 0422 - 2980011- 14 | Fax: 0422 - 2980022 | Email: info@ kahedu.edu.in

5.1.3 Following Capacity development and skills enhancement initiatives are taken by the institution

- 1.Soft skills
- 2.Language and communication skills
- 3.Life skills (Yoga, physical fitness, health and hygiene)
- 4. Awareness of trends in technology

Sl No	Name of the capability enhancement program	Year
3	Life skills (Yoga, physical	2019-20
	fitness, health and	2018-19
	hygiene)	2017-18
		2016-17
		2015-16

6n.m

REGISTRAR

Karpagam Academy of Higher Education (Deemed to be University Under Section 3 of UGC Act 1956) Pollachi Main Road, Eachanari Post, Coimbatore - 641 021.





Deemed to be University

Established Under Section 3 of UGC Act, 1956

COIMBATORE – 641 021, Tamil Nadu, India. # +91-422-2980011-14

Email: info@kahedu.edu.in, vc@kahedu.edu.in, registrar@kahedu.edu.in

https://kahedu.edu.in/

Yoga

Our institution organizes regular yoga and meditation classes for students and faculty members in order to enhance their physical and mental health. Yoga camp is being organized regularly. Every year International Yoga Day is observed in the institution. Trained yoga instructors from the department of the physical education conduct both theoretical and practical aspects of yoga for students and faculty members. The sessions are conducted in the yoga hall.

Day	Instructors
Monday to Saturday	From Department of the Physical Education

Topics
Introduction to Yoga-Meaning of Yoga - Concept of
Yoga-Aim and Objectives of Yoga – History of Yoga -
Systems of YogaStages (or) Limbs of Yoga
Asanas-Surya Namashkar-Thdasana-Veerabadhra
Asana- Trikonasana- Utkatasana- ArdhaChakrasana-
Ardha Kati Chakrasana- Thandasana- Gomugasana-
Padmasana-
Vajrasana-Paschimott asana-Matsyendr asana-
BavanaMukth asana- SuptaPadhangusth asana-
Sethubhandhasana- Navasana-
ArdhaBavanamukthasana- Mathasyasana- Naukasana-
Bujangasana- Salabasana- Makkarasana-Dhanurasana.
Pranayama- Meaning- Types Of Pranayama- Bhastrika-
Bhramari- Udgeeth- Kabalbhati- Bahya-Anulom Vilom-
Pranay Pranayama-Benefits Of Pranayama. Neti-
JalaNeti, Sutra Neti, Nouli-Three Types, Douthy-Three
Types

Yoga Attendance Report

S.No	Year	Month	No of students participated
1	2016	November	240
		December	145
2	2017	January	111
		February	78
		March	76
		April	Nil
		May	Nil
3	2017	June	Nil
		July	Nil
		August	339
		September	1066
		October	469
		November	Nil
		December	217
4	2018	January	148
		February	98
		March	170
		April	Nil
		May	Nil
5	2018	June	47
		July	111
		August	66
		September	33
		October	160
		November	99
		December	99
6	2019	January	47
		February	55
		March	221
		April	Nil
		May	Nil

7	2019	June	Nil
		July	86
		August	445
		September	232
		October	224
		November	267
		December	182
8	2020	January	194
		February	276
		March	142
		April	Nil
		May	Nil

Year	Total No of students
2015-16	1500
2016-17	1650
2017-18	2507
2018-19	1938
2019-20	2048
Total	9643

Note: A separate log register is maintained in the yoga centre. A sample copy of attendance sheet is attached.

3.2 S.No.	Name of the Student	Department	Register No.	In Time	Signature	Out Time	Signature
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S.No.	Name of the Student	Department	Register No.	In Time	Signature	Out Time	Signature
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Yoga Practice











(Deemed to be University)
(Established Under Section 3 of UGC Act, 1956)
Eachanari Post, Coimbatore-641021.Tamilnadu,India.

Sports Event report 2015-16

Date: 21.06.2015

Event title	International Yoga Day
Date	21.06.2015
Venue	Karpagam Academy of Higher Education Campus

Brief Report:

Karpagam Academy of Higher Education celebrates the International day of yoga on 21st June 2015 in a befitting manner. Chancellor, Chief Executive officer, Vice Chancellor, Registrar, faculty members and students participated in the programme.

The following programme was organized:

- 1. Yoga Experts Dr. Gandhi participated in the Demo by yoga practitioner programme and demonstrated suryanamaskar, Asanas, Pranayama & meditation the 150 faculty member's and 1500 students participated and practiced yoga as shown by the practitioner.
- 2. Yoga Exhibition on yogic postures was organized in the Karpagam University campus nearly 20 charts were displayed with regard to asana program, Mudras and Chakras Etc., They create awareness among the students.
- 3. As a whole there was a good response from the faculty members and students. The faculty members and students whole healthy participated in the International Yoga Day of yoga program on 21st June, 2015.
- 4. A Work shop on Yoga was organized for the faculty members and students in communication with the International yoga day of Yoga. The experts shared their experiences with the staffs and students regarding the type of Yoga, yogic diet asanas of pranayama. The faculty members and students integrated with the experts. The protocol was followed as per the instruction given by the Ministry of AUSH, Government of India and University Grand Commission.



(Deemed to be University)

Established Under Section 3 of UGC Act1956

Coimbatore- 641021.

Cordially invites you for the Inauguration of the

INTERNATIONAL YOGA DAY

on 21st June 2015 at 10.00 am in Sekkizhar Auditorium

Dr.R.Vasanthakumar

Chairman

Karpagam Educational Institutions

Presides

Dr.S.Subramanian
Vice Chancellor, KAHE

Inaugurates

Thiru. K. Murugaiah Chief Executive Officer

Karpagam Educational Institutions

Dr. G.Sekar

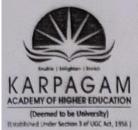
Registrar

Dr. Gandhi

Yoga Expert

Felicitates





(Deemed to be University) (Established Under Section 3 of UGC Act, 1956)

Pollachi Main Road, Eachanari Post, Coimbatore - 641 021, Tamilnadu, India. Phone: 0422 - 2980011 - 14, 6471113, 14 | Fax: 0422 - 2980022-23 | Email: info@karpagam.com

No: KAHE/R-Acad/A1/ 4590/2015/ International Day of Yoga/

16.06.2015

To

The Head (i/c), Thro: The Dean,
Department of Physical Education, Faculty of Arts, Science and Humanities
Karpagam Academy of Higher Education,

Coimbatore- 641

Sir,

Sub: Permission to Conduct International Day of Yoga – Approval – reg.

Ref: Your letter dated 15.06.2015

With reference to your letter cited, I am by direction to inform you that permission is granted to the department of Physical Education to conduct International Day of Yoga on 21.06.2015 at our campus.

Copy to

- 1. The Vice-Chancellor's table
- 2. The Director, IQAC
- 3. Accounts' Department (Original sanction letter is enclosed)



(Deemed to be University) (Established Under Section 3 of UGC Act, 1956) Eachanari Post, Coimbatore-641021.Tamilnadu,India.

Date: 21.6.2016

Event title	International Yoga Day
Date	21.06.2016
Venue	Karpagam Academy of Higher Education Campus

Brief Report:

Department of Physical Education organized the International Yoga Day programme at the KAHE Campus on 21.06.2016 and around 1750 students are participated in the international yoga day Event. The protocol was followed as per the instruction given by the Ministry of AUSH, Government of India and University Grand Commission

Enclosures:





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(Established Under Section 3 of UGC Act, 1956)

Pollachi Main Road, Eachanari Post, Coimbatore - 641 021, Tamilnadu, India.

Phone: 0422 - 2980011 - 14, 6471113, 14 | Fax: 0422 - 2980022-23 | Email: info@karpagam.com

No: KAHE/R-Acad/A1/ International Day of Yoga/ 5467/2016/

31.05.2016

To

The Head (i/c),

Thro: The Dean,

Department of Physical Education,

Faculty of Arts, Science and Humanities

Karpagam Academy of Higher Education,

Coimbatore- 641

Sir,

Sub: Permission to Conduct International Day of Yoga - Approval - reg.

Ref: Your letter dated 30.05.2016

With reference to your letter cited, I am by direction to inform you that permission is granted to the department of Physical Education to conduct International Day of Yoga on 21.06.2016 at our campus.

REGISTRAR

Copy to

- 1. The Vice-Chancellor's table
- 2. The Director, IQAC
- 3. Accounts' Department (Original sanction letter is enclosed)



KARPAGAM UNIVERSITY

(Deemed University Established Under Section 3 of UGC Act1956)

Coimbatore 641021.

AGENDA

Prayer Song

Students

Dr.S.Suthakar

Head (i/c)

Department of Physical Education Welcome Address

Cordially invites you for the Inauguration of

Presidential Address

Prof. Dr. S. Sudalaimuthu

Karpagam University

Department of Physical Education

Vice Chancellor Karpagam University

Inaugural Address

Dr.R.Vasanthakumar

Chairman

Karpagam Educational Institutions

Felicitation

Thiru. K. Murugaiah

Chief Executive Officer

Karpagam Educational Institutions

Dr. G. Sekar

Registrar

International Yoga Day

on 21th June 2016 at 10.00 a.m. in Sekkizhar Auditorium

Dr. R. Vasanthakumar

Chairman

Karpagam Educational Institutions

Presides

Dr. S. Sudalaimuthu

Vice Chancellor, Karpagam University



Date: 21.06.2017

(Deemed to be University) (Established Under Section 3 of UGC Act, 1956) Eachanari Post, Coimbatore-641021.Tamilnadu,India.

Sports Event report 2017-18

Event title	International Yoga Day
Date	21.06.2017
Venue	KAHE Campus

Brief Report:

Karpagam Academy of Higher Education, celebrated the International day of yoga on 21st June 2017 at 7.00 am at Karpagam Academy of Higher Education campus around 1900 boys and girls along with members of staff participated in the programme.

Prof.S.Sudalaimuthu Vice Chancellor in his Inaugural address stressed the need for practicing yoga in the day to day life. He further stated that the yoga is an ancient health system, focusing on concentration exercises, meditation and pranayama. The Vice Chancellor pointed out that yoga is not a religious but it is a way of life and any individual can practice yoga, irrespective of religious they profess.

After the inauguration function the students and teachers practiced 16 asanas, and the programme, came to an end at 8.30 a.m. During the practice of asanas, a brief explanation on each asanas was given to the participates to make them understand the importance of asanas.

Karpagam Academy of Higher Education, celebrated the International day of yoga on 21st June 2017 in a befitting manner. Chancellor, Chief Executive officer, Vice Chancellor, Registrar, faculty members and students participated in the program. The protocol was followed as per the instruction given by the Ministry of AUSH, Government of India and University Grand Commission.

Enclosures:







(Deemed to be University)

(Established Under Section 3 of UGC Act1956)

Coimbatore-641021.

Department of Physical Education

Cordially invites you for the Inauguration of the

INTERNATIONAL YOGA DAY-2017

on 21st June 2017 at 10.00 am in Sekkizhar Auditorium

Dr.R.Vasanthakumar

Chairman Karpagam Educational Institutions

Presides

Dr. S. Sudalaimuthu

Vice Chancellor, KAHE

Inaugurates

Thiru. K. Murugaiah

Chief Executive Officer

Karpagam Educational Institutions

&

Dr. R.Sundararajan

Registrar, KAHE

Felicitate

Convener

Dr.S.Suthakar

Head (i/c)
Department of Physical Education,
Karpagam Academy of Higher Education
Coimbatore



(Deemed to be University)

(Established Under Section 3 of UGC Act, 1956) Pollachi Main Road, Eachanari Post, Coimbatore - 641 021, Tamilnadu, India.

Phone: 0422 - 2980011 - 14, 6471113, 14 | Fax: 0422 - 2980022-23 | Email: info@karpagam.com

No: KAHE/R-Acad/A1/ International Day of Yoga/ 4579/2017/

19.05.2017

To

Thro: The Dean, The Head (i/c),

Faculty of Arts, Science and Humanities Department of Physical Education,

Karpagam Academy of Higher Education,

Coimbatore- 641

Sir,

Sub: Permission to Conduct International Day of Yoga - Approval - reg.

Ref: Your letter dated 15.06.2017

With reference to your letter cited, I am by direction to inform you that permission is granted to the department of Physical Education to conduct International Day of Yoga on 21.06.2017 at our campus.

Copy to

- 1. The Vice-Chancellor's table
- 2. The Director, IQAC
- 3. Accounts' Department (Original sanction letter is enclosed)



(Deemed to be University)
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Eachanari Post, Coimbatore-641021.Tamilnadu,India.

Date: 21.06.2018

Sports Event report 2018-19

Event title	International Yoga Day
Date	21.06.2018
Venue	Karpagam Academy of Higher Education

Brief Report:

Karpagam Academy of Higher Education, celebrated the International day of yoga on 21st June 2018 at 7.30 am at Karpagam Academy of Higher Education campus around 2100 boys and girls along with members of staff participated in the programme. After the inauguration function the students and teachers practiced 18asanas, Mediation and Pranayama, and the programme, came to an end at 9.30 a.m. During the practice of asanas, brief explanation on each asanas was given to participate to make them understand the importance of asanas, Meditation, Pranayama and Mudras. The protocol was followed as per the instruction given by the Ministry of AUSH, Government of India and University Grand Commission.





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Pollachi Main Road, Eachanari Post, Colmbatore - 641 021, Tamil Nadu, India. Phone: 0422 - 2980011 - 15 [Fax: 0422 - 2980022-23] Email: info@karpagam.com

No: KAHE/R-Acad/E1/IY/2969/2018

28.05.2018

CIRCULAR

I am by direction to inform you that it is proposed to celebrate International Yoga Day on 21st June 2018 at Sekkizhar Auditorium from 10.00 am to 11.30 am. The students will be given training to practice yoga from 19.06.2018 to 20.06.2018 after 3.00 p.m. In this connection, the Heads of the departments are requested to send 15 boys & 15 girls students along with staff members to the Sekkizhar Auditorium 30 minutes before the schedule time on the above mentioned dates.

Instructions to the nominated students:

- 1. Comfortable white Sudithar dress on 21.06.2018 for girls.
- Comfortable black pant or track & white T- shirt with collar (half hand) on 21.06.2018 for boys.
- The nominated students are instructed to bring the Blanket (Green color)-3X6 feet from 19.06.2018 to 21.06.2018.
- Each department need to send 15 boys & 15 girls totally 30 students.
- Each department must send one faculty with their students.They need to stay with their students till end of the yoga class.

REGISTRARZES

To

All the Deans & Head of the Departments

Copy to:

- 1. The Chancellor's table
- 2. The CEO's table
- 3. The Vice-Chancellor's table
- 4. The Head (i/c), Department of Physical Education
- 5. The Director, IQAC

Web : www.kahedu.edu.in



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Pollachi Main Road, Eachanari Post, Coimbatore - 641 021, Tamilnadu, India.

The University) Phone: 0422 - 2980011 - 14, 6471113, 14 | Fax: 0422 - 2980022-23 | Email: info@karpagam.com

No: KAHE/R-Acad/A1 / International Day of Yoga/ 2967/2018/

25.05.2018

To

The Head (i/c), Thro: The Dean,

Department of Physical Education,

Faculty of Arts, Science and Humanities

Karpagam Academy of Higher Education,

Coimbatore- 641

Sir,

Sub: Permission to Conduct International Day of Yoga - Approval - reg.

Ref: Your letter dated 22.05.2018

With reference to your letter cited, I am by direction to inform you that permission is granted to the department of Physical Education to conduct International Day of Yoga on 21.06.2018 at our campus.

A sum of Rs 3,500 /- has been sanctioned for the same

REGISTRAR

Copy to

- 1. The Vice-Chancellor's table
- 2. The Director, IQAC
- 3. Accounts' Department (Original sanction letter is enclosed)



(Deemed to be University)

(Established Under Section 3 of UGC Act1956)

Coimbatore- 641021.

Department of Physical Education

Cordially invites you for the Inauguration of the

INTERNATIONAL YOGA DAY-2018

on 21st June 2018 at 10.00 am in Sekkizhar Auditorium

Dr.R.Vasanthakumar

Chairman Karpagam Educational Institutions

Presides

Dr. S. Sudalaimuthu

Vice Chancellor,

Karpagam Academy of Higher Education

Inaugurates

Thiru. K. Murugaiah

Chief Executive Officer

Karpagam Educational Institutions

Dr. R.Sundararajan

Registrar,

Karpagam Academy of Higher Education

Felicitate

Convener Dr.S.Suthakar

Head (i/c)

Department of Physical Education, Karpagam Academy of Higher Education



(Deemed to be University) (Established Under Section 3 of UGC Act, 1956) Eachanari Post, Coimbatore-641021.Tamilnadu,India.

Date: 21.06.2019

Sports Event report 2019-2020

Event title	International Yoga Day
Date	21.06.2019
Venue	Karpagam Academy of Higher Education

Brief Report:

Karpagam Academy of Higher Education, Department of Physical Education organized International Day of Yoga on 21.06.2019 at Thirumadhiram Auditorium. The training was given for four days with "mass yoga demonstration" has on common yoga protocol and we have observed the everyday regular practice and instruction given to the participants to follow regular practice at their homes. Totally 45 minutes of yoga program demonstration was done by students and faculty members every day. As per the prayer song and common yoga protocol we started at 7.00 am in the morning on 21st June 2019. The Director of Physical education, Dr.S.Suthakar welcomed the delicate and the participants. Vice-Chancellor, Dr. S, Sudalaimuthu, Presided over the function and narrated the values of yoga and the important area of yoga to the students. He instructed to do yoga regularly in the morning. DrR.Sundarajan, Registrar inaugurated this International Day of Yoga function, all the participants did the yoga under instruction given by the yoga specialist Dr. S.Suthakar. The presentation was well attended by 2400 students and good manner of teaching faculty. The protocol was followed as per the instruction given by the Ministry of AUSH, Government of India and University Grand Commission.









(Deemed to be University)

(Established Under Section 3 of UGC Act, 1956)

Pollachi Main Road, Eachanari Post, Coimbatore - 641 021, Tamilnadu, India. Phone: 0422 - 2980011 - 14, 6471113, 14 | Fax: 0422 - 2980022-23 | Email: info@karpagam.com

No: KAHE/R-Acad/A1/ International Day of Yoga/ 3872/2019/

To

The Head (i/c), Thro: The Dean, Department of Physical Education, Faculty of Arts, Science and Humanities Karpagam Academy of Higher Education, Coimbatore- 641

Sir,

Sub: Permission to Conduct International Day of Yoga - Approval - reg. Ref: Your letter dated 08.06.2019

With reference to your letter cited, I am by direction to inform you that permission is granted to the department of Physical Education to conduct International Day of Yoga on 21.06.2019 at our campus.

A sum of Rs 3,450 /- has been sanctioned for the same.

Copy to

- The Vice-Chancellor's table
 The Director, IQAC
- 3. Accounts' Department (Original sanction letter is enclosed)

Web: www.kahedu.edu.in



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No: KAHE/R-Acad/E1/Yoga Day/2019/

18.06.2019

CIRCULAR

I am by direction to inform you that it is proposed to celebrate International Yoga Day on 21" June 2019 at Sekkizhar Auditorium from 10.00 am to 11.30 am. The students will be given training to practice yoga from 19.06.2019 to 20.06.2019 after 3.00 p.m. In this connection, the heads of the departments are requested to send 15 boys& 15 girls students along with staff members to the Sekkizhar Auditorium 30 minutes before the schedule time on the above mentioned dates.

Instructions to the nominated students:

- 1. Comfortable white Chudithar dress on 21.06.2019 for girls.
- Comfortable black pant or track& white T- shirt with collar (half hand) on 21.06.2019 for boys.
- The nominated students are instructed to bring the Blanket (Green color)-3X6 feet from 19.06.2019 to 21.06.2019.
- 4. Each department need to send 15 boys& 15 girls totally 30 students.
- Each department must send one faculty with their students. They need to stay with their students till end of the yoga class.

All the Deans & Heads of the Departments
Faculty of Arts, Science & Humanities / Engineering/ Architecture /
Pharmacy

REGISTRARIVA

Copy to

- 1. The President's Table
- 2. The Vice-President's Table
- 3. The CEO's Table
- 4. The Chancellor's Table
- 5. The Vice-Chancellor's Table
- 6. Accounts Department
- 7. The Director IQAC.

Web: www.kahedu.edu.in



(Deemed to be University)

Established Under Section 3 of UGC Act1956

Coimbatore- 641021.

Cordially invites you for the Inauguration of the

INTERNATIONAL DAY OF YOGA

on 21st June 2019 at 7.00 am in Thirumadhiram Auditorium

Dr. S. Sudalaimuthu

Vice Chancellor

Presides

Dr. R.Sundararajan

Registrar

Inaugurates

Convener Dr.S.Suthakar sical Education

Director of Physical Education, Karpagam Academy of Higher Education



Deemed to be University

Established Under Section 3 of UGC Act, 1956

COIMBATORE – 641 021, Tamil Nadu, India. \$\begin{align*}
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5.1.3 Life skills (Physical fitness)

Physical Fitness

Institution is having Gymnasium which is equipped with cardio equipments like, Treadmill, Bicycle ergo meter; strengthen equipments like, bench press machine, shoulder press machine. It has 6 station multi gym. Gym is open in the morning and evening hours. Physical Director motivates the students to maintain their physical fitness for mental health and to have better performance in academics and sports.

Fitness Centre

S.No	Play Ground(s)	Established Year	Measurement including free Zone	Capacity
1	Fitness Centre	2011	Length 40m X width 70 m	250 Students



Fitness Centre



Gym Practice Attendance Report

S.No	Year	Month	Total Strength
1	2015	July	43
		August	31
		September	89
		October	77
		November	42
		December	90
2	2016	January	83
		February	55
		March	58
		April	43
		May	32
3	2016	June	45
		July	60
		August	53
		September	68
		October	65
		November	45
		December	33
4	2017	January	42
		February	79
		March	63
		April	92
		May	89
5	2017	June	65
		July	46
		August	65

		September	75
		October	52
		November	43
		December	76
6	2018	January	49
		February	70
		March	72
		April	45
		May	45
7	2018	June	52
		July	61
		August	55
		September	69
		October	48
		November	61
		December	56
8	2019	January	55
		February	43
		March	49
		April	68
		May	32
9	2019	June	49
		July	70
		August	110
		September	88
		October	65
		November	56
		December	47
10	2020	January	79
		February	60
		March	30
		April	Nil
		May	Nil

Year	Total No of students
2015-16	643
2016-17	734
2017-18	703
2018-19	649
2019-20	654
Total	3383

Note: A separate log register is maintained in the fitness centre. A sample copy of attendance sheet is attached for each year.

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KARPAGAM ACADEMY OF HIGHER EDUCATION DEPARTMENT OF PHYSICAL EDUCATION

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KARPAGAM UNIVERSITY DEPARTMENT OF PHYSICAL EDUCATION FITNESS CENTER DAILY REGISTER 10/2/2016 morning S.No. Name of the Student Department Register No In Time Signature Out Time Signature 1) G. Davit G. (1-B. Selphysics) Gilas. 14 PAUDO 8 7.15 4-45 A. Arand Tog B Arch 13RBARDOT A-Rao 4:45 A.Rai 7.0010 N.Md. Yaseer B.SCCCS) 4.45 49 4050026 79 7.10 & Dri Fanto 14650037 7:00 Mech S. Sou Abil 14 RBEMEBS 11 5-66 M. Dharasekera 6 BSC MODE 15M00000 5.20 MDGIA M.DL 625 Gr. Vignesh 85 maths 15 mmuos6 5.20 Ca. Vignesh OT. Vignesh 6.25 Jibinson chacko B. C GCC dylan dylan 13RBEFCE 009 1:10 0-30 Fg Ajay Shankan BIECEE 3 R B F G S E O O + 11 11 10 VINOTH - 2 es DU 4 13CSUDG + 7.00 A. Vignehwaran DI QRBECF078 aus A. w 11 5 D2 6:45 Soupera Mondal Se SIL u 070 Donesh 13 Bicon Can 6145 13000007 D 24 Athul CSE 13RBECSEON 5:45 QA 95 S. Sarthorn 5:45 ELF IMPBE ECED 13 atte M. Vichnie Vorthern mech MAN 7: 00 14RBEHEITO Tapt 6:00 1-1 V. Parith Kumar +1 WHITE O M. RREME NO th 7:20 HITCH X Linom 108 Mech 15 PBEME OG1 Of. 7,20 11 P. Parthiban 19. B. Com (CA) Thecon 88 RROM & PAD 6.00 E.00 Pk Asith 30 14000062 P. 1c. A-B. Com (Cn) B. Azen RAWINA Rozario 12KBROOT 30: T RANN 6:45 32 V. Salethine Men SICADO21 6-15 2.F T-00 Corot J. Josephungslin MCA Z J.T. 15/capolo 11 7.00 V. Pradeplana 13RPEMEO98 B.E. MECH 6.30 Herle Auth 7-10 35 k Ching Dina Bul 13 Chunos (Q) 6.32 (2) he 700 DI Noof schidente morning 16 Very no - 25 Toutel 1/2/2016 morning Angreeds -1 MSc. Phy alp 15 PHP 001 6.30 well 2) Vinceth. P 12 SER 7.20 15040008 412 Sandce p. K.N MSc. Maths Sadeop 15 mm/012 4 Arjun KR Tyles msc physics 11 A 15PHP002 4 livies ei.O medatal 4courtellopm 6.30 7.15 er(M. Theirendran Civil Lecturer / KOTC 7-14 6.30 Mile who M. Vishnig Vorthan 7. may mech 1LIRBEMEISO 7.15 S. ASAY SHANKAR BENCSE of 13RBECSE004 6:35 M. Son Ceur OFFCH DREEME 120 7.10 10- G. Sangili mux hope 7.32 BICC C.C 13050087 6.50 6-2 6.2-6 D. Haripsarath 7.25AM By chemistry 14C AUO47 6.50.AM thomas Hon S. on outery I Twach andivar much 1.30 13R BENDERAL Hay 4.50 k- JECCCITMI 13. MEER 13 R 315 M5 060 sc 1 7.50 14. P. Parthiban B com (E.A) 1600088 7.20 P. Dotto 6.55

KARPAGAM UNIVERSITY DEPARTMENT OF PHYSICAL EDUCATION -7-2015 Evening FITNESS CENTER DAILY REGISTER Name of the Student SNo Department Register No In Time Signature Out Time Signature 0 G. Kanagarat CIVIL 12 REELEGOT 4:30 la har 5:30 10-14-1 75M 7.410 J. ISLAM 7.7. log 25 4:30 CIVII 12 RBECFO25 530 Pag A. ANAND RAT B.Arch 4 45 2. 13RBAR007 5.45 Bes. BKJ. B. Com 5.30 B. ARUNJUNAI VEILRAS 4 14 CMU 004 4.30 2-10-A. R. Kati R. KDTHIRESON BSC (Bio-Tech) 14870014 6:10 5 4.45 G. Pily. G. Dain. 6.10. G. PAVITH B.Sc (PHYSICS) 14PHUDOS 4.45 7211. 5-31 4511 M. Renjith B'E (Mech) IZRBEME124 4.45 10 mal K. Chinadunoi BCA 1340007 Dluf 7.00 4.50 addy 6-35 8 de du P-sudharstan 9. Auto WRREAF030 5.00 Du 10 A. Ram Kuman MECH WEREMEDIA 5.00 10-35 13RBECSED11 cestale ATHUL PRASANNAN CSE 5:25 6:35 With du . 5: 25 de 12. S.ATAY SHANKAR CSE 6:35 13RBECSEOD4 32Qm S. R. Francen SQ p:40 EEE 5:25 12 LORBEEEE 018 S. Swalerman Engg Dea dhe 5:25 5 SMER 6.10 USU S. S.MR 12-A.V. Madhan 120 BEME 069 6:25 Av-ar. Mit Mach 6.35 6-25 Caus) 16. Aero. 14 PBEAROOL 5.25and 0 Dinesh 17 B.com . CA 1300007 6-35 488 18. D. vinots es. 13050048 Andm 5.30 And. 6.47 19 Anunand-m mech MAGEMEDI2 Vixna J.S 18 DECH 6:43 12RREMEITS 5.30 21 J. Sathinga Acro Title Tulge 12 REFEROIS 5-30 Soumo 22. Ciril 6:35 5.30 12RBECE076 23. A. VIGNESH HARAN 6135 W CEVIL 12RBECE078 Auny 5.30 24. Cr. SANTAX KUMAR AERO 2RBCARO20 5.35 cato 7.00 500 25. N. VINOTH KUMAR AUTO 5.35 lifery IZRBEAE031 D. light by 7.00 26 E. Balaji ECE THE 5.30 14PBEECE003 7.60 2) M. Bharethui NBLA-Auto 2RBFAE007 5-45 8,21 28) 1c-Snini Auto 6-35 13L8EAt020 29). Dyfa Defa MG-POSHA BNAND B. Arch 13RBAR 008 4:30. 5.45. 30, M. Kom lay MECH 12RBEME 120 4.30 M. Sulal 6. tes 31. C. P. eterna Kepishno mech 12 RREAMEDO 5-30 My Bullet Farch. AC 32 civil 7.16 13RBECED 21 5.45 AKASH ANAND . S Mech 13RBEMEOOL 5-45 ALLAND 7-30 AKHIL. M.S. 34 Mech 13RBE MEDO7 Mary. Acher 5:45 7 35 SYAM DRASAD Sylves mech 13 RBE ME 148 5:45 7 Sula. yato Shah mech hu 191BE ME 008 5.45 & B 7:15 31 R. Grandra Knot a Borrah UPBAR OSO 1 1 Oa POhot 7.15 38. Pagaia Py B Arah 4 4001 Van 7.15. 11 39 S. L clith civil 14RBELF 053 Horing 5. 50 6:20 40, B. Thamarai Kanna Crvil 5-50 " 096 6.20 B. CVC ST B. Just M. Akash 7.25 8 5 5 E 2.50 14RBEEFE CO1



Deemed to be University

Established Under Section 3 of UGC Act, 1956

COIMBATORE – 641 021, Tamil Nadu, India. \$\begin{align*}
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5.1.3 Life skills (Health Centre)

Institution is having a health centre with resident medical officer and staff nurse to take care of immediate medical attention. Ambulance attached to the health centre is available for 24 hours to transport the patient. The institution is having a tie-up with MCI approved Karpagam medical college hospital which is located 3 kilometers from the campus.

Free general medical health check-up is provided to all the students and staff every year. All the students and their parents are covered by the Group Personal Accident Insurance. Under this policy, student who is suffered by an accident can claim for medical benefit of Rs.50, 000.

Health Centre Attendance Report

Month	2015-16-	2016-17	2017-18	2018-19	2019-20
June	24	42	27	36	45
July	72	70	69	79	102
August	165	162	147	165	145
September	157	145	145	243	345
October	135	174	189	124	154
November	124	165	190	135	130
December	99	125	154	187	98
January	121	147	201	154	135

February	124	175	123	132	124		
March	135	144	178	157	102		
April	165	132	132	125	78		
Total 1321 1481 1555 1537 1458							
Grand Total: 7352							

Photos (Health check up)









